Brachytherapy Quo vadis?

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The Era of Adaptive Radiation Therapy

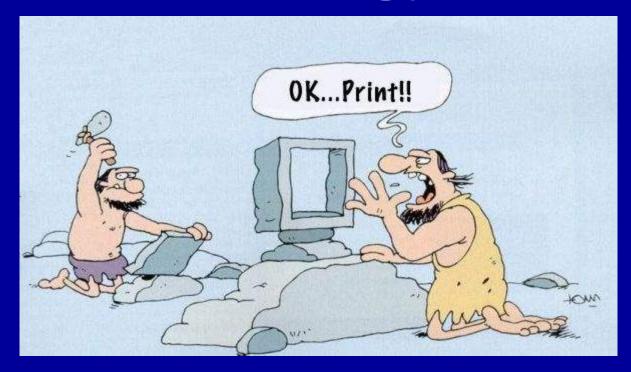
 IGRT (Image Guided..2D) VGRT (Volume Guided..3D) •DGRT (Dose Guided ...) •ART (4D) •BIG-ART (Biological ...)

Adaptive Radiation Therapy: Advanced & New Technologies

Costs

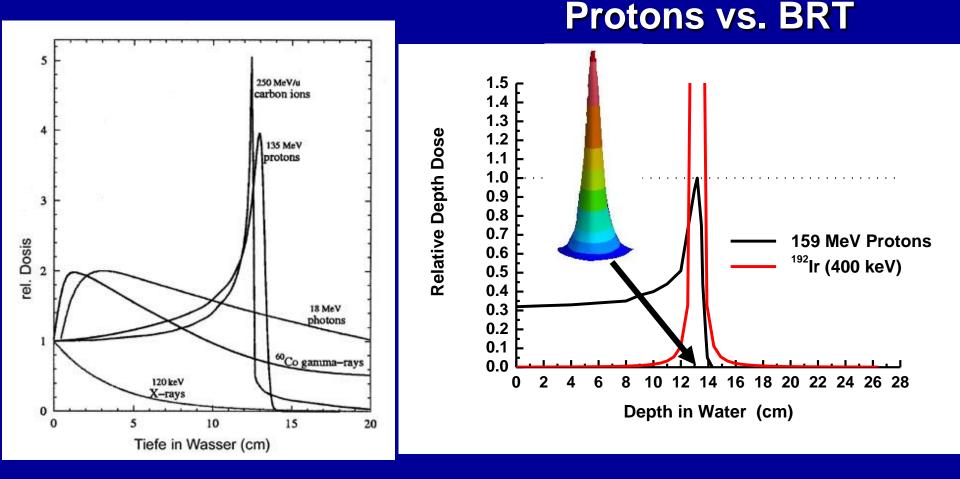
- IMRT (X-rays)
- Cyberknife (X-rays)
- Tomotherapy (X-Rays)
- Protons (p⁺)
- Heavy lons (He, Li, C, ???)

Where are we with Brachytherapy in the "Modern Times" of Radiation Oncology ?

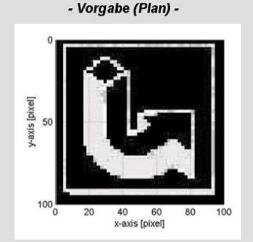


3D Conformal Brachytherapy (3D CFBRT)

Dosimetric Kernel: Depth

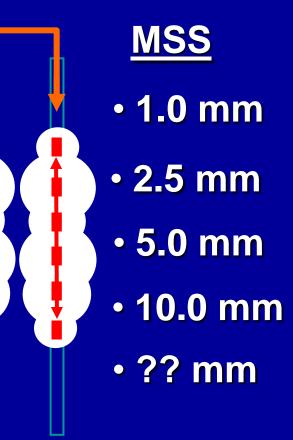


3D Conformal Radiation Therapy (3D CFRT) Beam Shaping: Plane

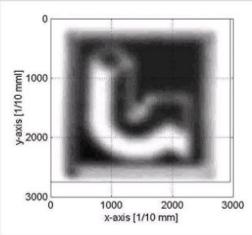




BRT: Needle/Catheter

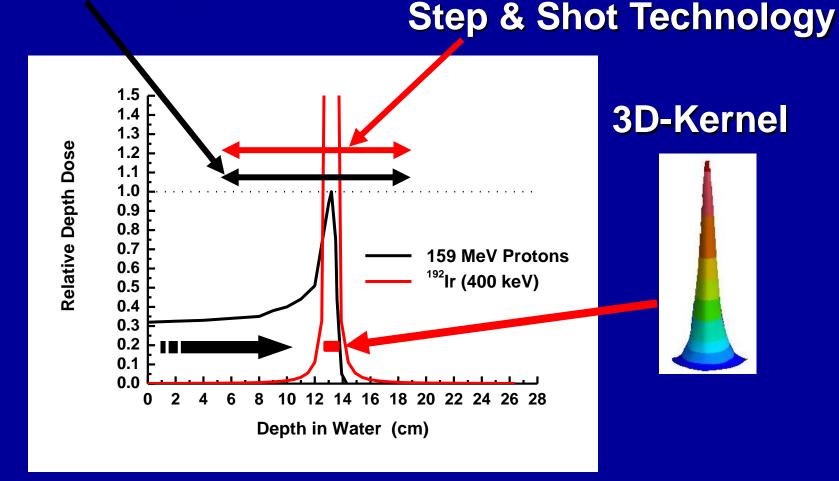


- Verteilung der Strahlen -



3D Conformal Brachytherapy (3D CFBRT) Intensity/Fluence/Dose Modulation

Proton Energy Modulation



3D Conformal Brachytherapy (3D CFBRT): IMBRT Using Step & Shot Technology

Kernel **Propagation Function:** f({ r }, { t }) { t } 192 r

3D Conformal Radiation Therapy (3D CFRT) Intensity/Fluence/Dose Modulation

High EnergyIMBRT (MSS & MC):IMRTParticlesRaster/ Vector Scanning(MLC)

Plane: Raster Scanning <u>Depth:</u> Energy Modulation to and the second second

<u>Plane:</u> Step & Shot or Dynamic MLC

Depth: ?

3D/Volume

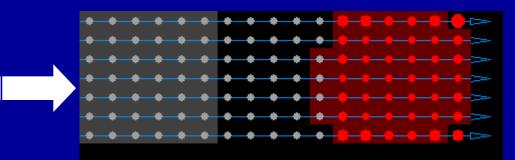
3D/Volume

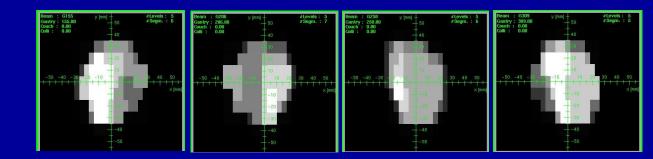
2D ?

3D Conformal Brachytherapy (3D CFBRT): IMBRT Using Step & Shot Technology

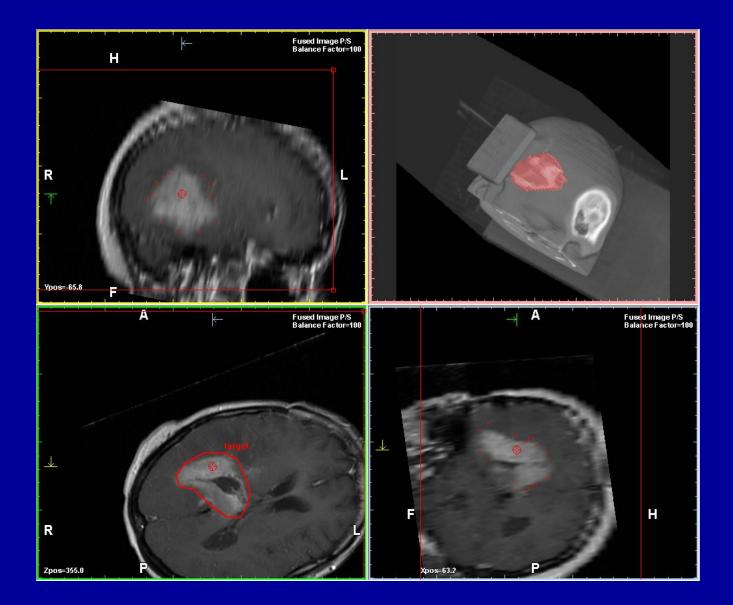
Raster / Vector Scanning

Propagation Function: f({ r }, { t })



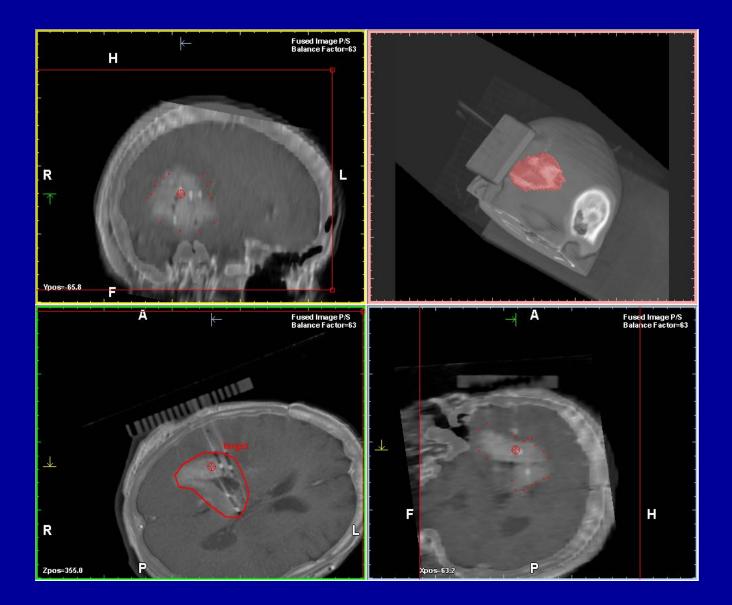


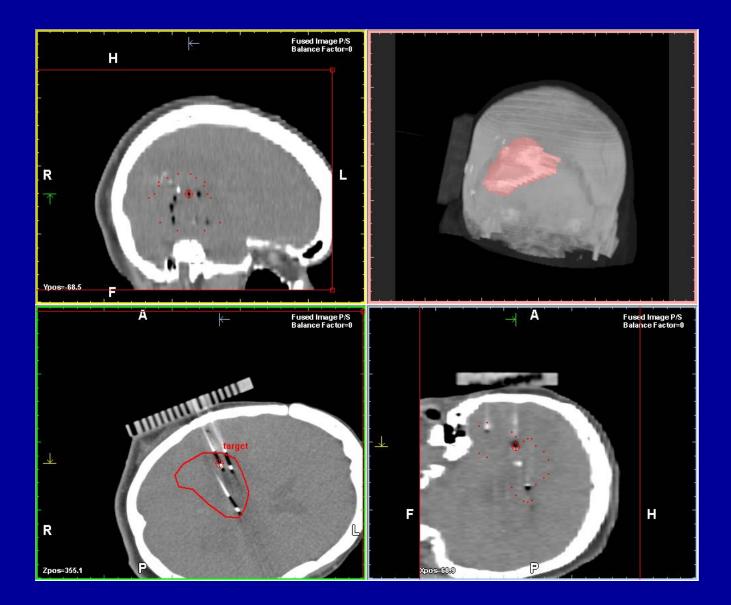
The Era of Adaptive Brachytherapy •IGRT (Image Guided..2D)

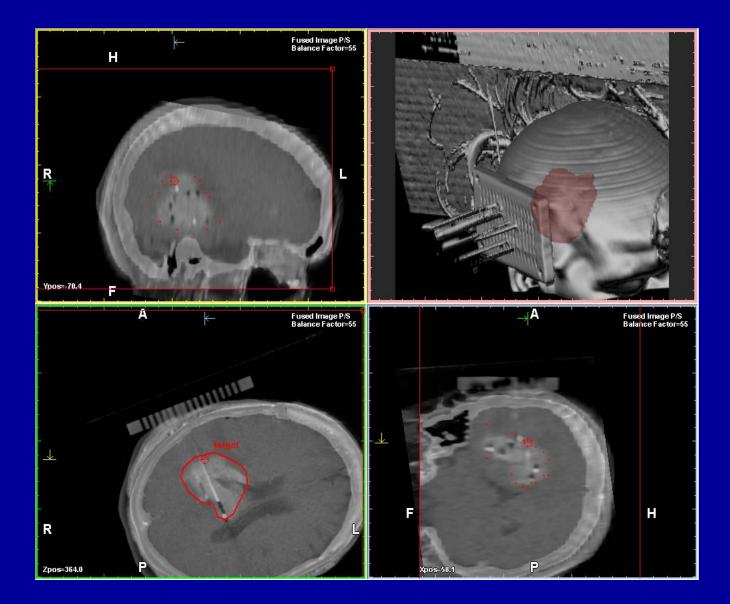


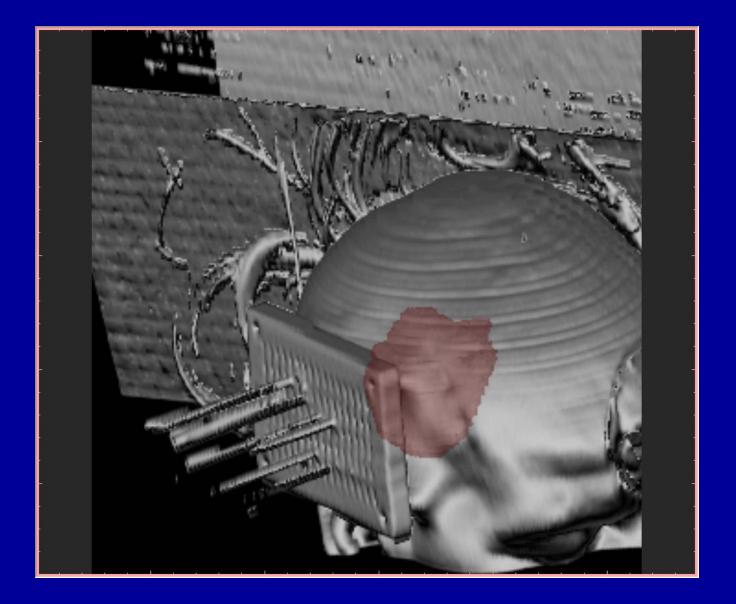
IGRT in BT

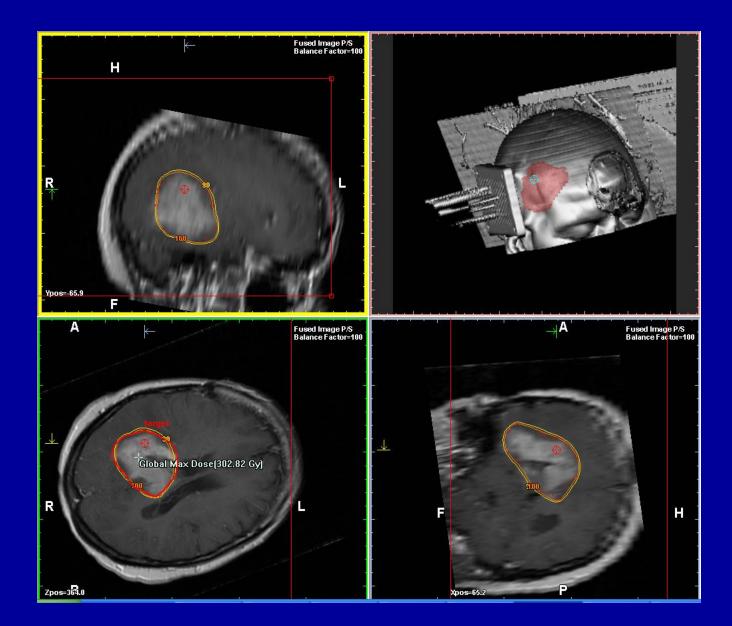


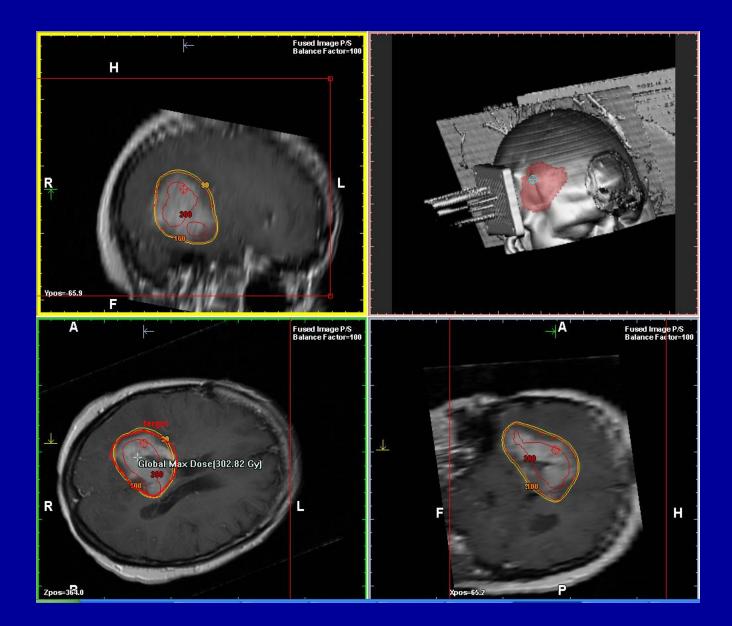


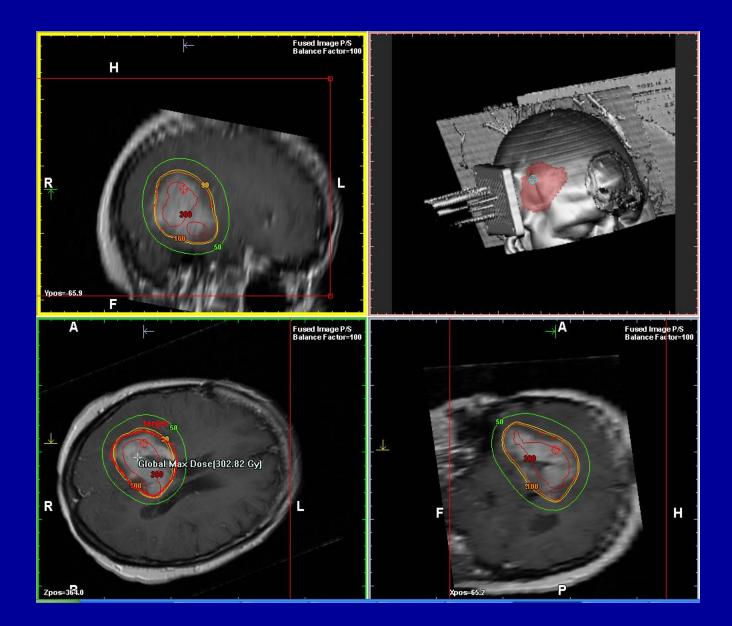


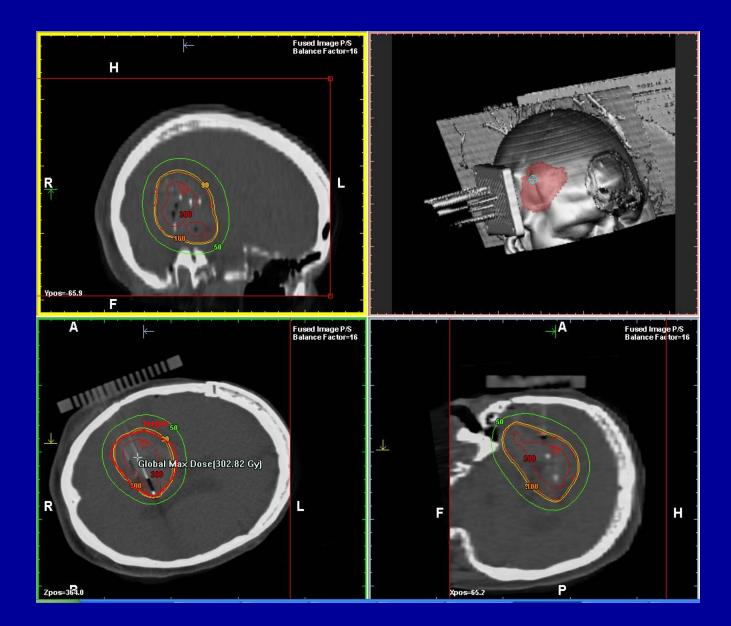






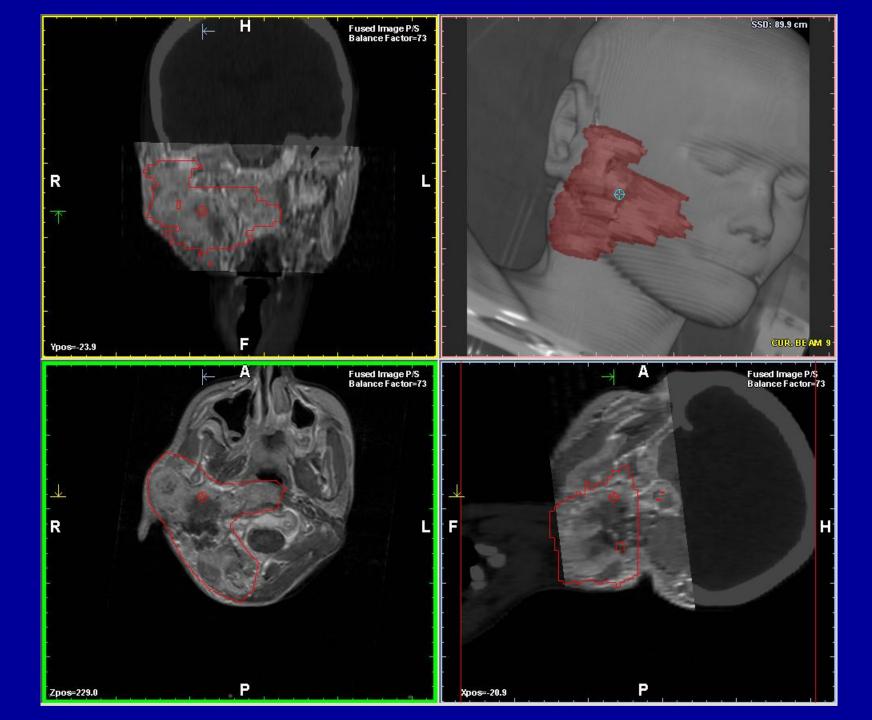


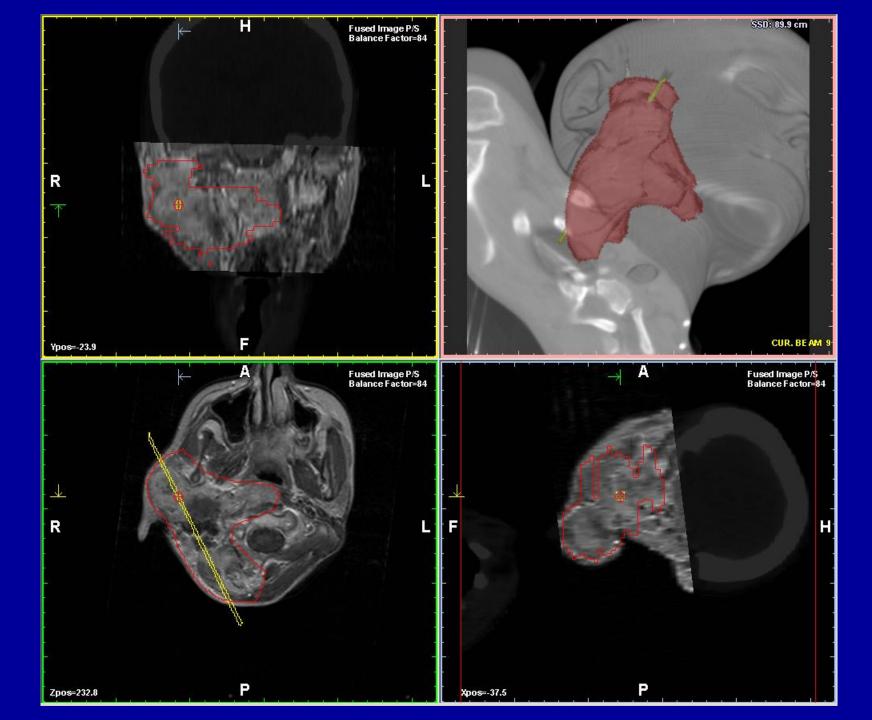


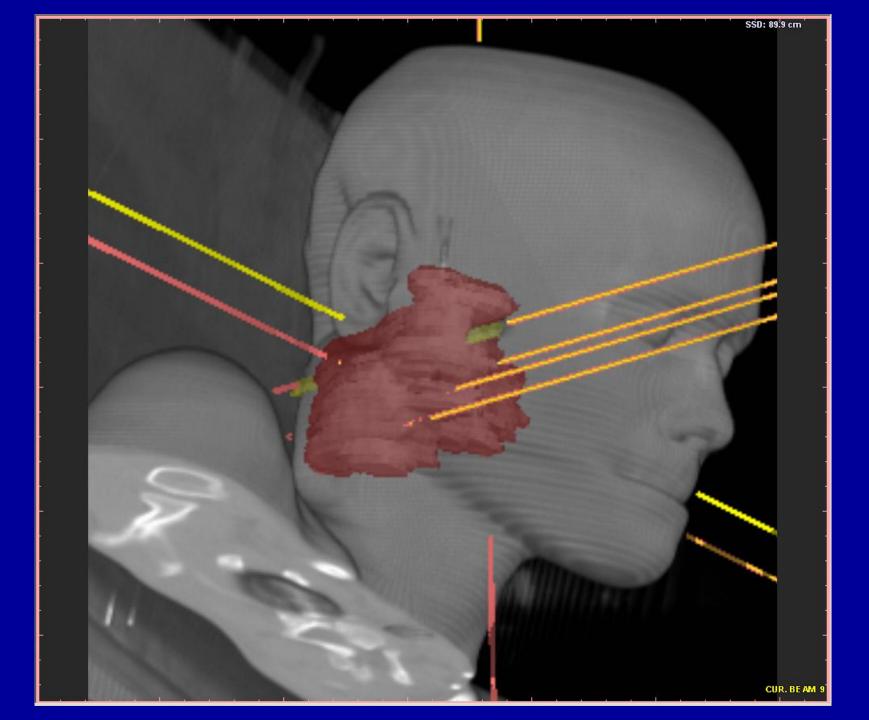


The Era of Adaptive Brachytherapy

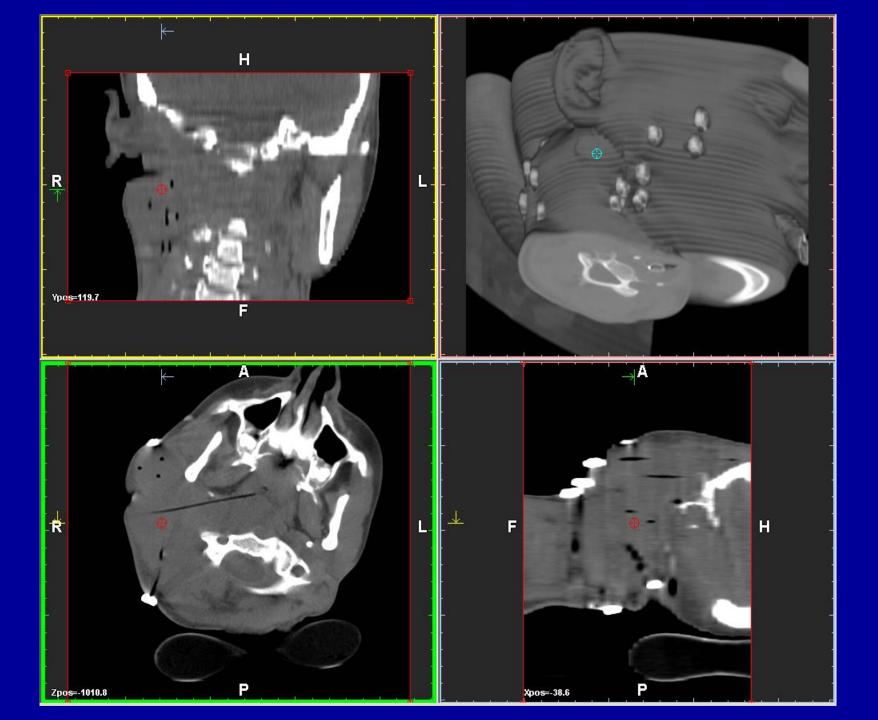
IGRT (Image Guided..2D)
VGRT (Volume Guided..3D)



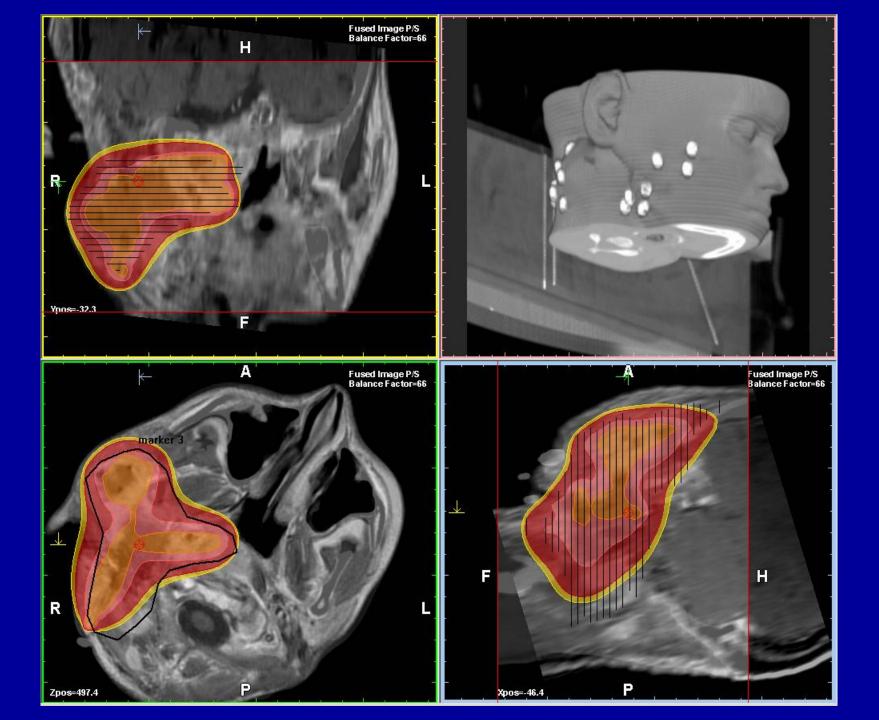


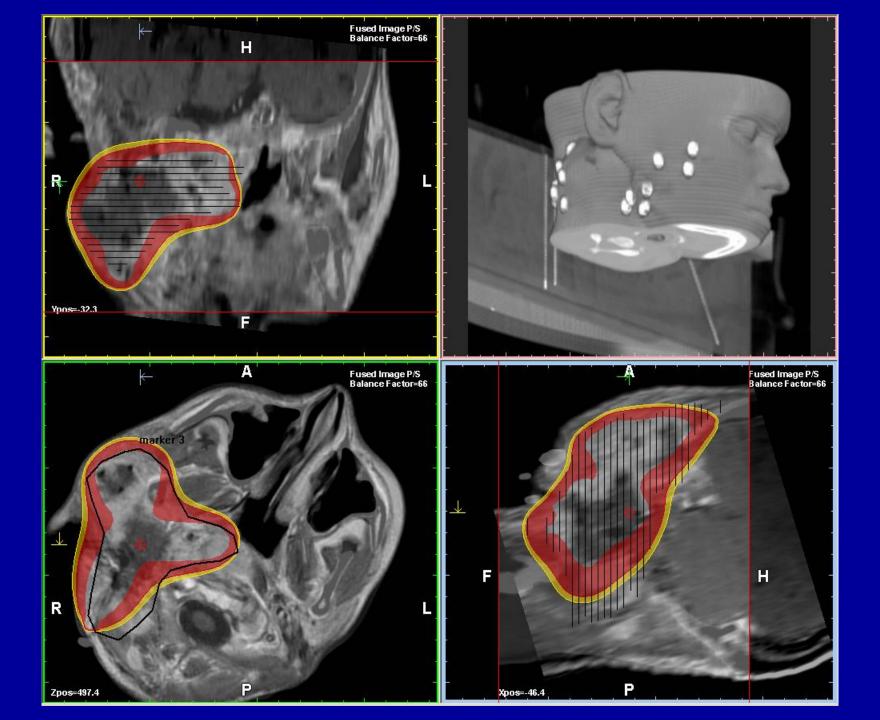


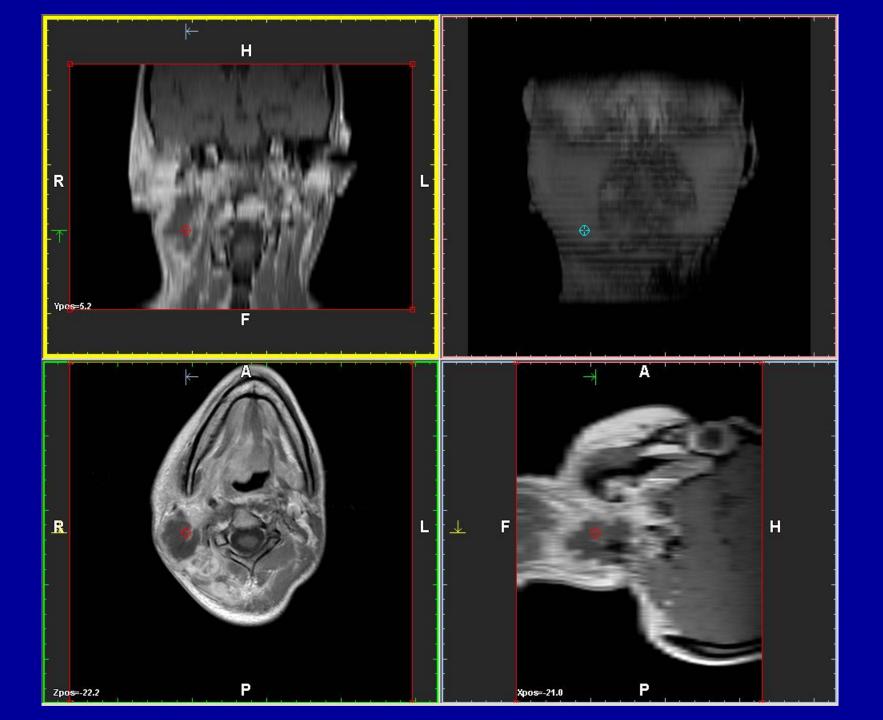












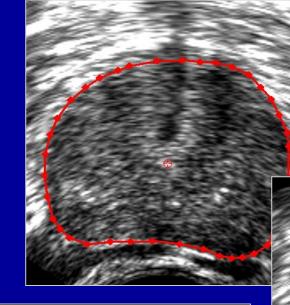
How we make the decision for the configuration of the catheters?

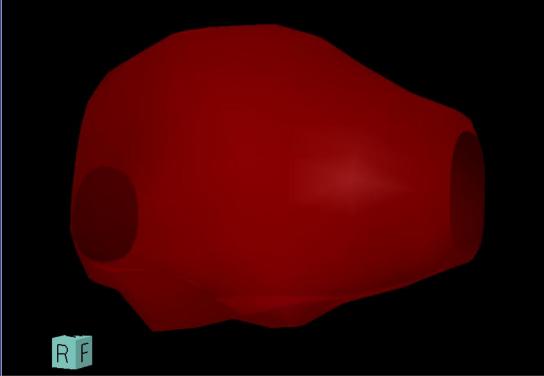
Example Prostate Ca Treatment

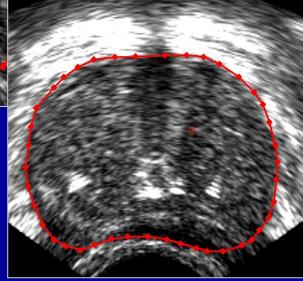
Example Prostate Ca Treatment Inverse Planning

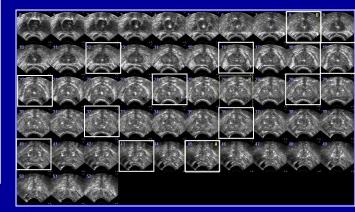




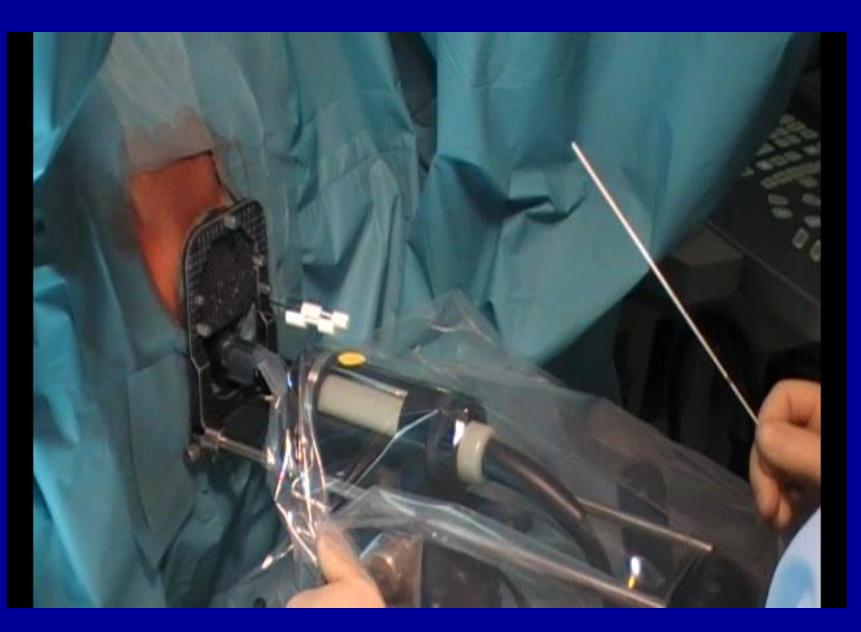




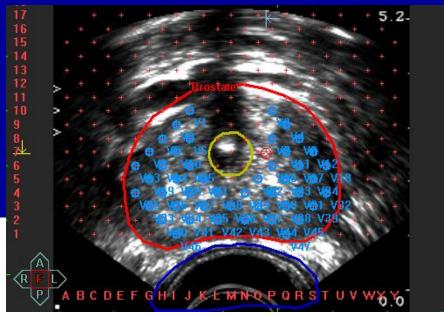




Which is the Optimal Implantation



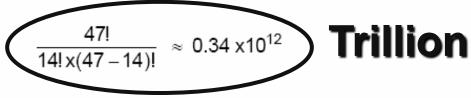
HIPO: Inverse Planning Technology in OP



25 cm³ Prostate 2.5 mm Grid 47 x Feasible 14 x Catheters/Needles

> For getting a feeling for the performance of HIPO, let discuss the example shown in the above Figures.

A template with 2.5 mm grid is used resulting in a total of 47 possible (feasible) catheters based on the placement rules defined. When asking HIPO to infer the 14 best catheters for the user-selected objectives and user-defined dose limits and penalties there exist in reality nearly 1/3 x 10¹² different catheter combinations that is the possible combinations of 47 catheters taken 14 at a time:

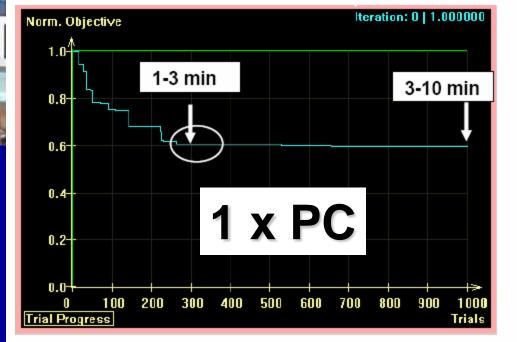


When using a very fast PC (≥ 3.2 GHz) the DVHO inverse optimization run takes approximately 3 seconds. This means that for analyzing all these possible catheter combinations we should wait approximately 32,000 years for getting the result.

1000 CPUs/PCs

32 Years

Advance Technology



Anatomy-based three-dimensional dose optimization in brachytherapy using multiobjective genetic algorithms

M. Lahanas

Department of Medical Physics & Engineering, Strahlenklinik, Städtische Kliniken Offenbach, 63069 Offenbach, Germany

D. Baltas^{a)} and N. Zamboglou

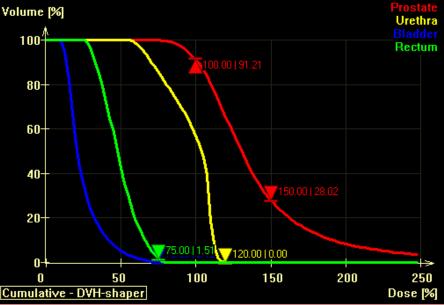
Department of Medical Physics & Engineering, Strahlenklinik, Städtische Kliniken Offenbach, 63069 Offenbach, Germany, and Institute of Communication & Computer Systems, National Technical University of Athens, 15773 Zografou, Athens, Greece

(Received 21 January 1999; accepted for publication 4 June 1999)

In conventional dose optimization algorithms, in brachytherapy, multiple objectives are expressed in terms of an aggregating function which combines individual objective values into a single utility value, making the problem single objective, prior to optimization. A multiobjective genetic algorithm (MOGA) was developed for dose optimization based on an *a posteriori* approach, leaving the decision-making process to a planner and offering a representative trade-off surface of the various objectives. The MOGA provides a flexible search engine which provides the maximum of information for a decision maker. Tests performed with various treatment plans in brachytherapy have shown that MOGA gives solutions which are superior to those of traditional dose optimization

algorithms. Objectives were proposed in terms of the COIN distribution histograms, taking into account patient anatomy in the optimization *Association of Physicists in Medicine*. [S0094-2405(99)00309-0]

Key words: optimization, brachytherapy, COIN, dose-volume his algorithms



Phys. Med. Biol. 48 (2003) 399-415

PII: S0031-9155(03)52023-1

A hybrid evolutionary algorithm for multi-objective anatomy-based dose optimization in high-dose-rate brachytherapy

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 ¹ Department of Medical Physics and Engineering, Strahlenklinik, Klinikum Offenbach, 63069 Offenbach, Germany
 ² Department of Electrical and Computer Engineering, National Technical University of Athens,

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Received 6 August 2002 Published 22 January 2003 Online at stacks.iop.org/PMB/48/399

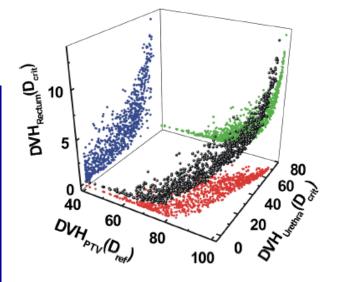


Figure 5. Trade-off between three objectives: PTV coverage, percentage of volume of urethra overdose and rectum overdose. The three two-dimensional projections are shown. These show the trade-off between two objectives.

40

HIPO: A hybrid inverse treatment planning optimization algorithm in HDR brachytherapy

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An advanced hybrid, inverse treatment planning optimization algorithm is introduced based on a stochastic method, Simulated Annealing (SA), for searching for the catheter placement and a deterministic method, LBFGS, for 3D dose distribution optimization.

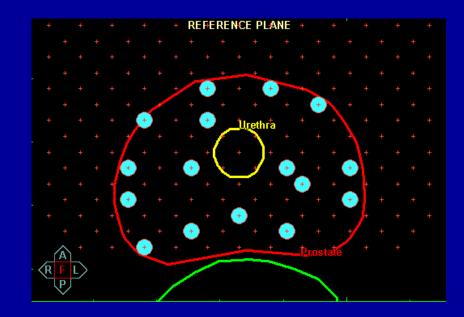
The objective functions used [1].[2], have a common characteristic in that they penalize dose values above and/or below the specified upper and lower dose limits for the anatomical structures:

$$f_{L} = \frac{1}{N} \sum_{i=1}^{N} \left[\Theta \left(D_{L} - d_{i} \left(\mathbf{x} \right) \right) \left[D_{L} - d_{i} \left(\mathbf{x} \right) \right]^{\alpha} \right]$$

(1)

$$f_{H} = \frac{1}{N} \sum_{i=1}^{N} \left[\Theta \left(d_{i} \left(\mathbf{x} \right) - D_{H} \right) \left[d_{i} \left(\mathbf{x} \right) - D_{H} \right]^{\alpha} \right]$$





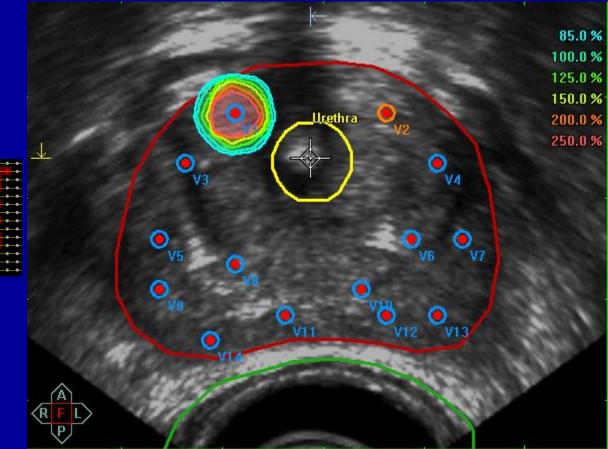
HIPO optimization settings VOI Settinas Dwell time gradient restr. Name Туре Class Dose limit [%] Imp. factor ~ 0.00 0.15 1.00 Normal Tissue External External 120.00 8.000 Prostate-Low PTV 100.00 20.000 Prostate 🗹 Prostate-High PTV Prostate 150.00 5.000 🖌 Urethra OAR Urethra 120.00 10.000 🖌 Bladder 75.00 ¥ OAR Bladder 10.000 120.00 8.000 Catheters Algorithmic Settings Number Name Catheters 1000 Max. Trials: Standard 16 Catheter C High Accuracy Max. Iterations: 1000

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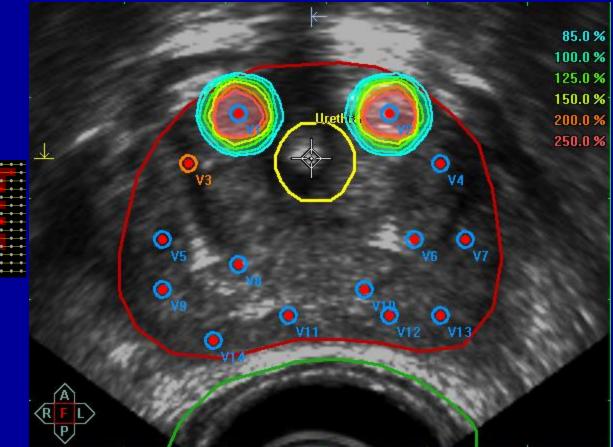
Cancel

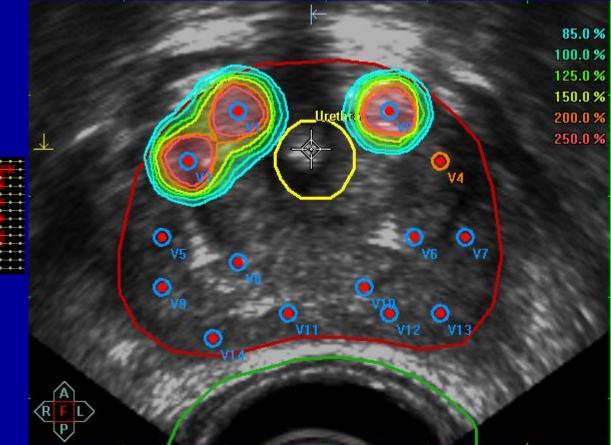
The Era of Adaptive Brachytherapy

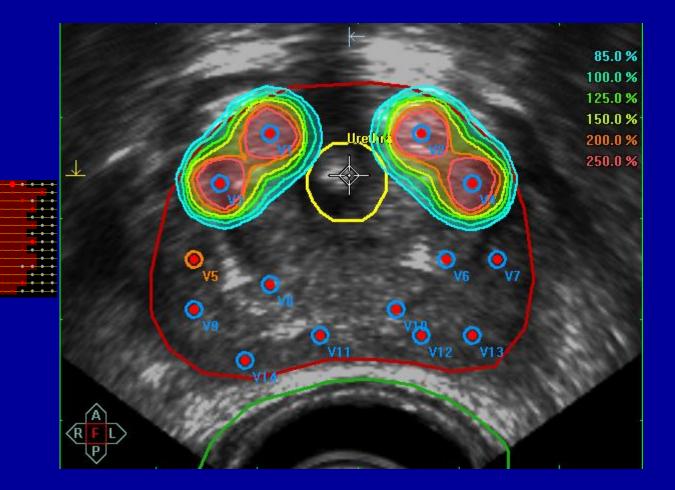
IGRT (Image Guided...2D)
VGRT (Volume Guided...3D)
DGRT (Dose Guided ...)

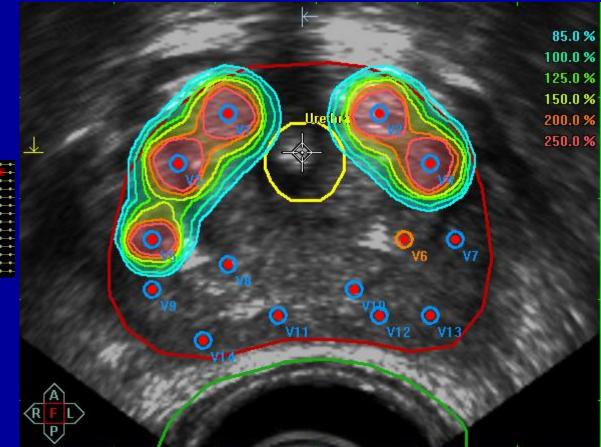


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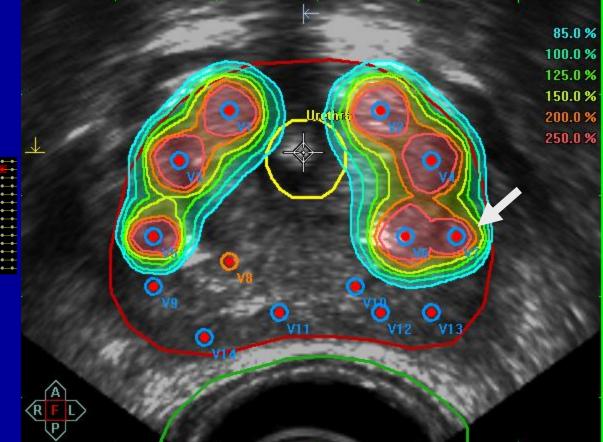








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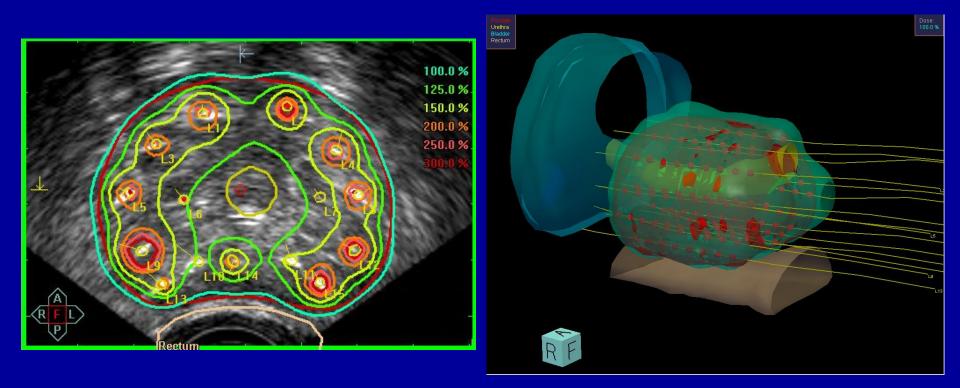






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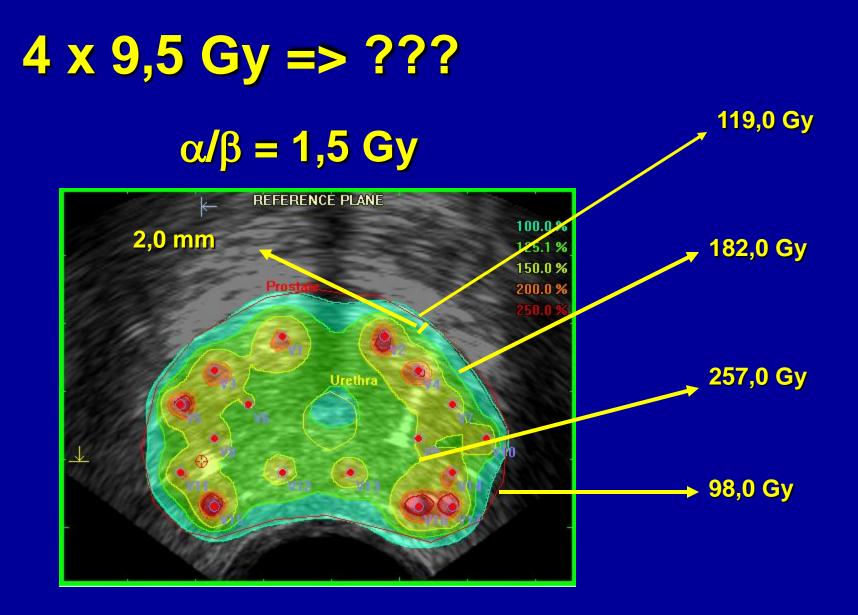
IMBRT - Today: Highly Conformal 3D Dose Distributions ...



Brachytherapy is the Highest Conformal Treatment in Radiation Oncology

and

High Biological Effective Dose Can be Achieved



The Era of Adaptive Brachytherapy

IGRT (Image Guided..2D)
VGRT (Volume Guided..3D)
DGRT (Dose Guided ...)
ART (4D)

Influence of the Patient Movement and Anatomy Alteration on DVH Parameters in Prostate IRO

4D analysis of influence of patient movement and anatomy alteration on the quality of 3D U/S-based prostate HDR brachytherapy treatment delivery^{a)}

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Panayiotis Mavroidis Department of Medical Radiation Physics, Karolinska Institutet and Stockholm University, Sweden

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Iliyana Nikolova, Zaira Katsilieri, and Vasiliki Kefala

Department of Medical Physics and Engineering, Offenbach Clinic, Starkenburgring 66, 63069 Offenbach am Main, Germany

Nikolaos Zamboglou

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(Received 6 April 2011; revised 24 June 2011; accepted for publication 11 July 2011; published 10 August 2011)

Patients n=25

This is a 4D-Study based on the following image sets:

[1] Clinical 3D image set

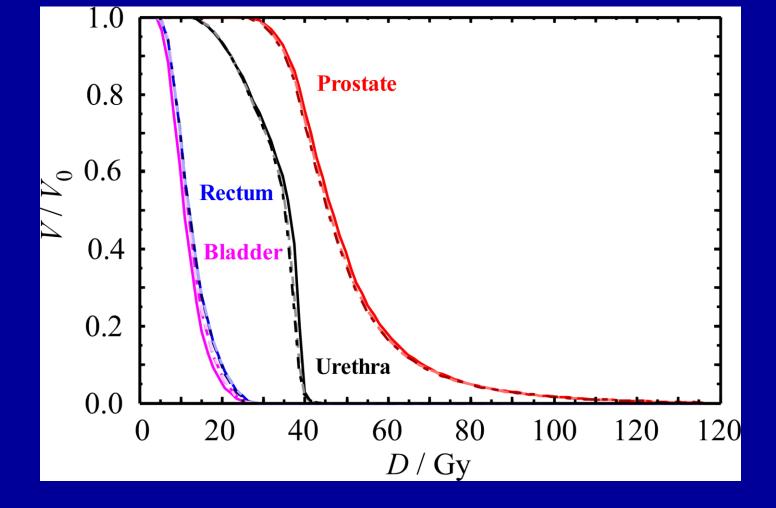
Patient irradiation plan is based on clinical image set (live plan) Acquisition of images for this image set is made just after finalization of the implantation.

[2] Pre-irradiation 3D image set

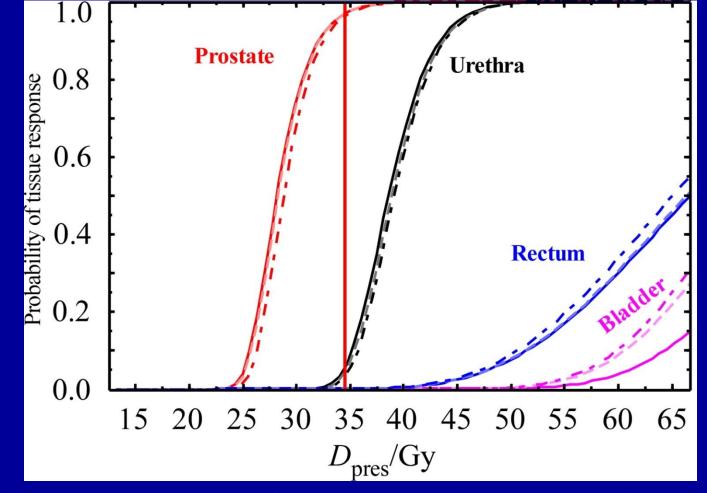
It is acquired just before the patient treatment/irradiation.

[3] Post-irradiation 3D image set

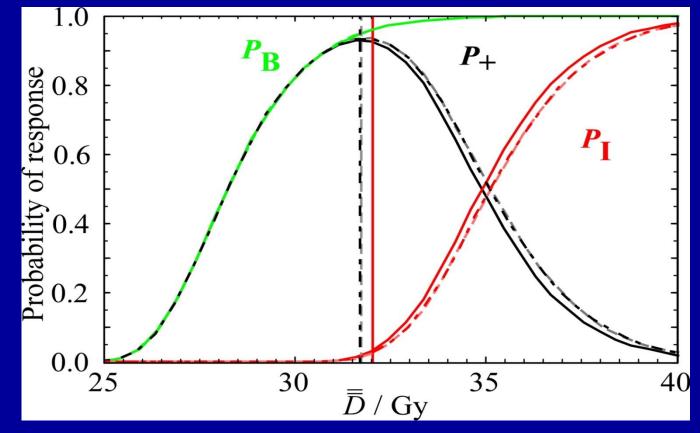
Acquisition of this image set was done after the patient irradiation.



The average DVHs of the prostate gland (red), urethra (black), bladder (pink) and rectum (blue) are presented for the three HDR treatment plans, namely 1: after implantation (clinical acquisition) (solid), 2: just before starting the treatment execution (preirradiation acquisition) (dashed) and 3: just after finishing the treatment delivery (postirradiation acquisition) (dotted-dashed). Here, the total dose of 34.5 Gy delivered by three fractions of 11.5 Gy is considered to be the total prescription dose (100%).

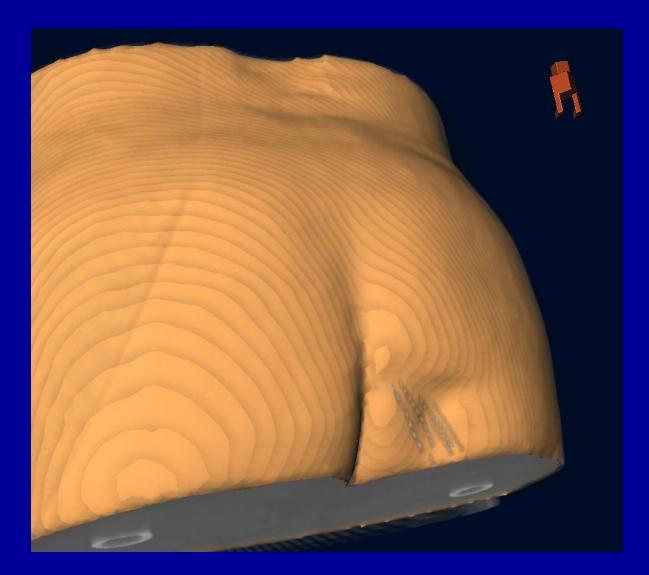


The average dose-response curves of the prostate (red), urethra (black), bladder (pink) and rectum (blue) are presented for the three HDR treatment plans, namely 1: after implantation (clinical acquisition) (solid), 2: just before starting the treatment execution (pre-irradiation acquisition) (dashed) and 3: just after finishing the treatment delivery (post-irradiation acquisition) (dotted-dashed), regarding different prescription doses. The vertical line indicates the clinical prescribed dose level of the dose distributions. Here, the total dose of 34.5 Gy delivered by three fractions of 11.5 Gy is considered to be the total prescription dose (100%).

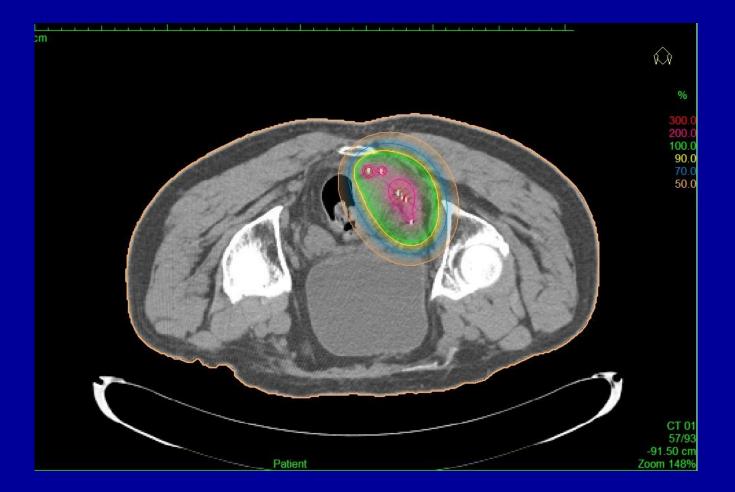


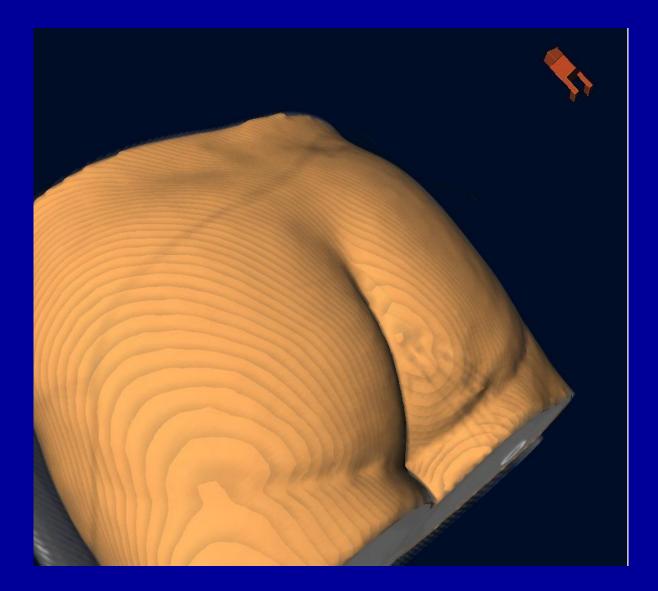
The average curves of the total tumor control probability, $P_{\rm B}$ (green), total normal tissue complication probability, $P_{\rm I}$ (red) and complication-free tumor control probability, P_{+} (black) are presented for the three series of HDR treatment plans, namely 1: after implantation (clinical acquisition) (solid), 2: just before starting the treatment execution (pre-irradiation acquisition) (dashed) and 3: just after finishing the treatment delivery (post-irradiation acquisition) (dotted-dashed), regarding different prescription doses. The solid and dashed vertical lines indicate the radiobiological dose levels of the clinically prescribed dose distributions, respectively. Here, the total dose of 34.5 Gy delivered by three fractions of 11.5 Gy is considered to be the total prescription dose (100%).

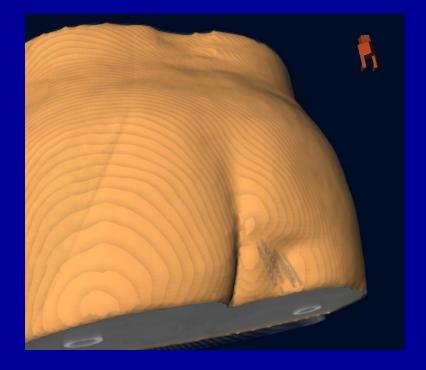
Influence of the Catheter Movement and Anatomy Alteration VERIFICATION

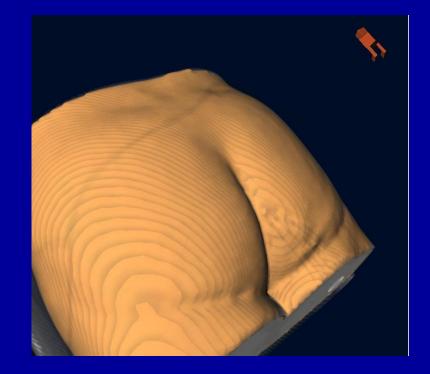


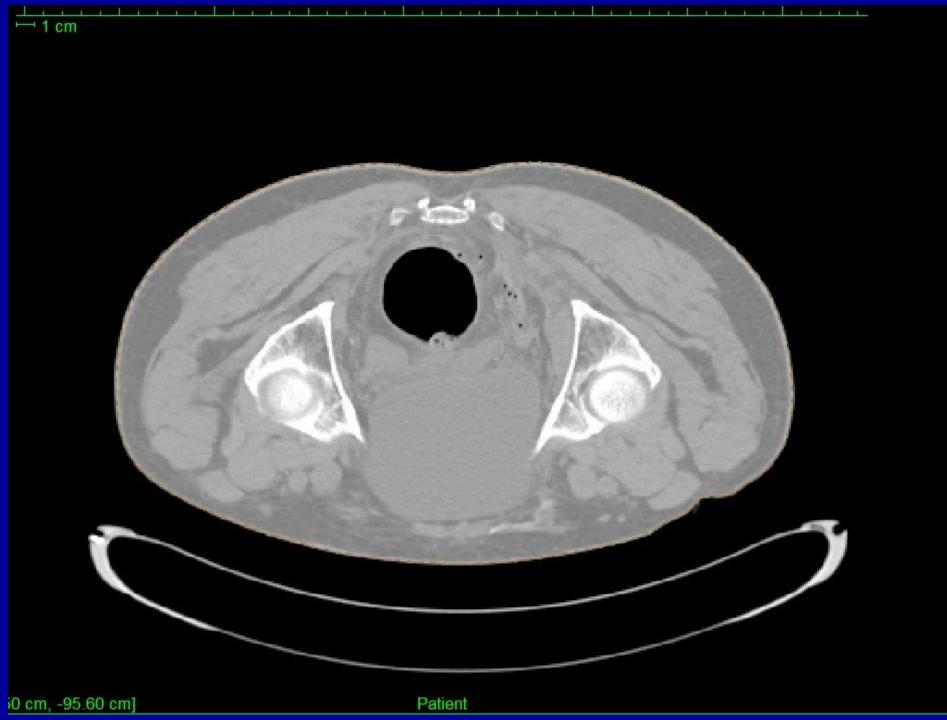


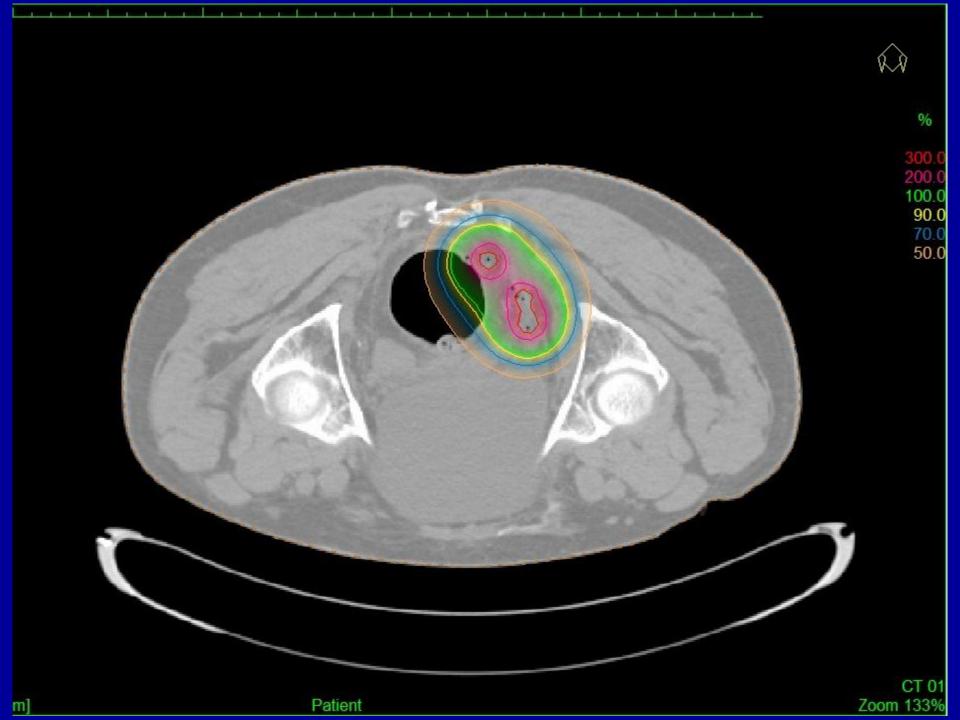


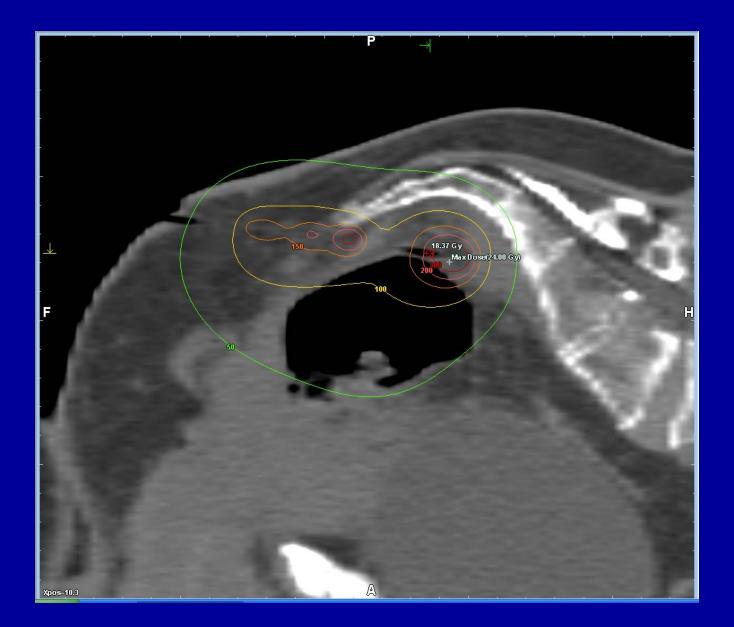


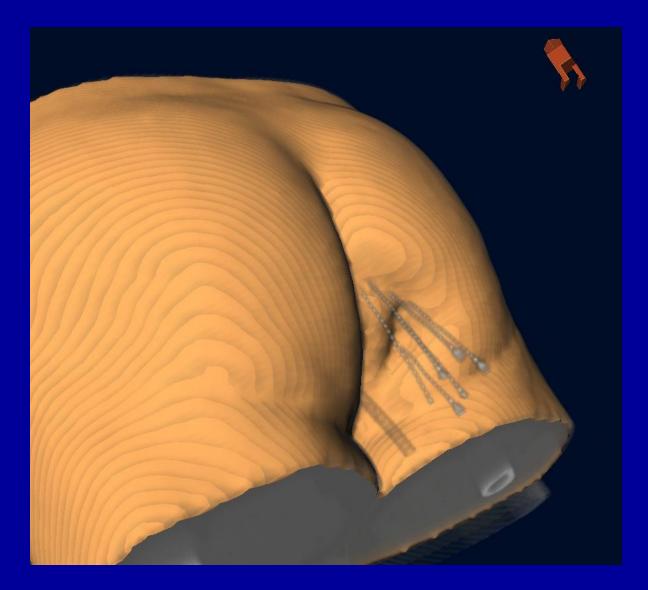


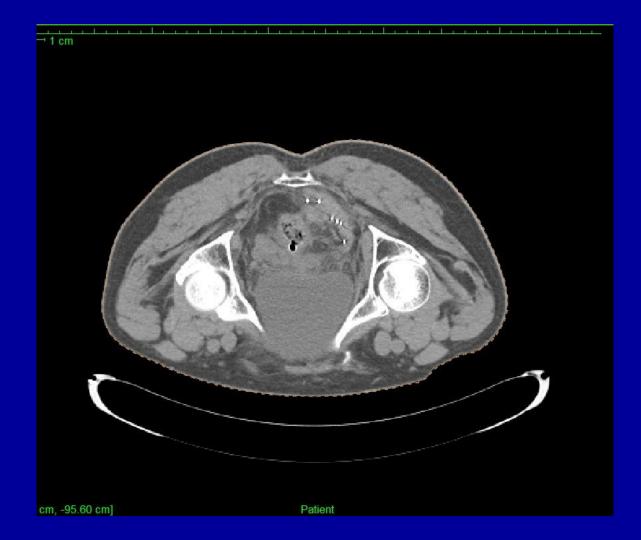


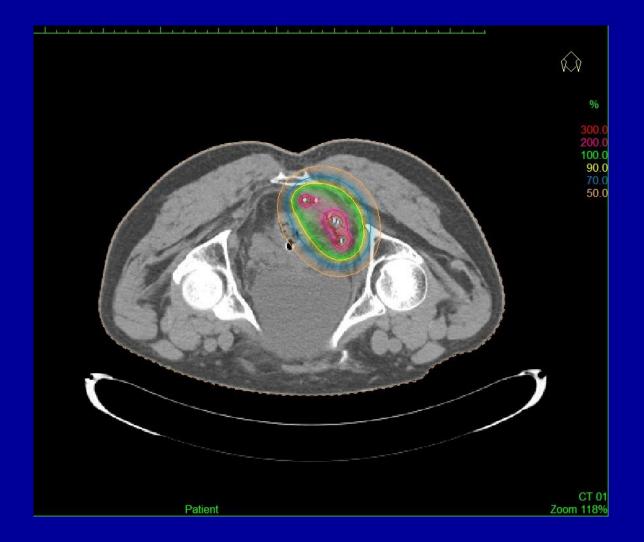








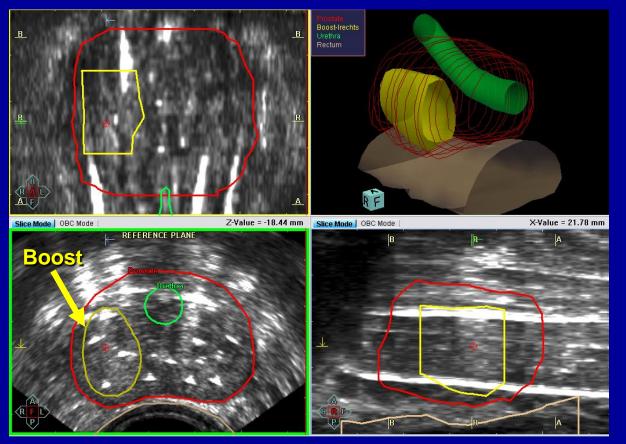


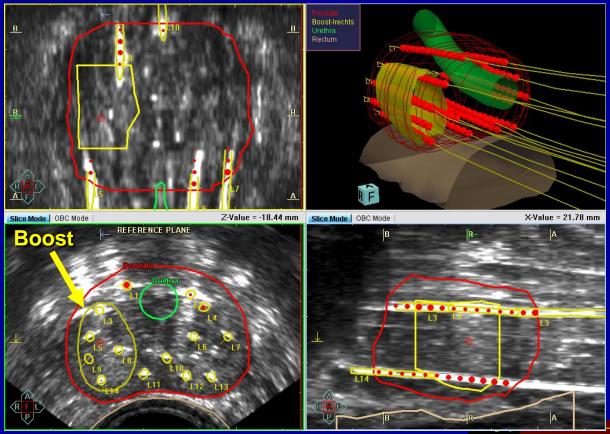


The Era of Adaptive Brachytherapy

•IGRT (Image Guided..2D) VGRT (Volume Guided..3D) •DGRT (Dose Guided ...) •ART (4D) •BIG-ART (Biological ...)

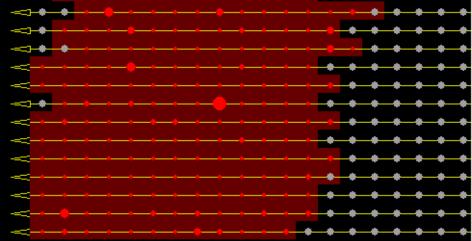
Boost Definition



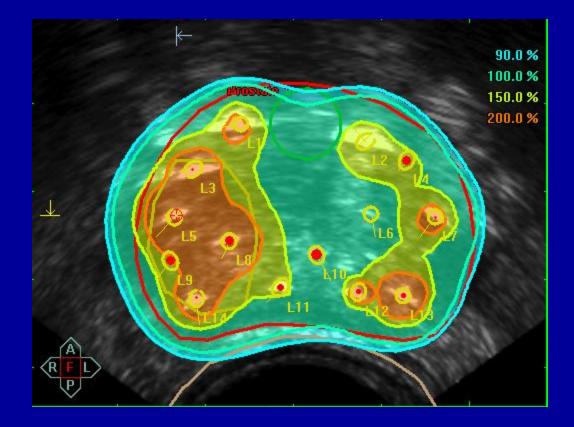


Dwell Position

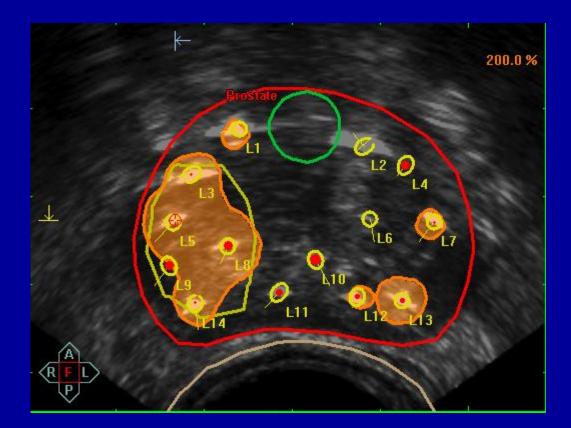
Duration of Loading



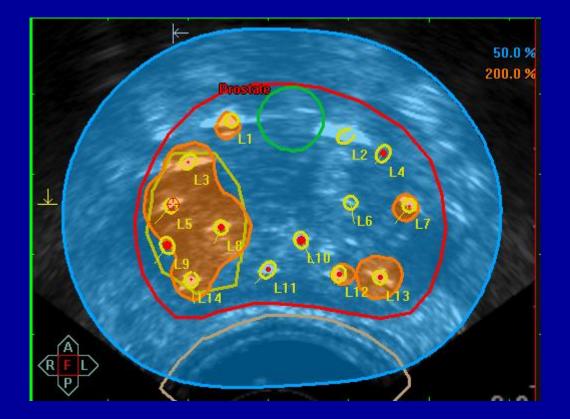
Dose Painting













- Elite
- Representation
- Support
- Education
- Reimpursement



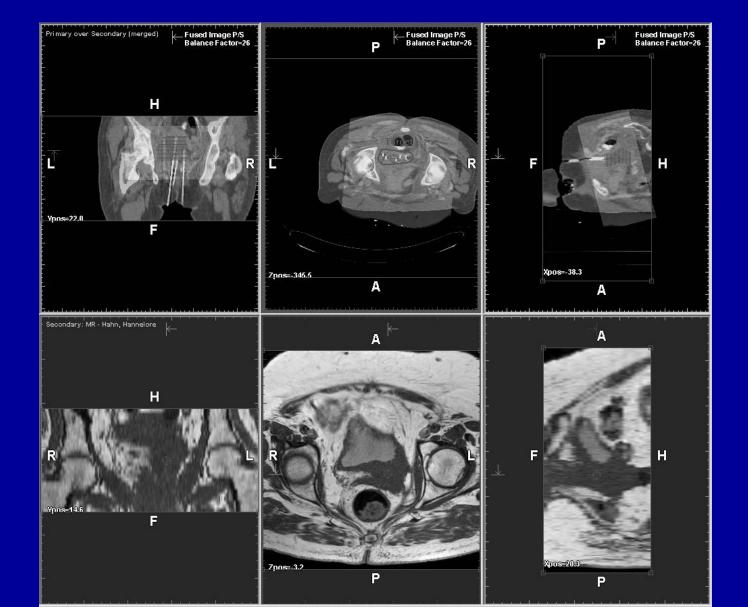
Iridium Knife

Curative Setting

Cervix Carcinoma

Fusion CT – MRI (Prone)

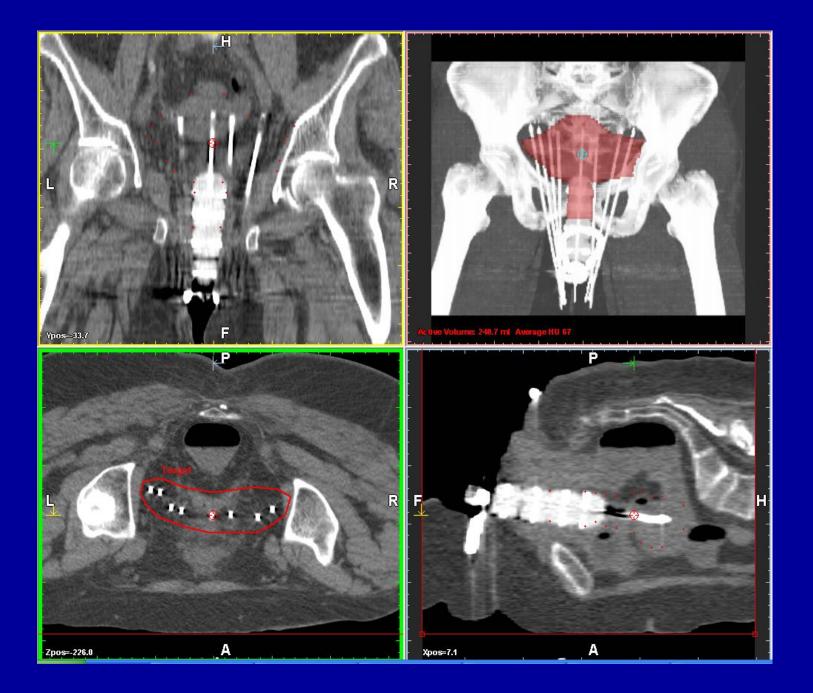
Post-Implant

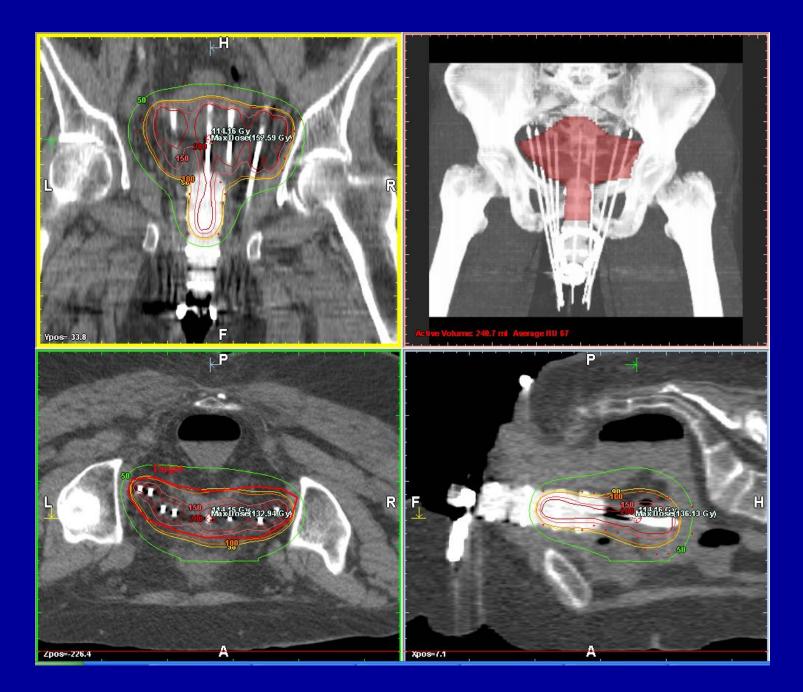


Pre-Implant (Supine)

Fusion CT – MRI (Prone)







Curative Setting

Cervix Carcinoma

Prostate Cancer

Prostate Cancer

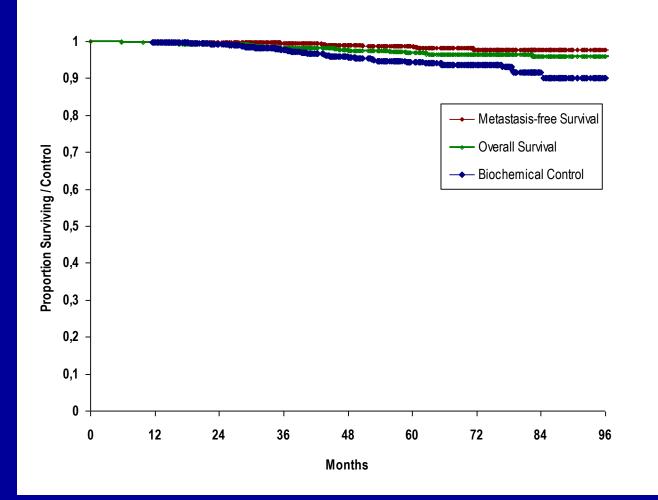
Brachytherapy is the Highest Conformal Treatment in Radiation Oncology

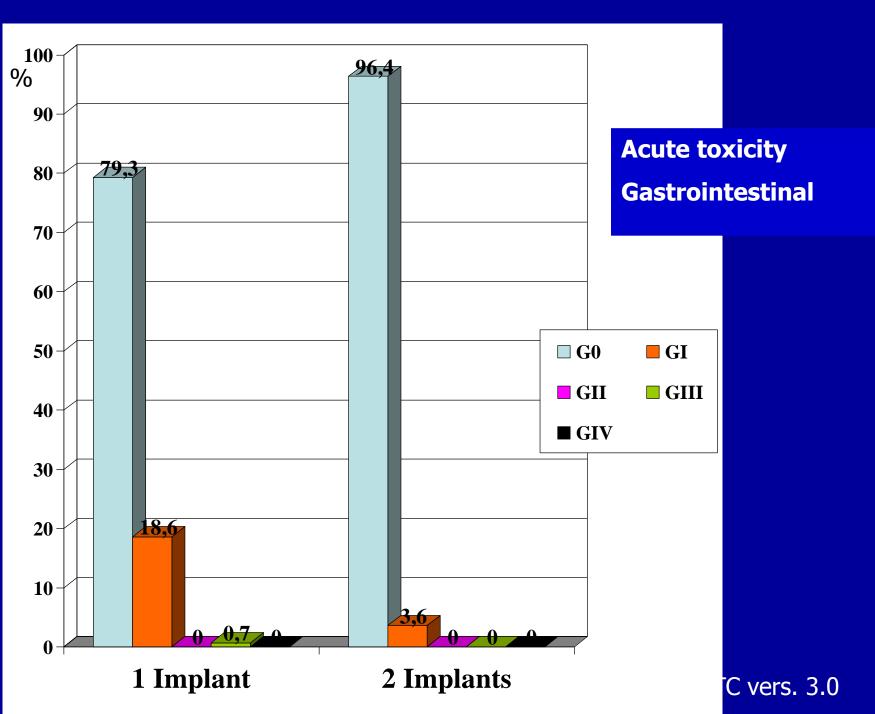


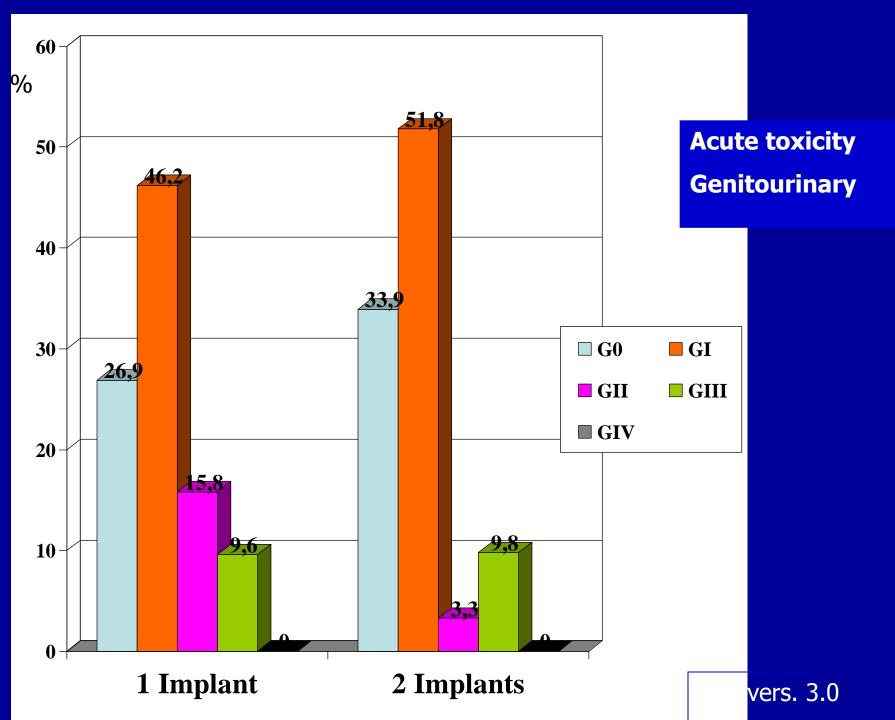
Offenbach Study HDR-Monotherapy

08/1999-10/2010: 718 patients

(Published in IJROBP 2012)







HDR-Monotherapy: Chronic Toxicity

After median 52 months

- 85,0 % Grade 0 toxicity
- 84,0 % Potency preservation
 - 0,1 % Incontinence

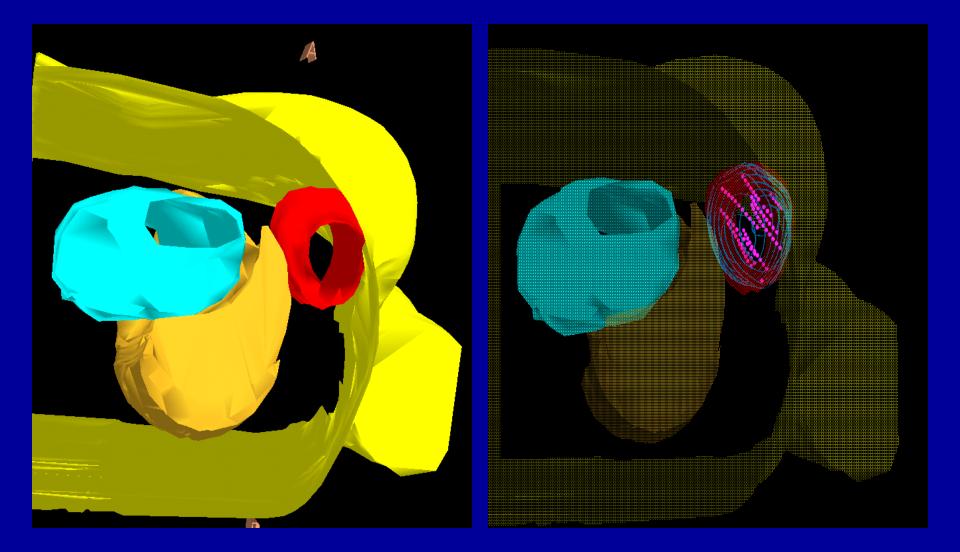
Curative Setting

Cervix Carcinoma

Prostate Cancer

Breast Cancer

3D Target



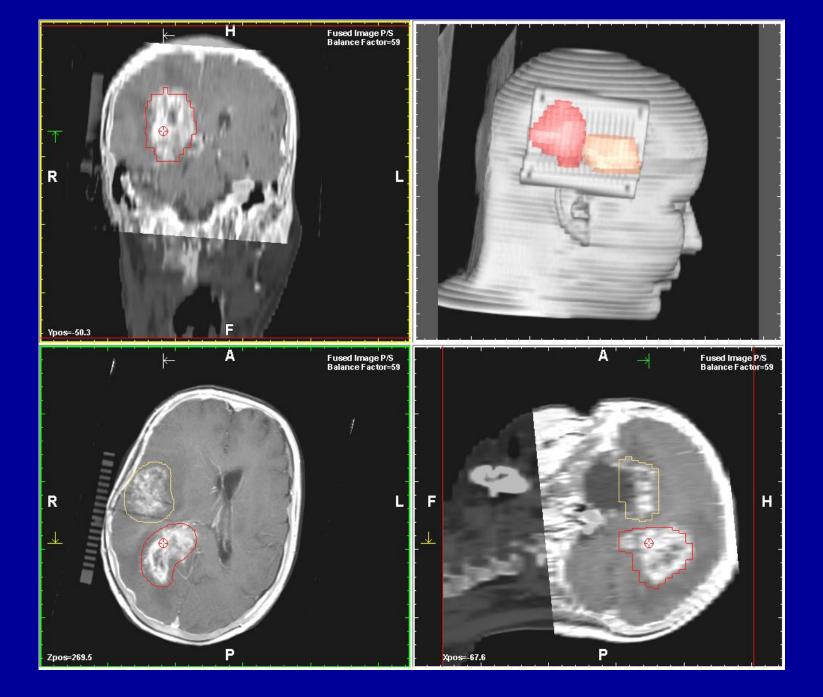
HDR Brachytherapy Palliative Setting

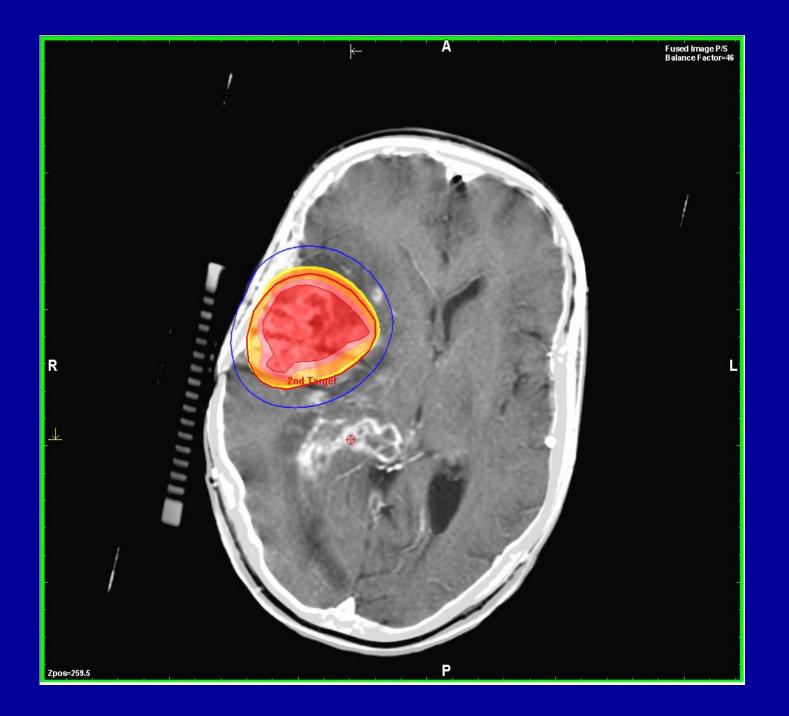


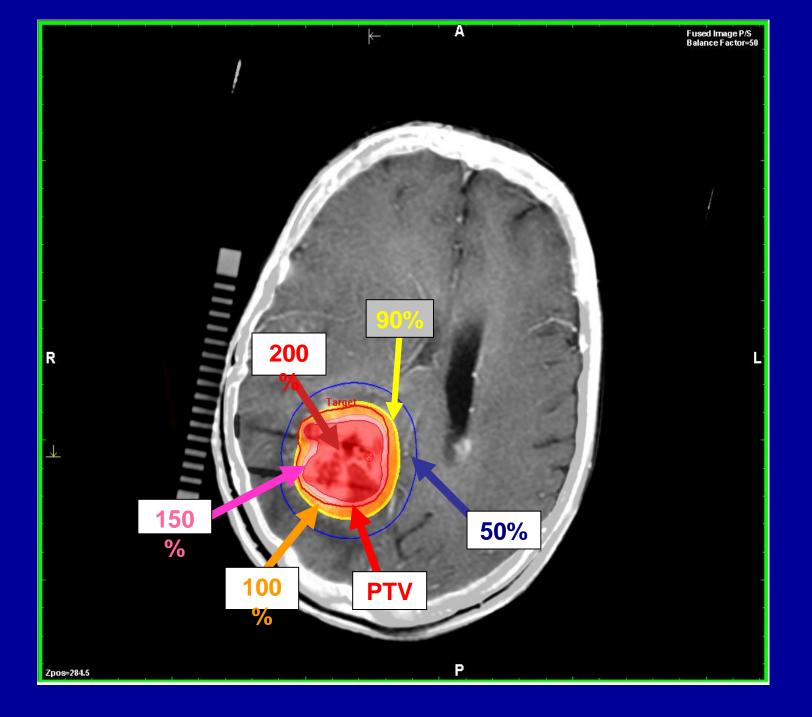
Patient characteristics

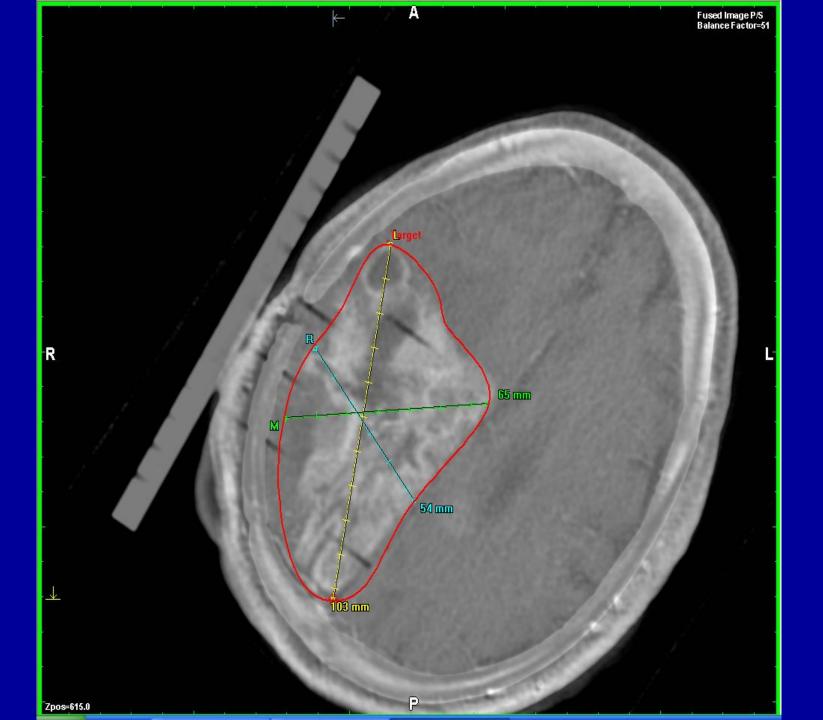
1995-2010: 179 patients with recurrent malignant gliomas

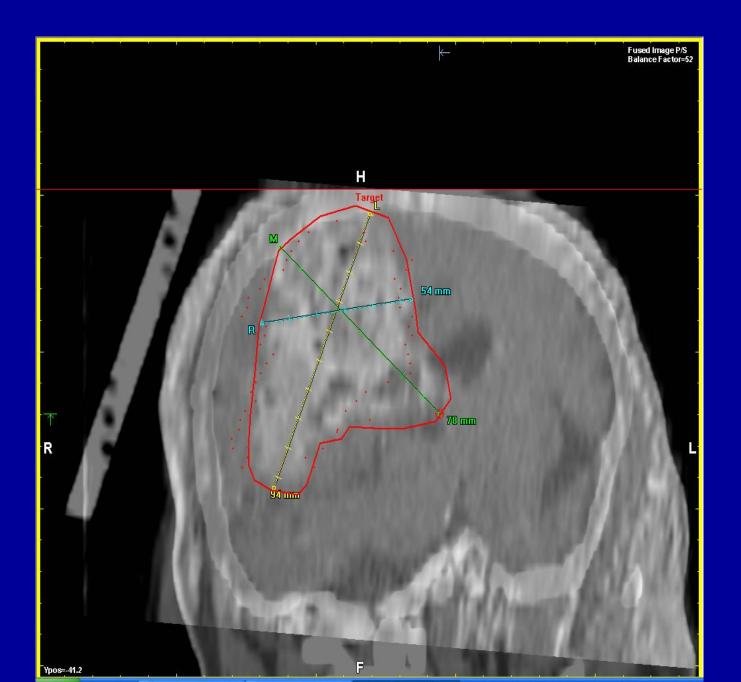
All patients had unresectable recurrent disease after primary surgery with adjuvant EBRT (54-60Gy) and showed progression under palliative chemotherapy



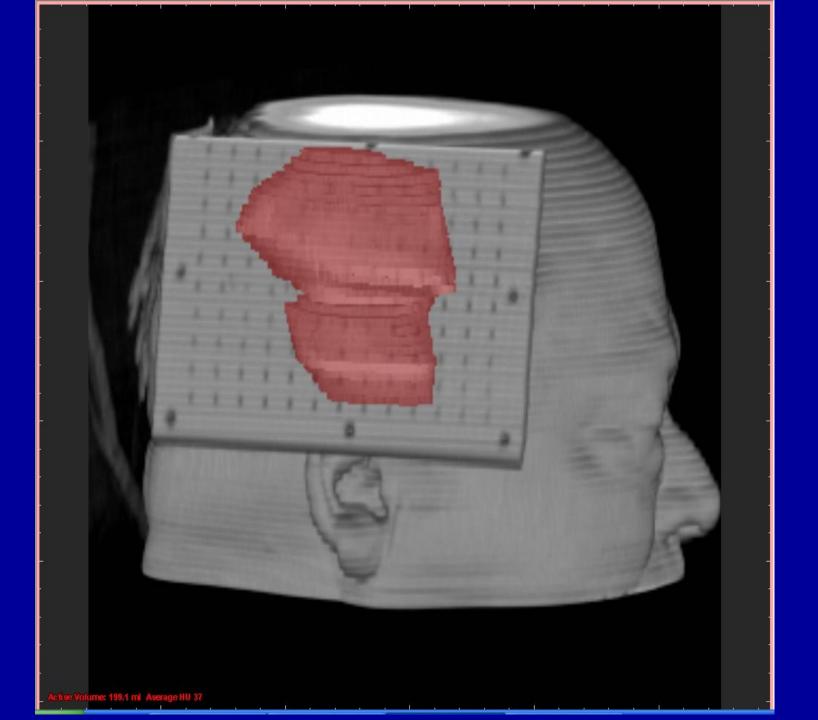


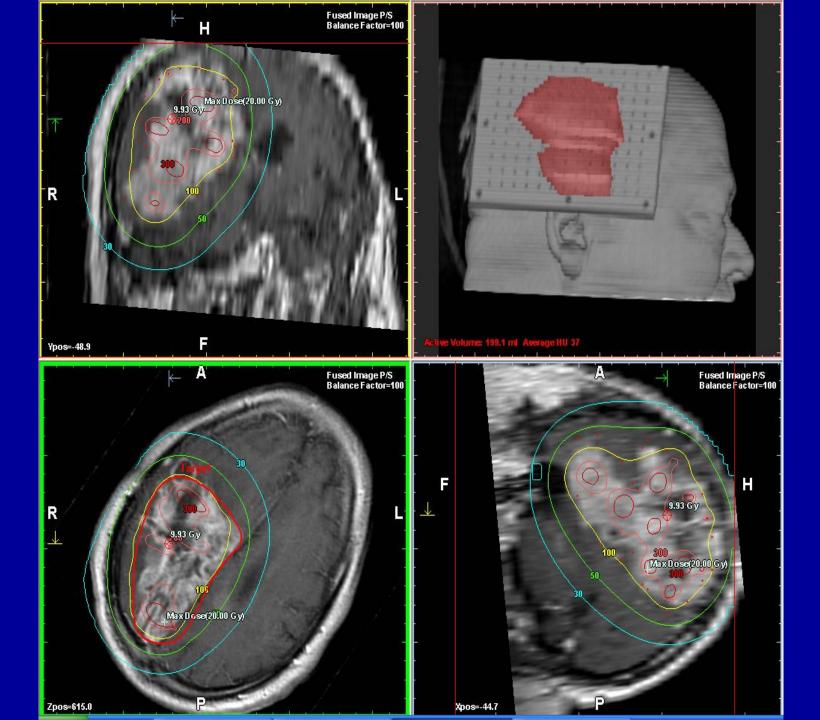










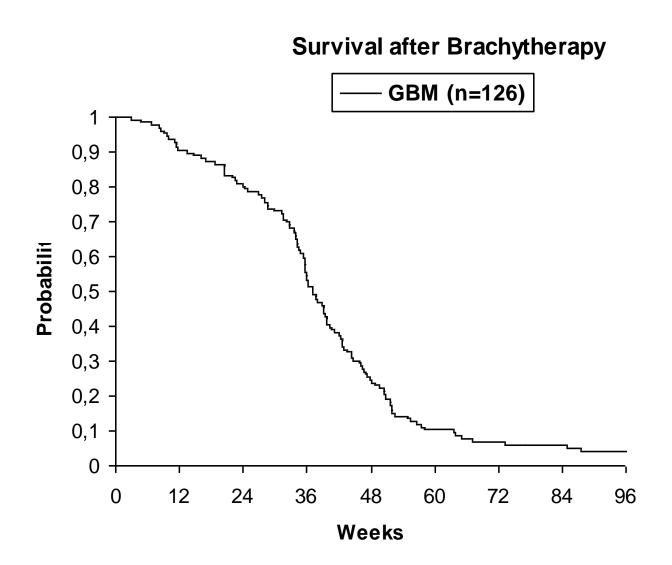




Patient characteristics n=179

126 Glioblastoma Multiforme (GBM) Primary Histology

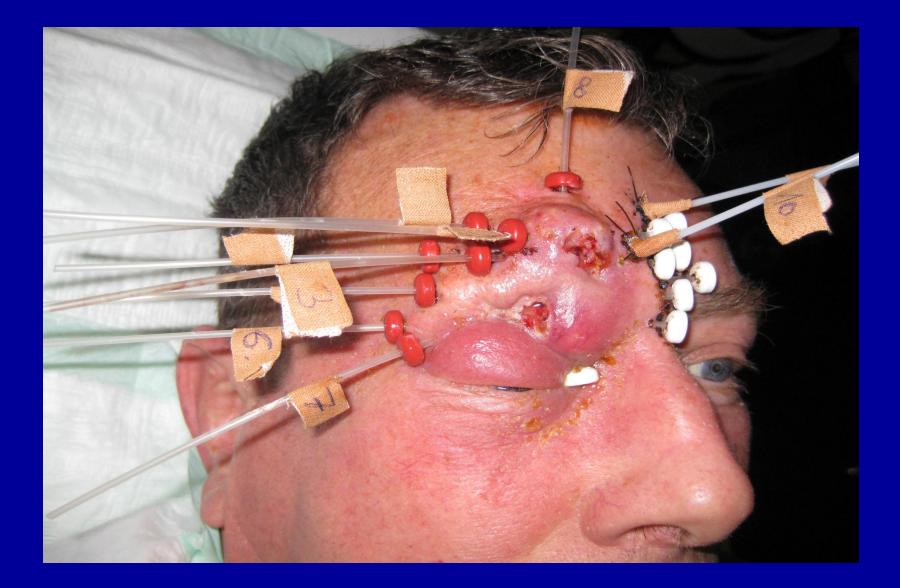
53 Non-Glioblast. Multiforme (13 Astro II and 40 Astro III)



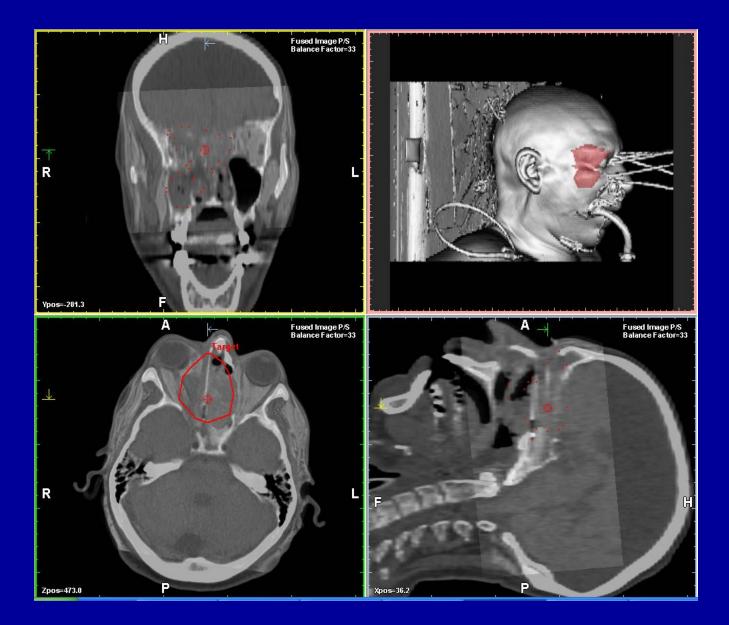
IRO in H&N Ca

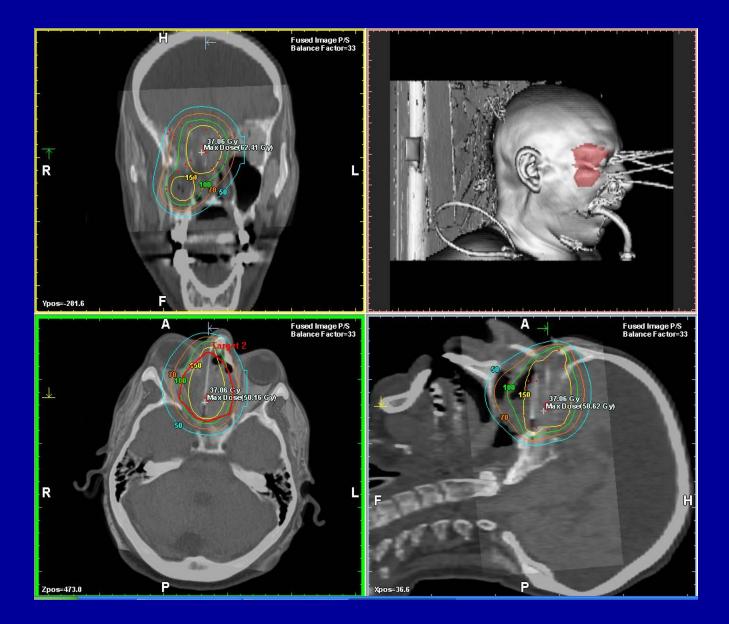
Palliative treatment

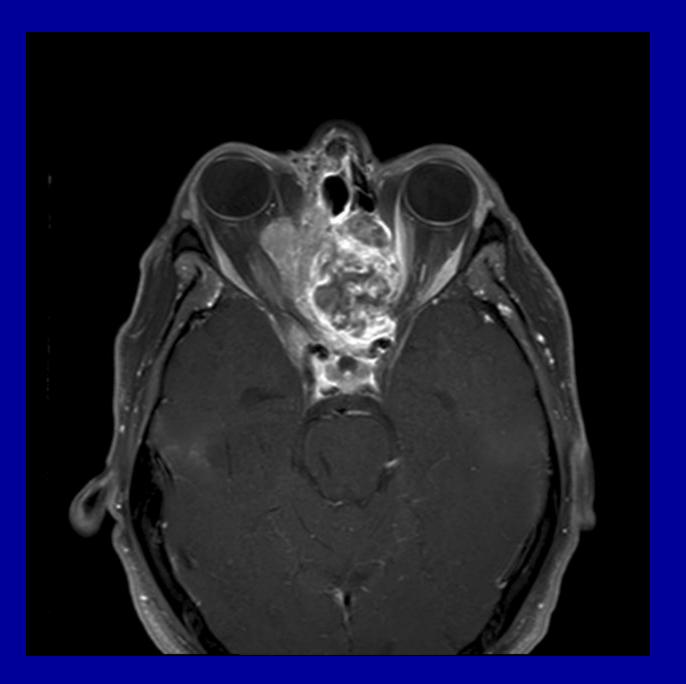
- Facial :
 Orbita

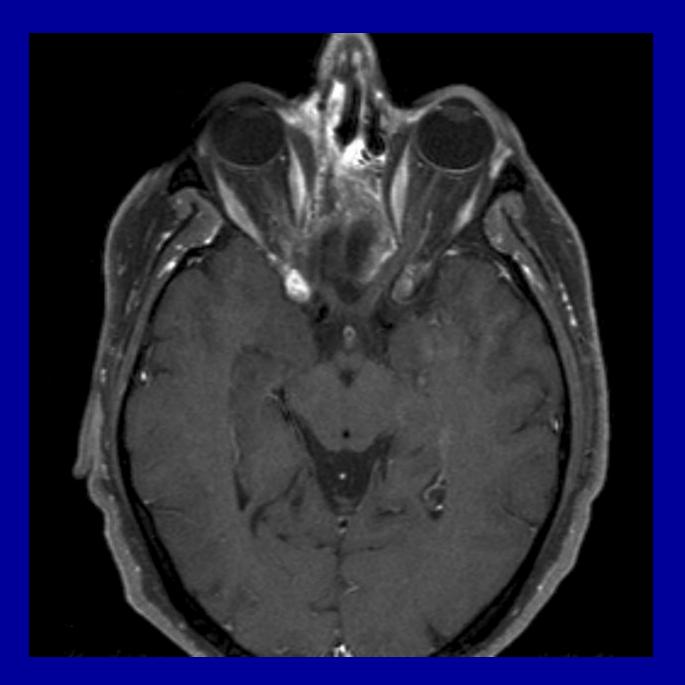


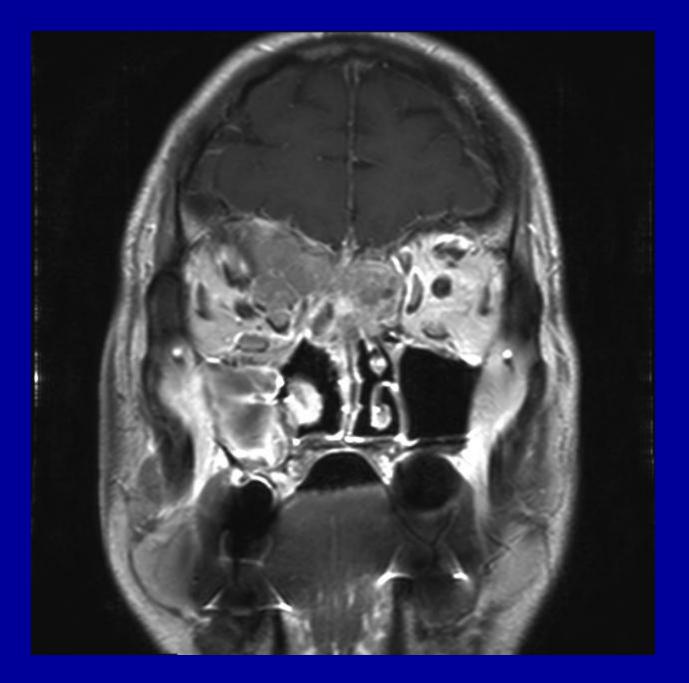


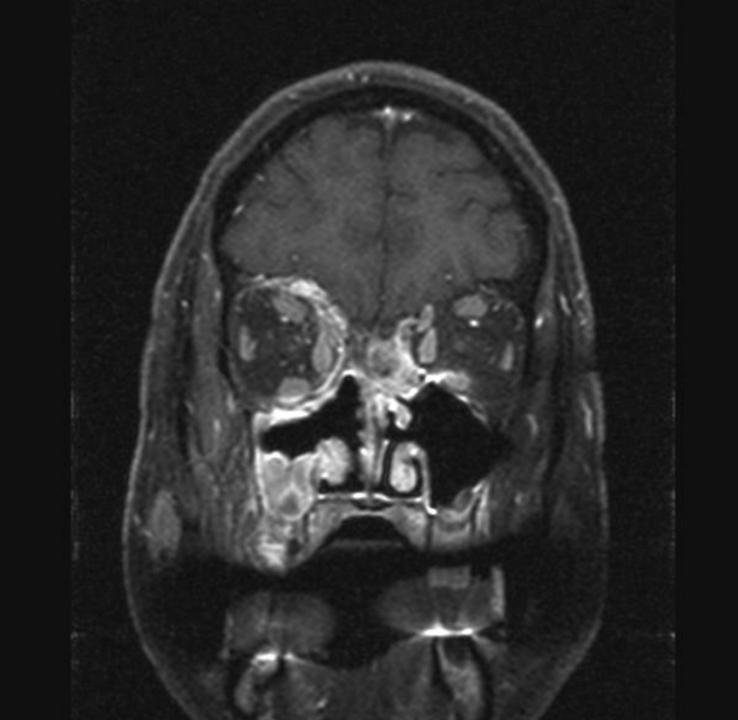






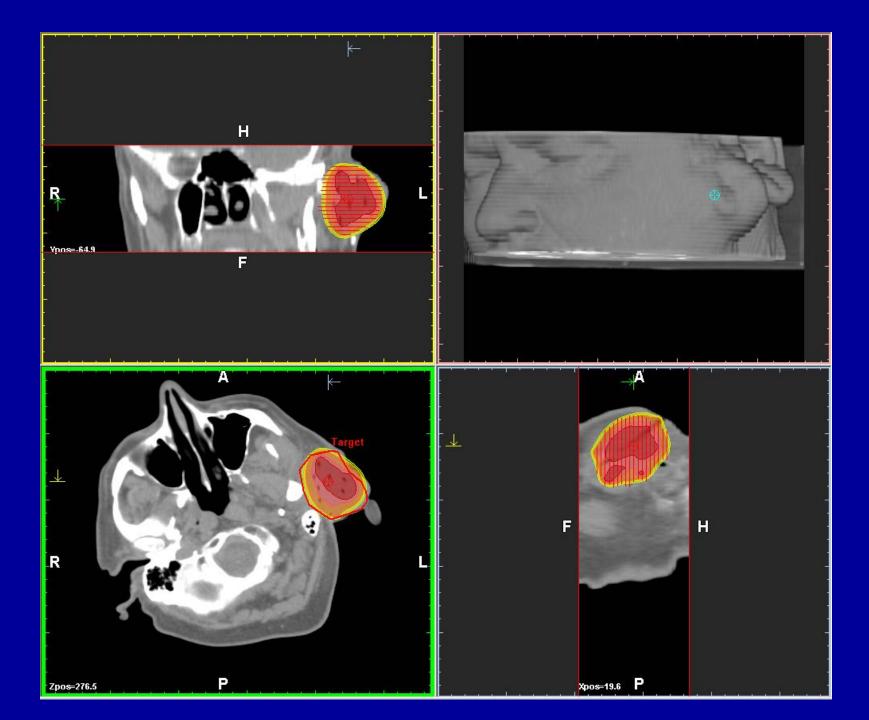


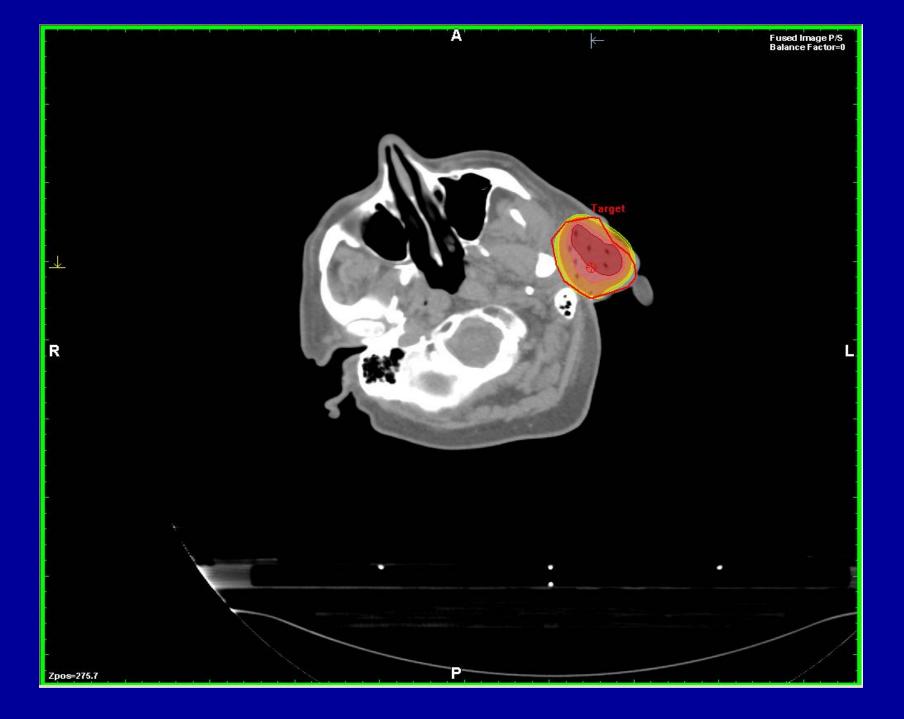


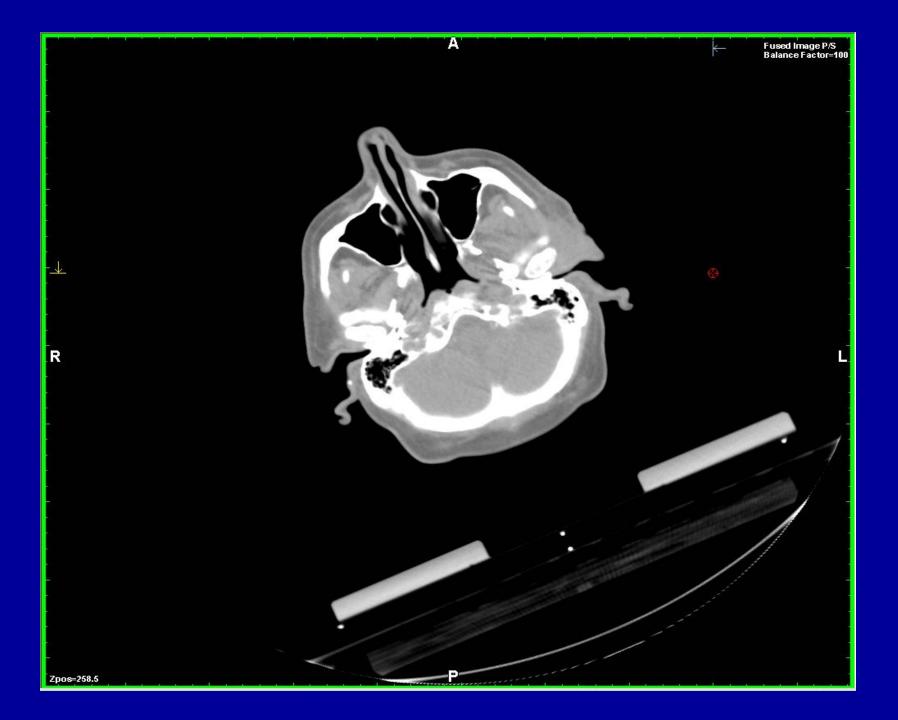


Facial :
 Orbita
 Parotis



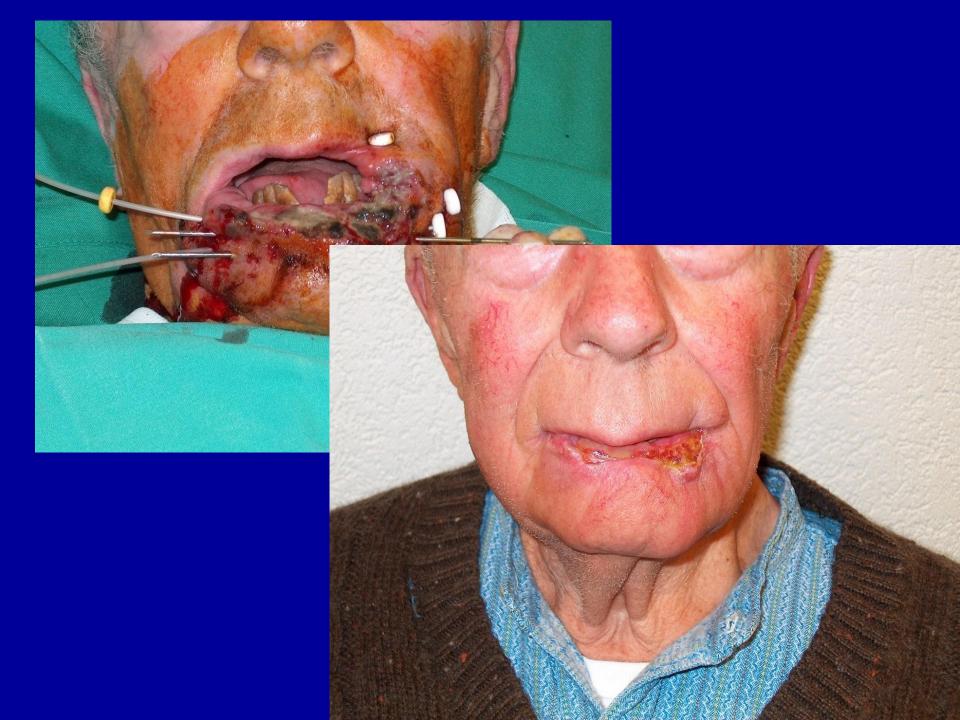




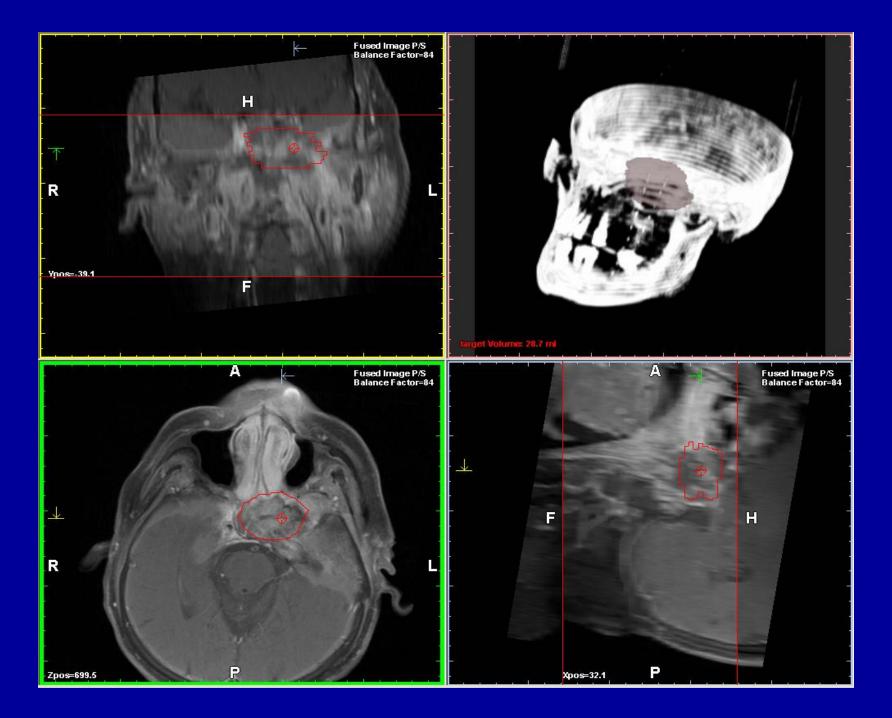


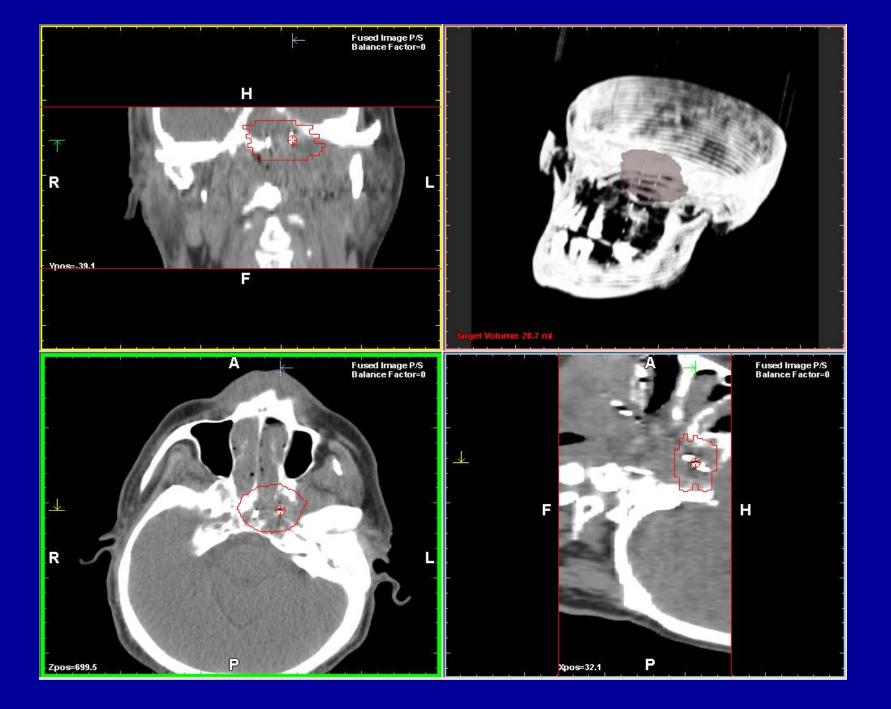


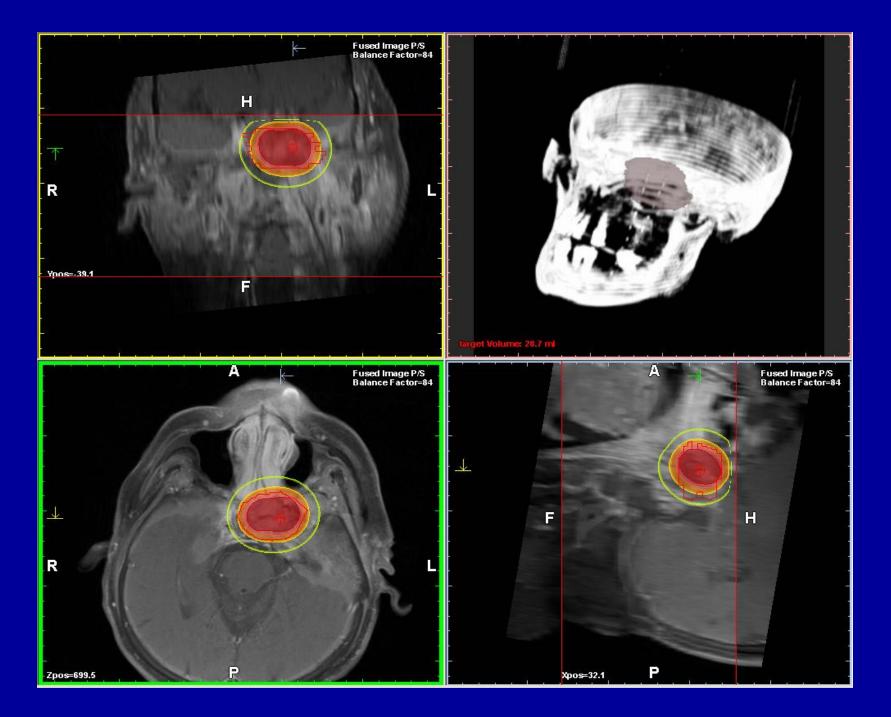
- Facial :
 Orbita
 Parotis
 Line
- Lips

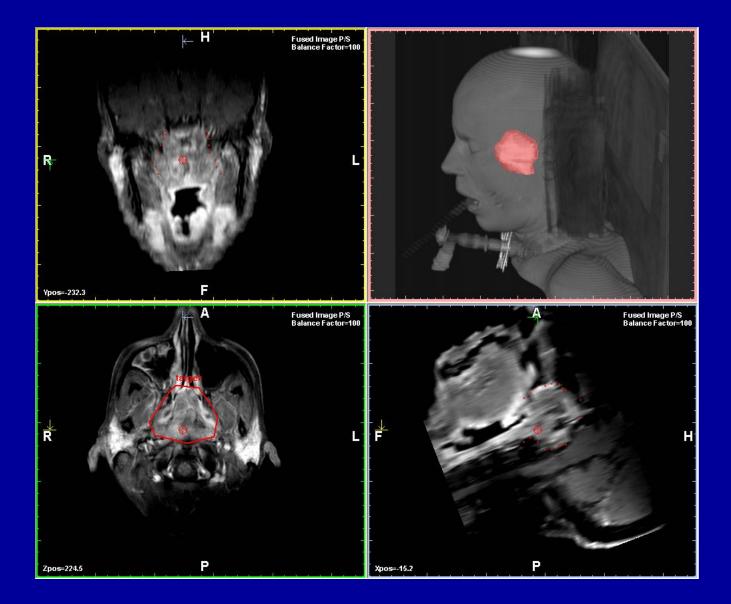


Head and Neck mucosal structures
 Epipharynx



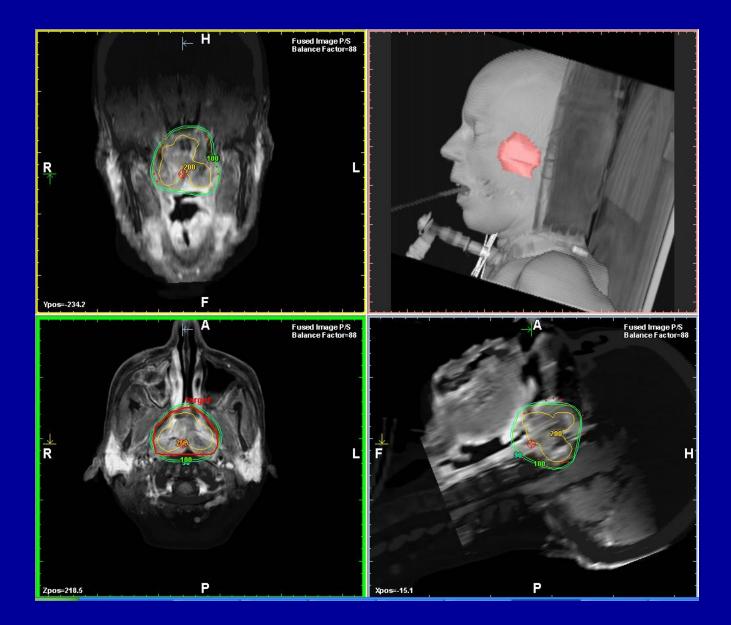


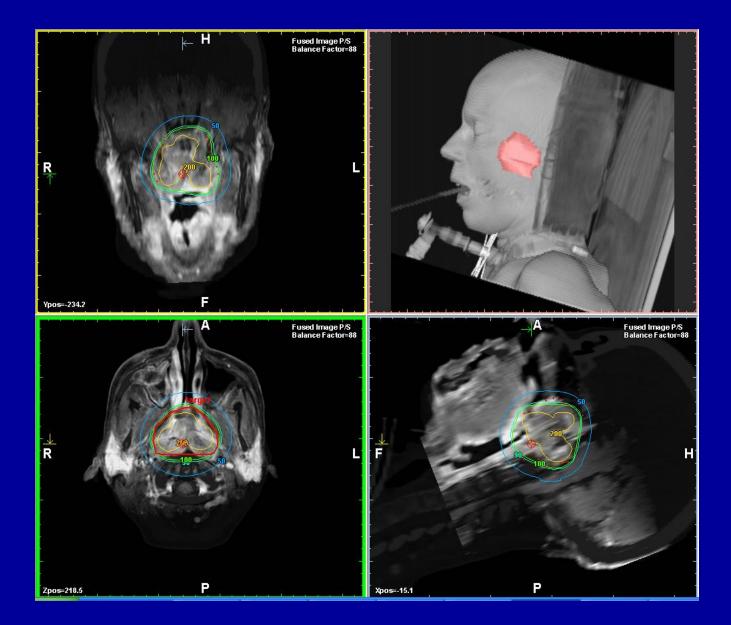


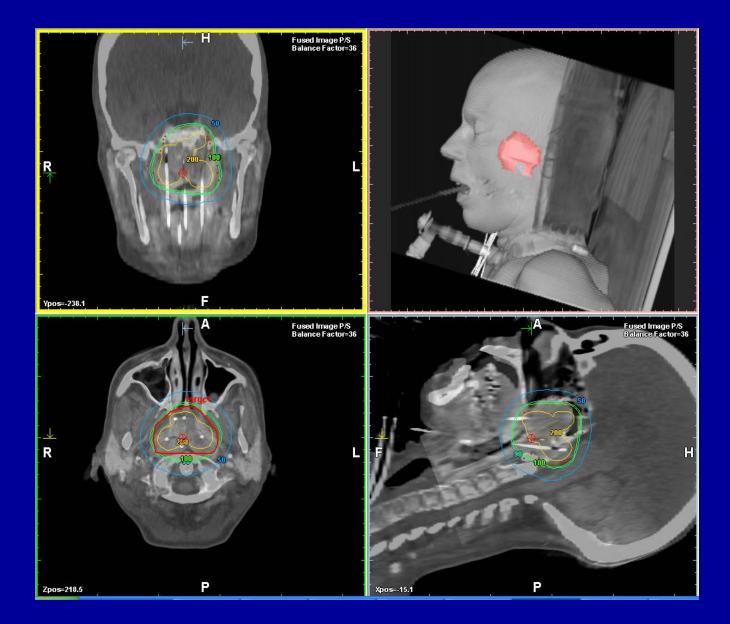




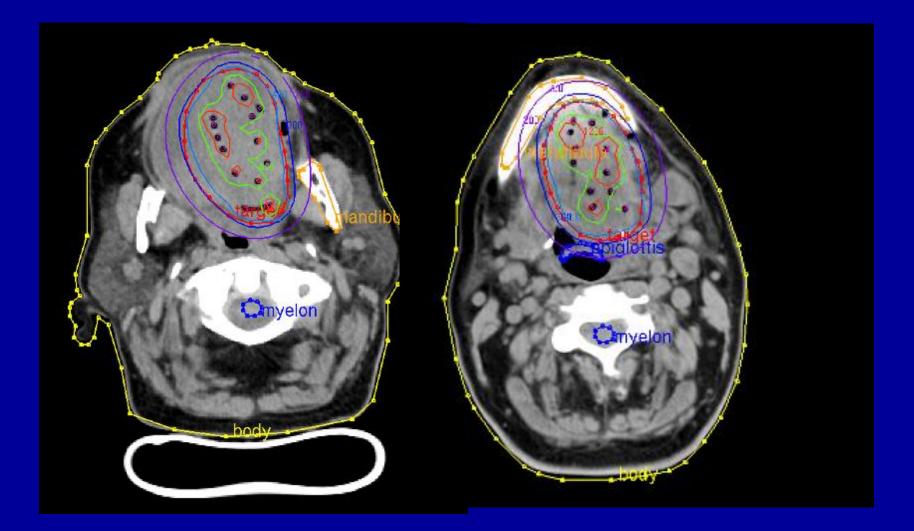


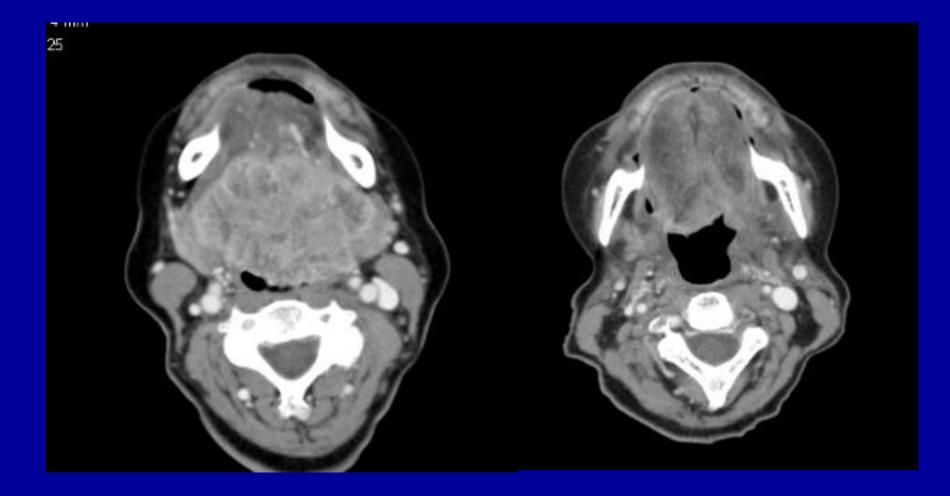


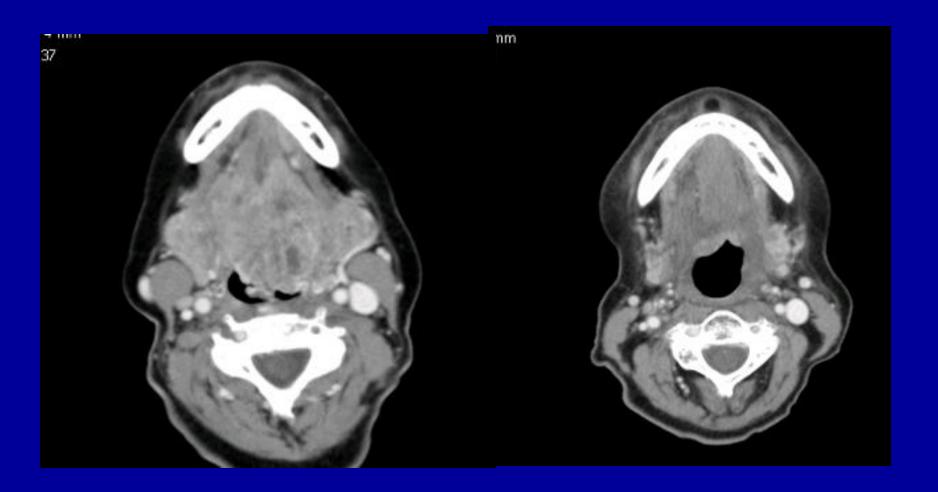




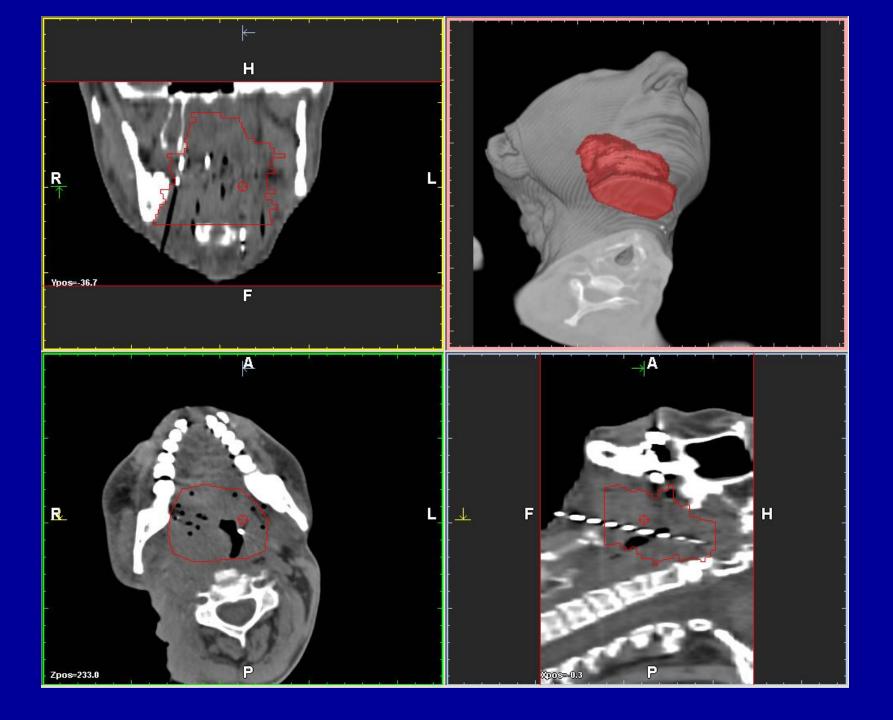
Head and Neck mucosal structures
 Epipharynx
 oral cavity

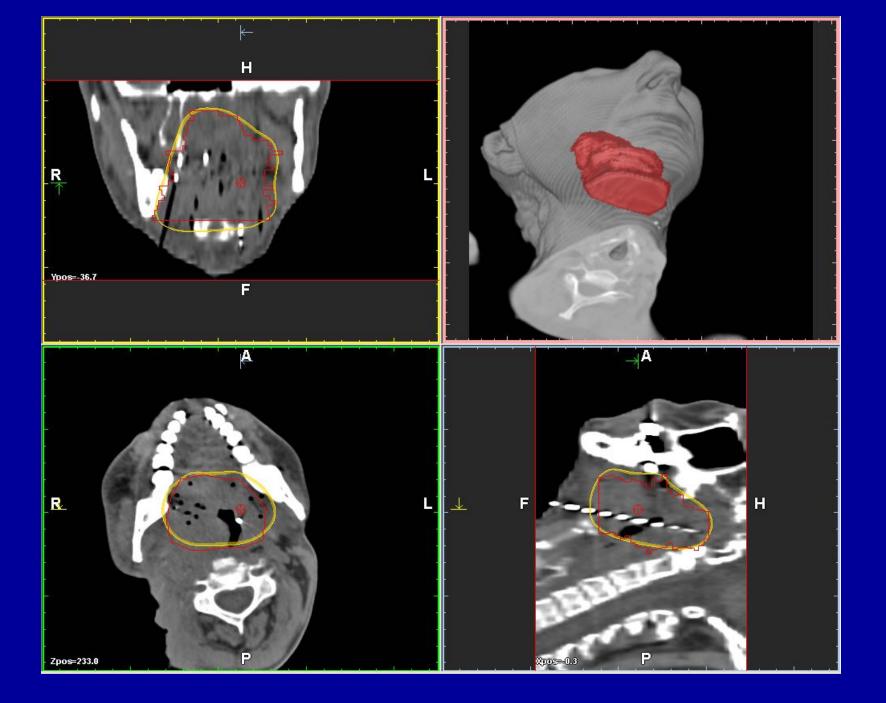


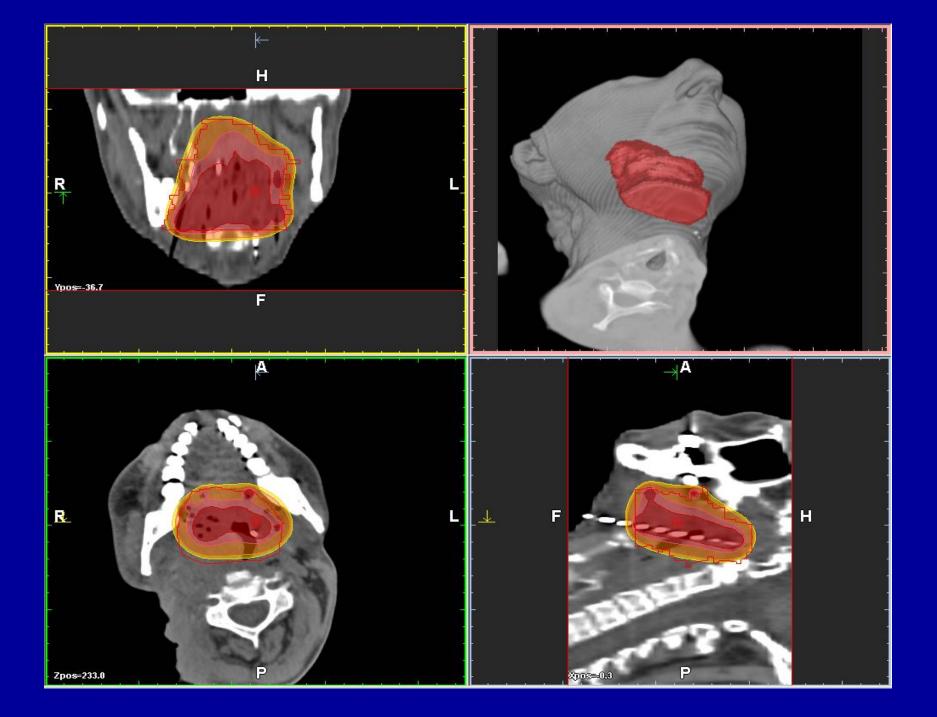


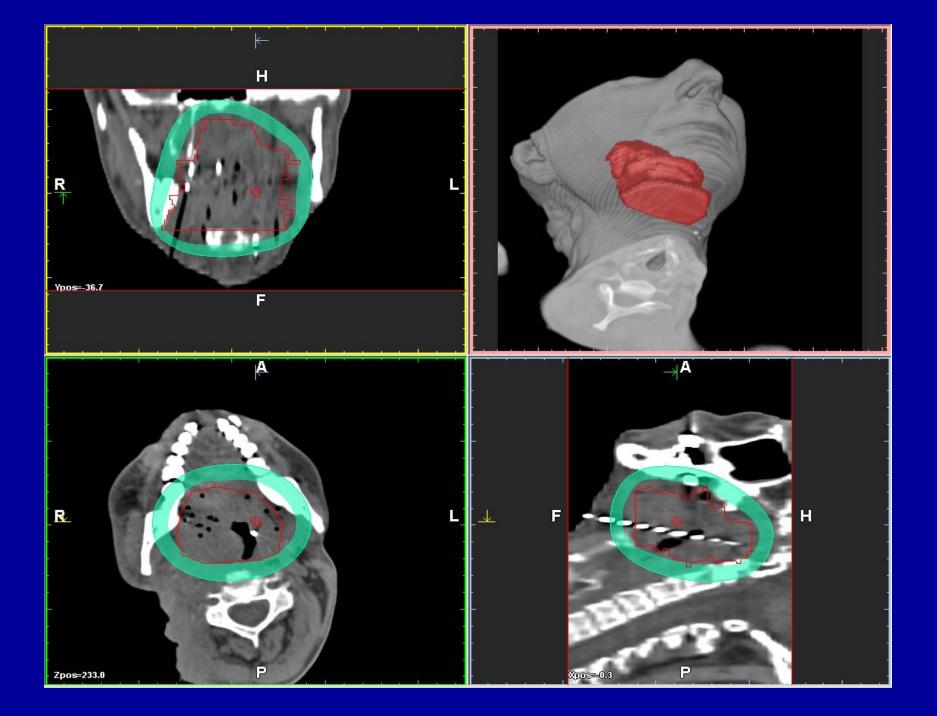


Head and Neck mucosal structures
 Epipharynx
 oral cavity
 oropharynx

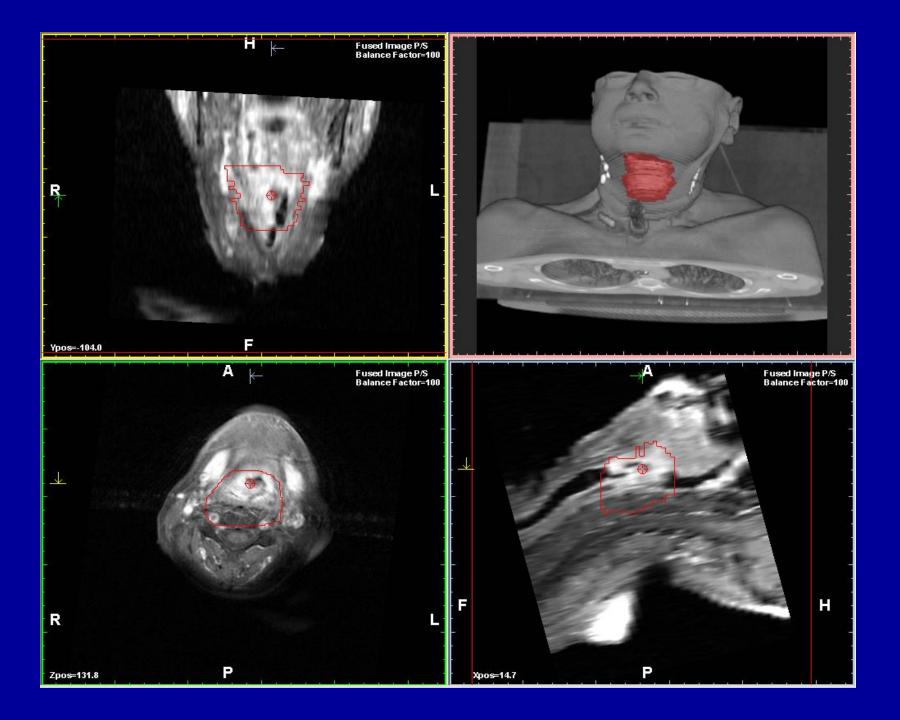


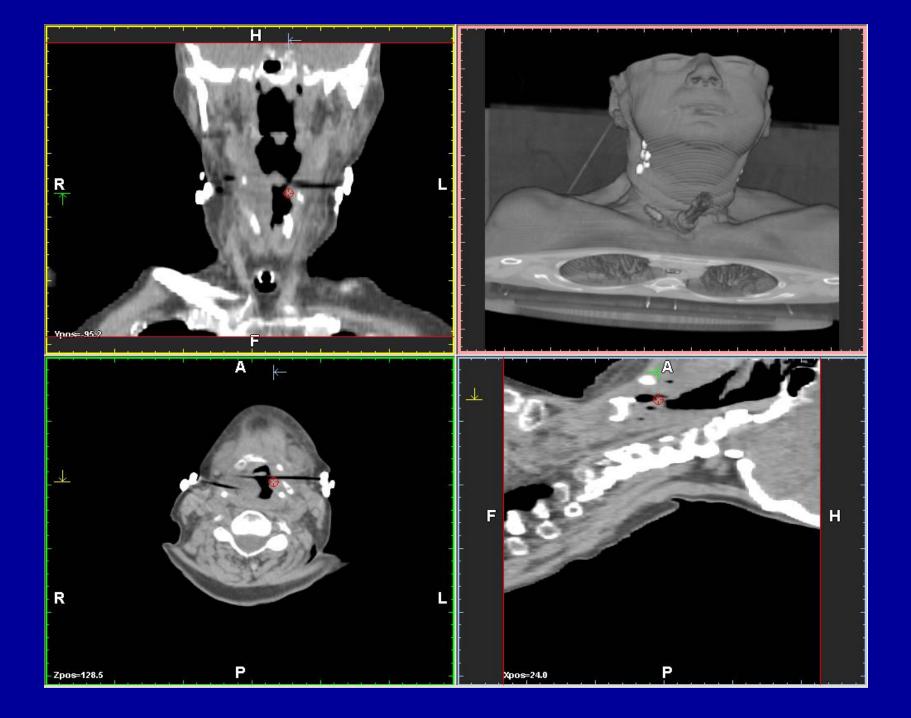


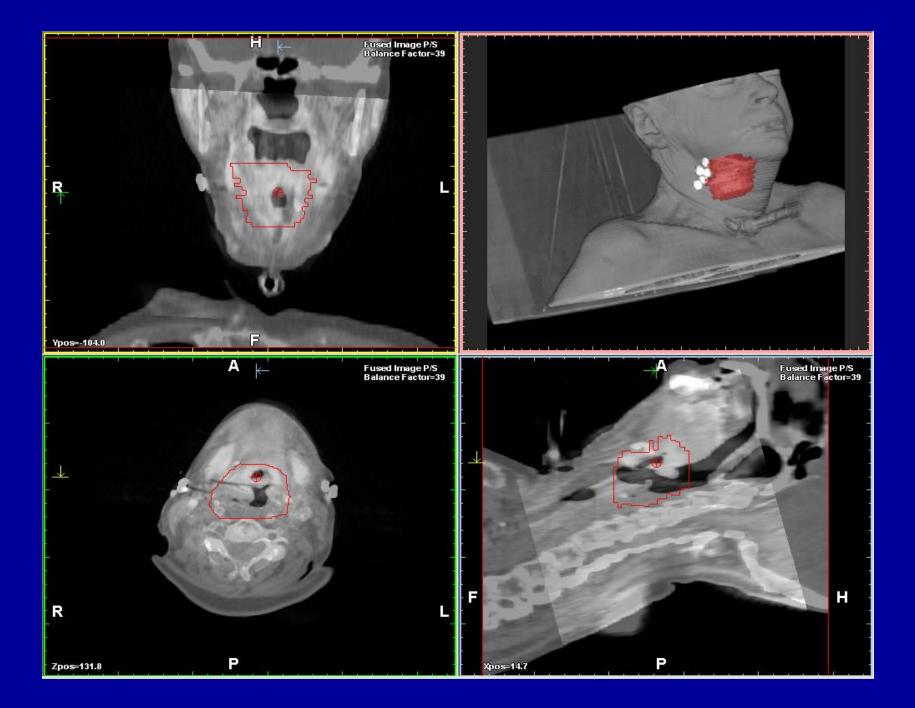


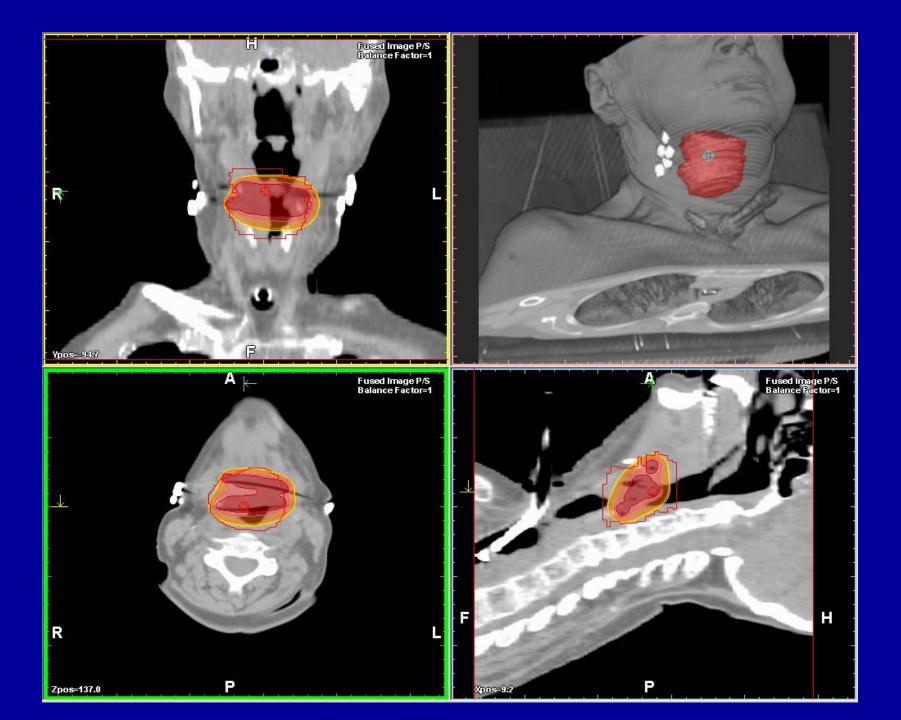


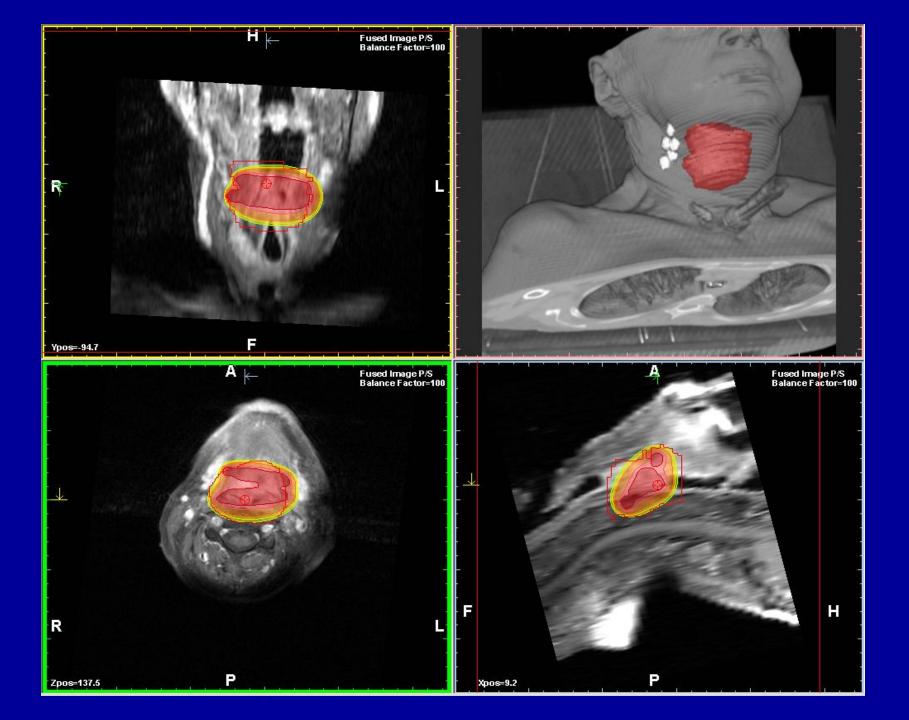
Head and Neck mucosal structures
Epipharynx
Oral cavity
Oropharynx
Hypopharynx - Larynx

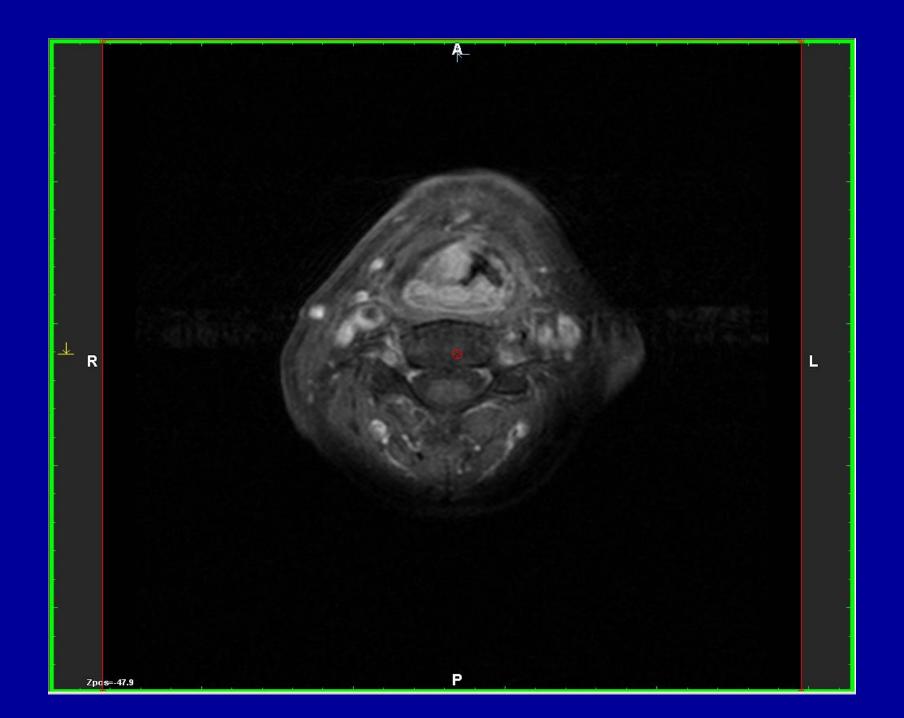








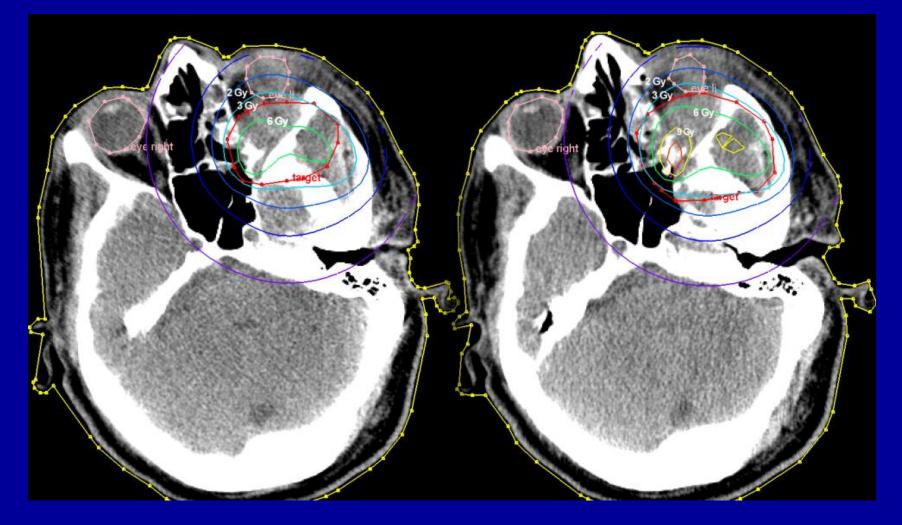


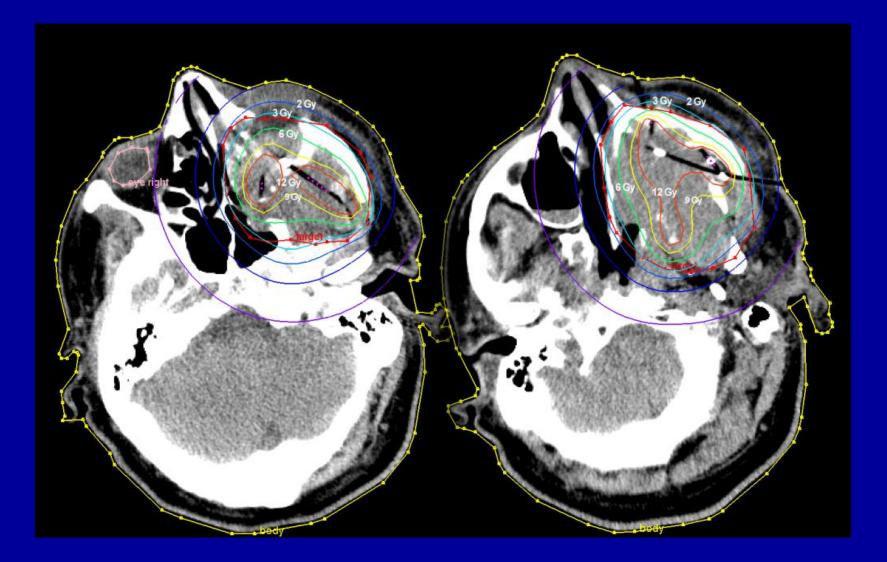


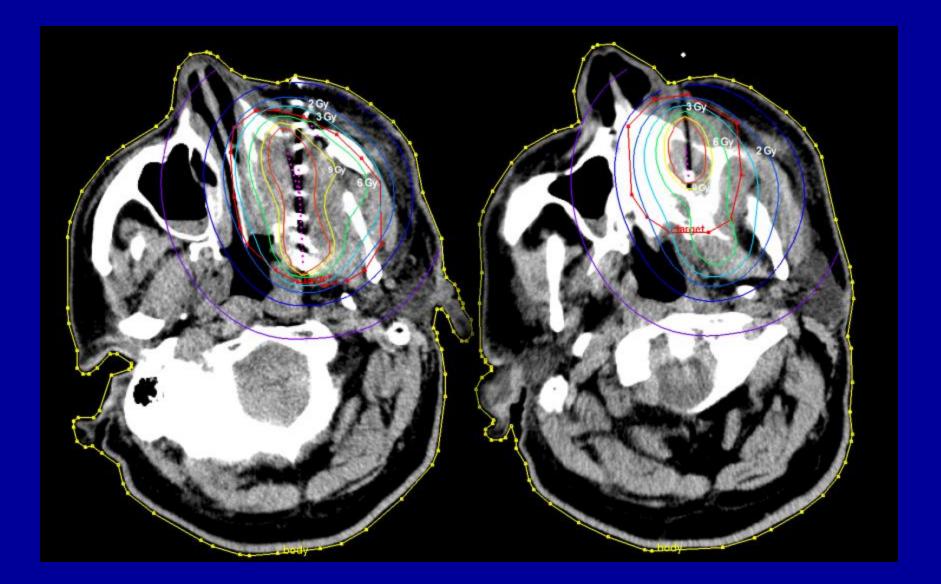


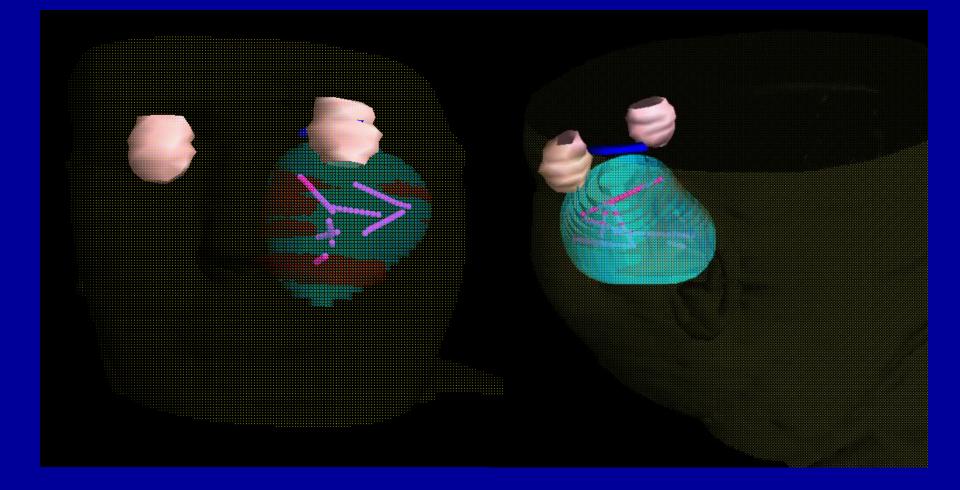
Head and Neck mucosal structures
Epipharynx
Oral cavity
Oropharynx
Hypopharynx – Larynx
Sinus Maxillaris

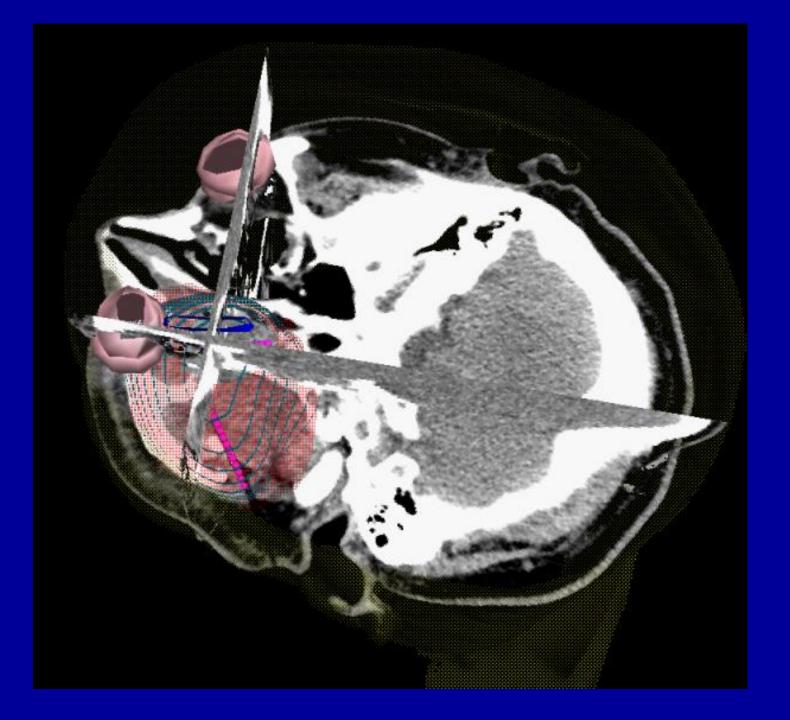
Implant for recurrence of a sinus maxillaris tumour



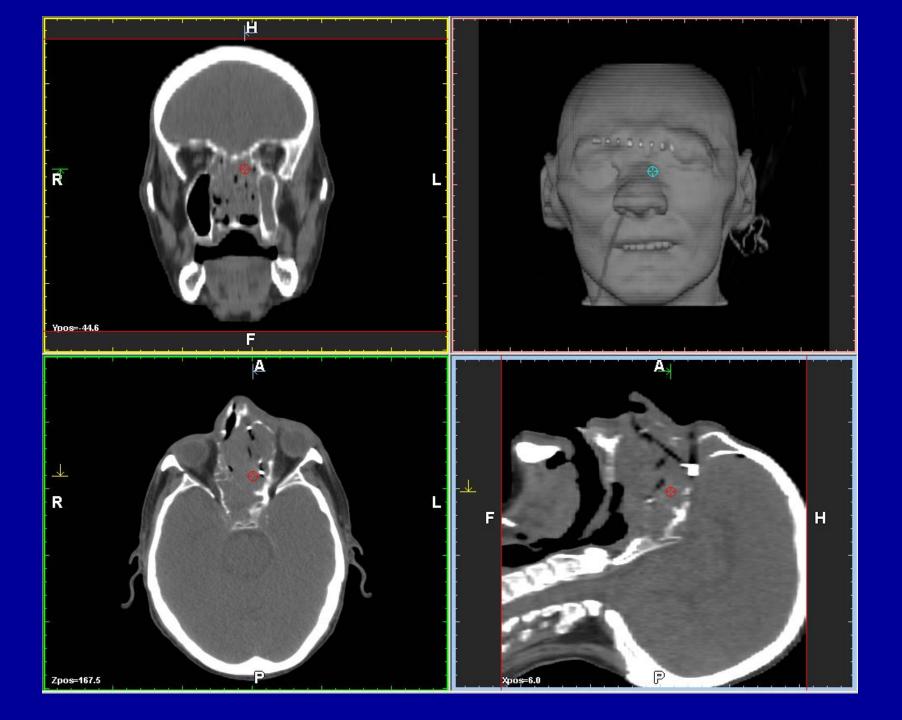




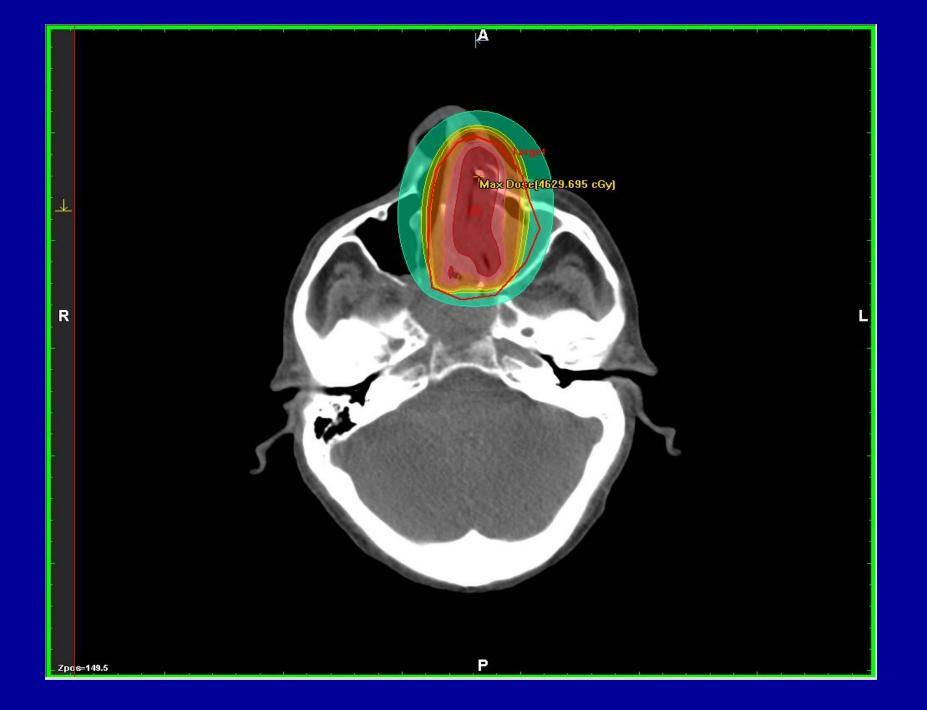


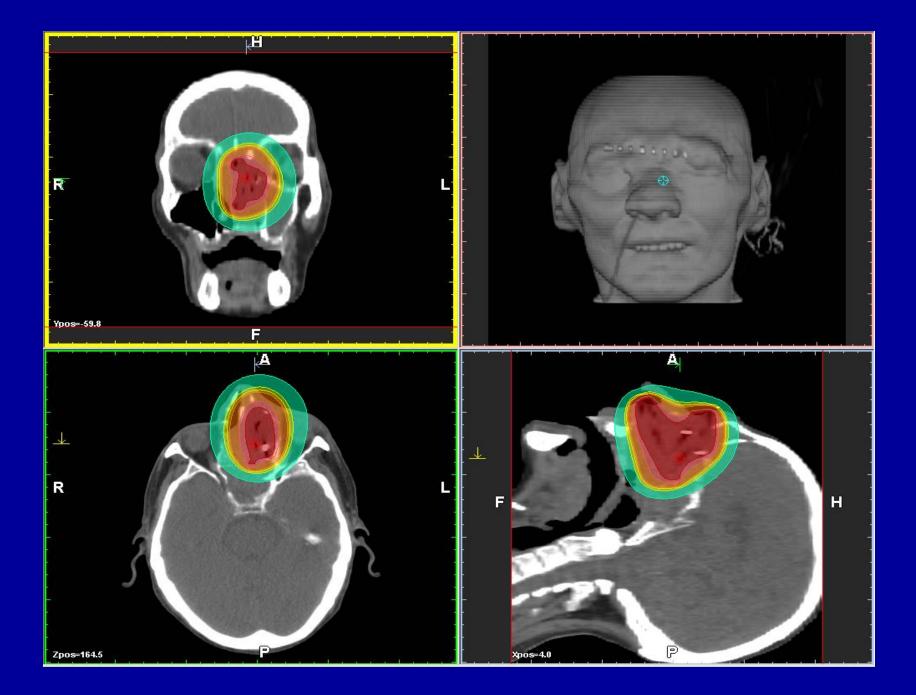


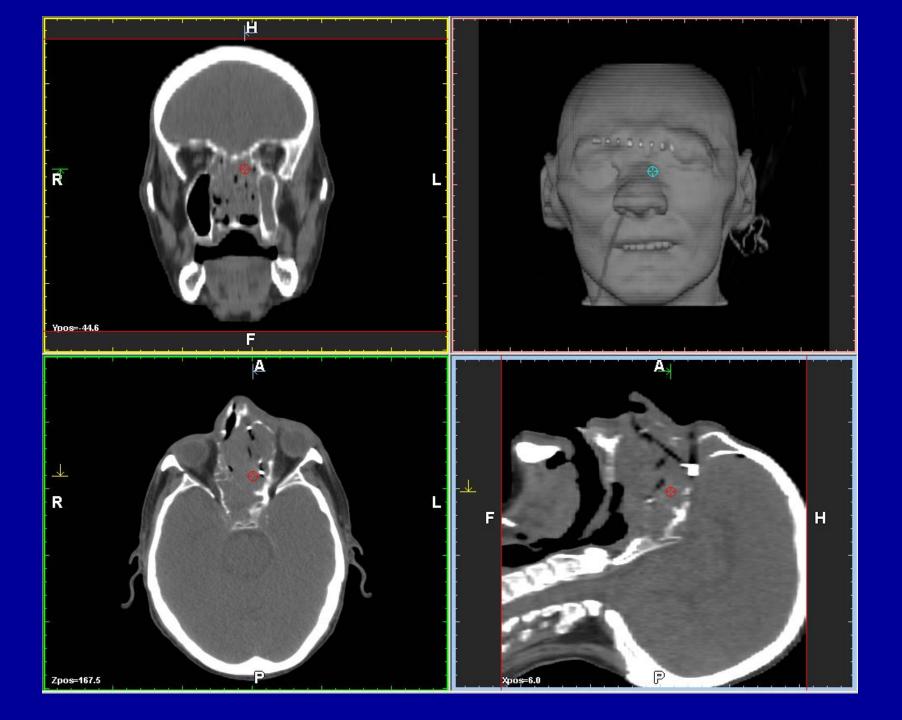
 Head and Neck mucosal structures Epipharynx **Oral cavity** Oropharynx Hypopharynx – Larynx Sinus Maxillaris - Nasalis

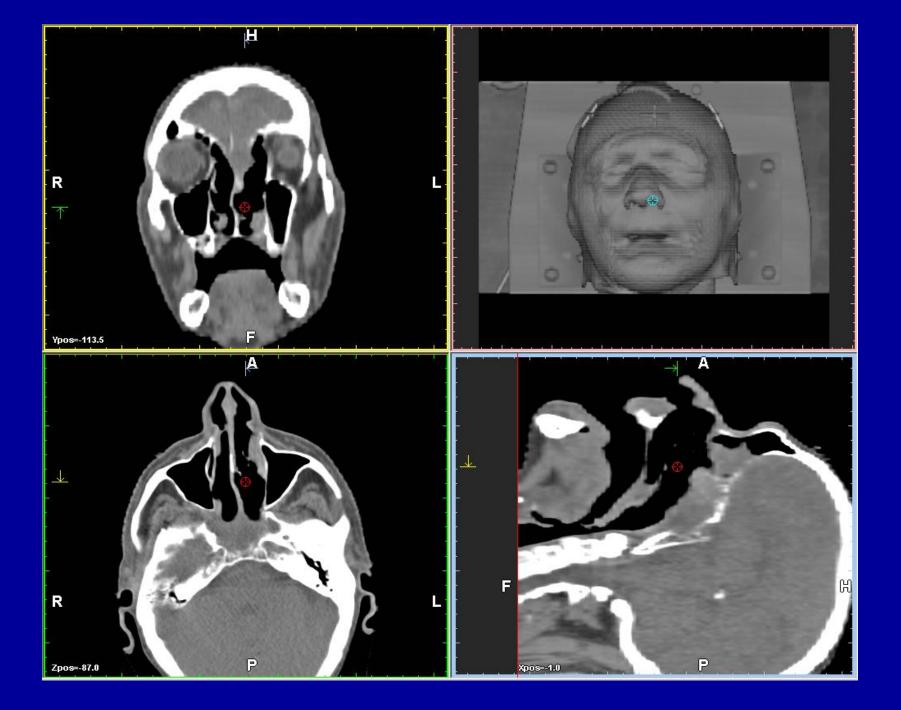






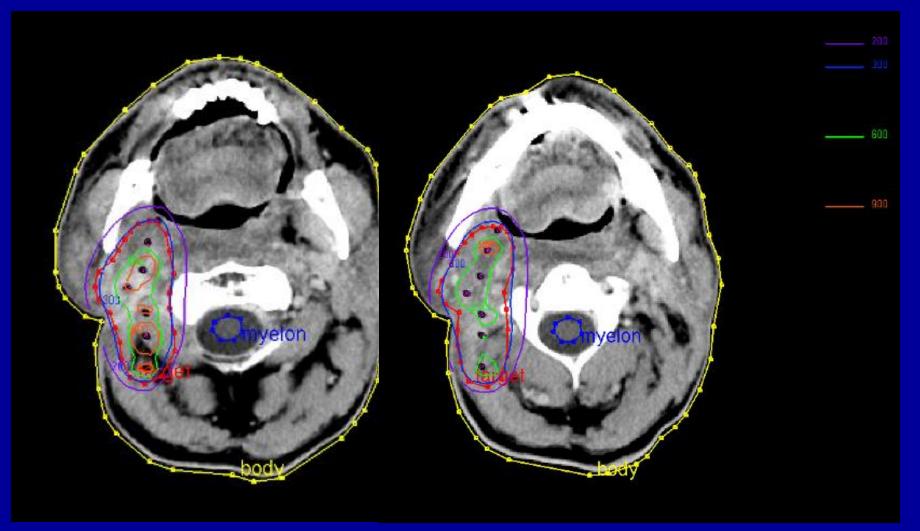






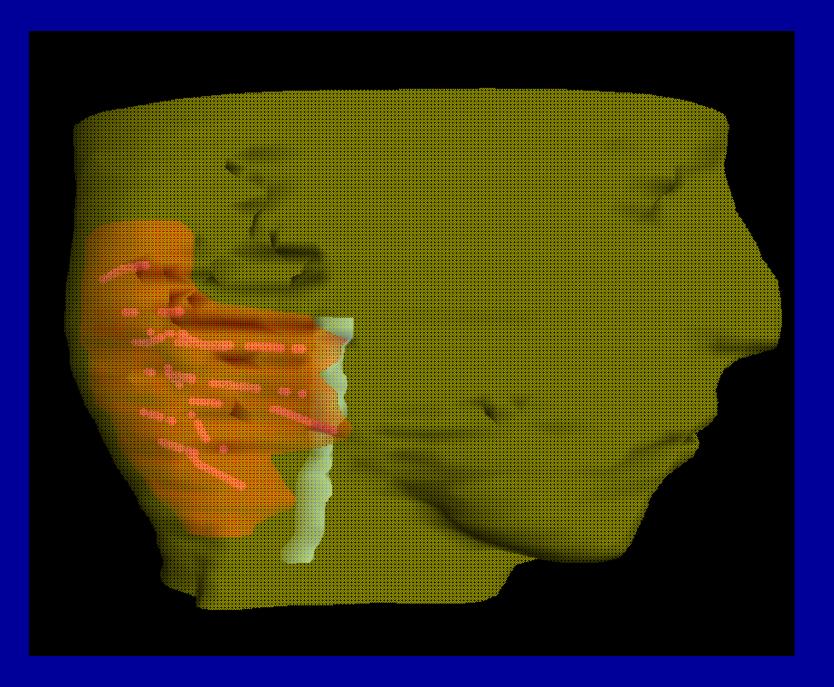
Neck lymphadenopathy





Nuchal







Retroauricular







Submental

isodoses

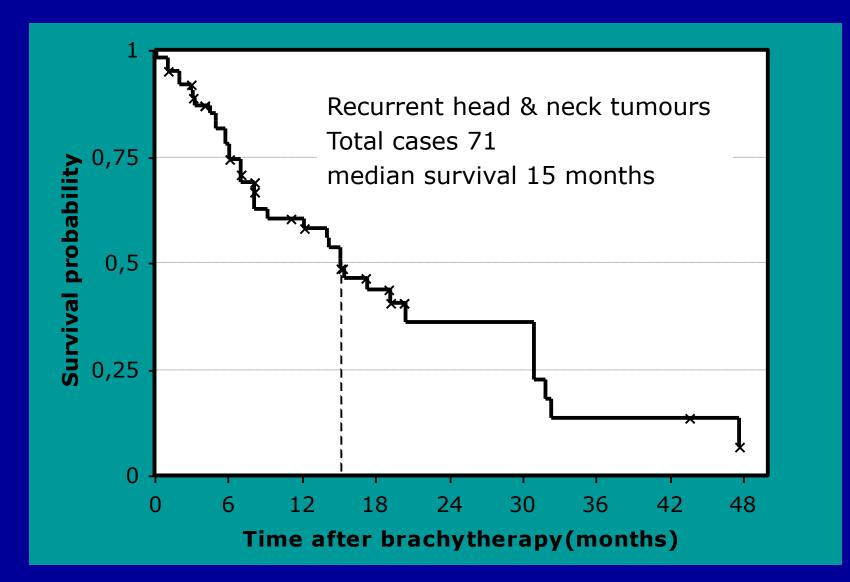




10 weeks after BRT



Results

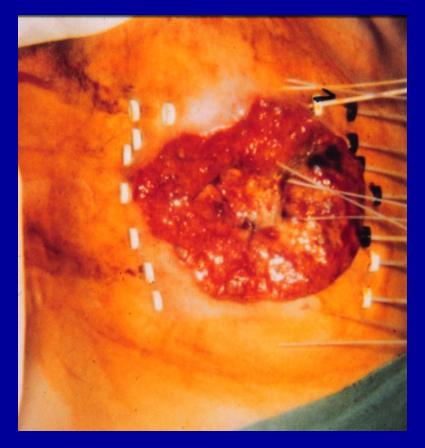


Fractionation: twice daily 3 Gy n=74 Patients

Total brachytherapy dose: 30 Gy 2x3Gy / day

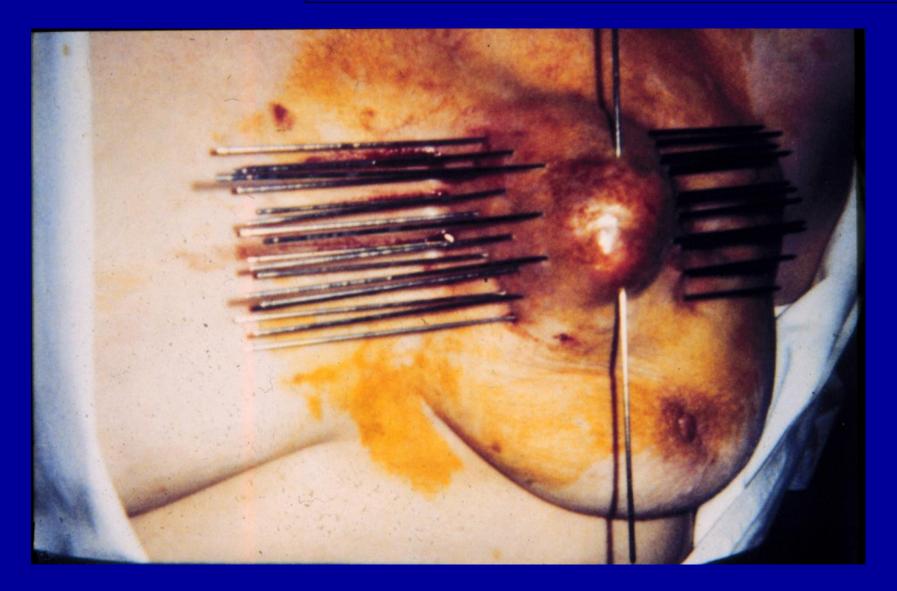
Tselis N,Zamboglou N. Radiother Oncol. 2011 Jan;98(1):57-62. Epub 2010 Dec 2. **Thoracic Wall**

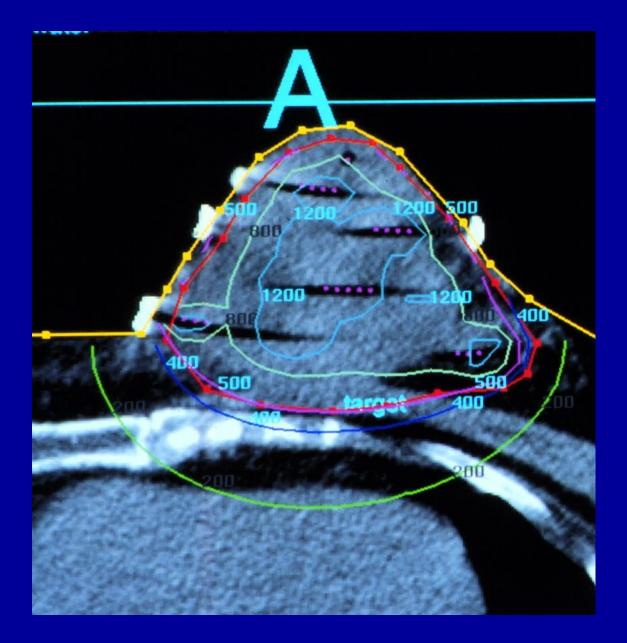
Breast cancer



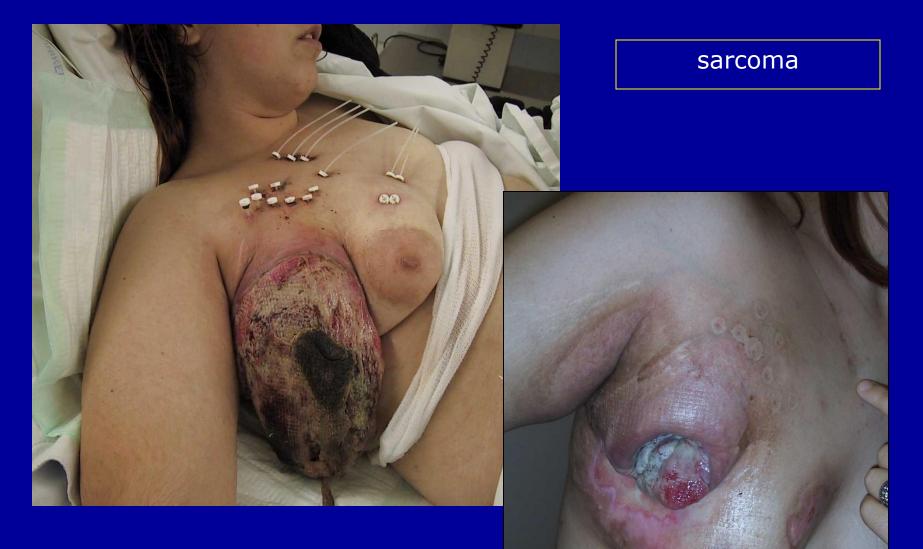


Breast cancer recurrence



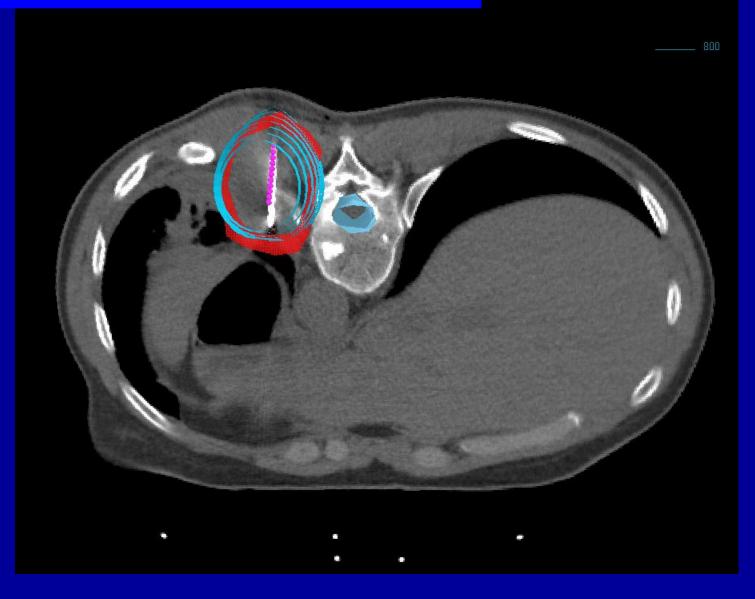


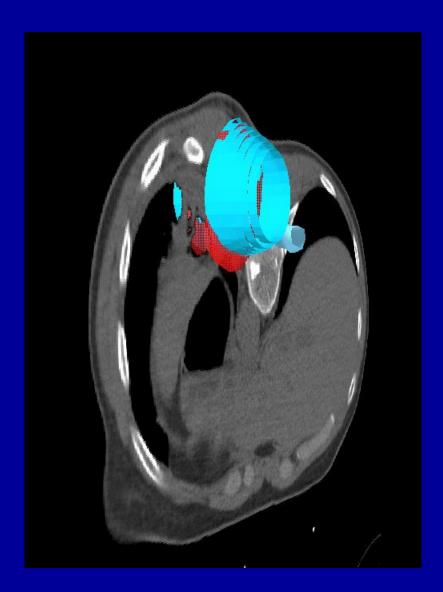


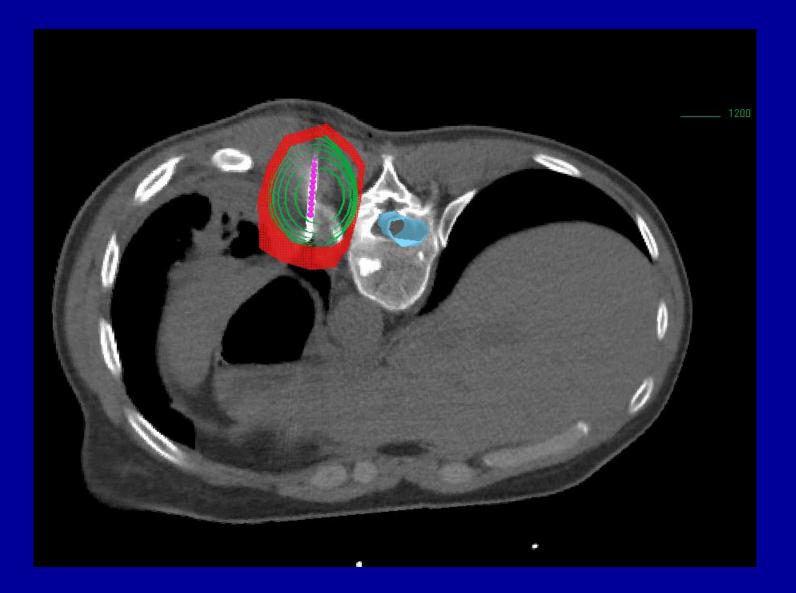


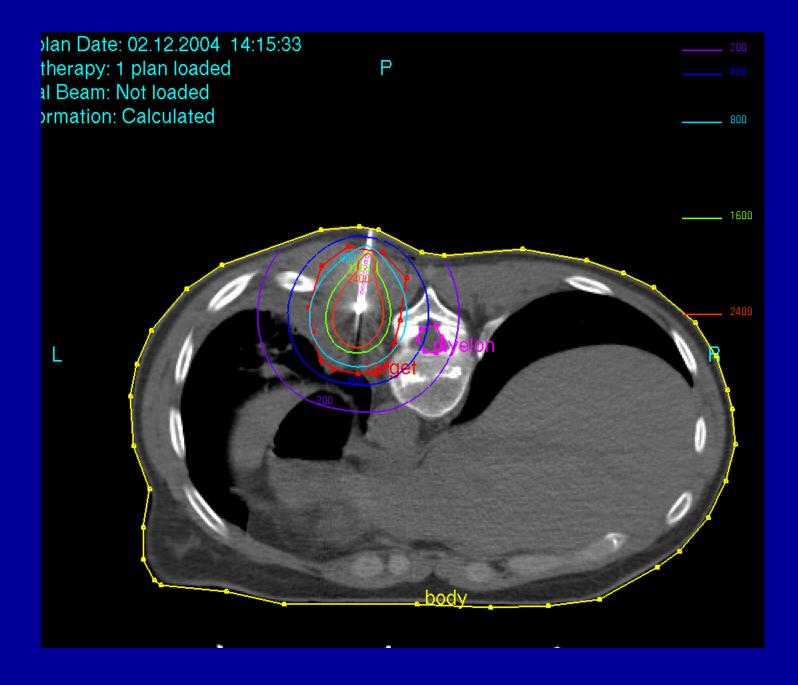


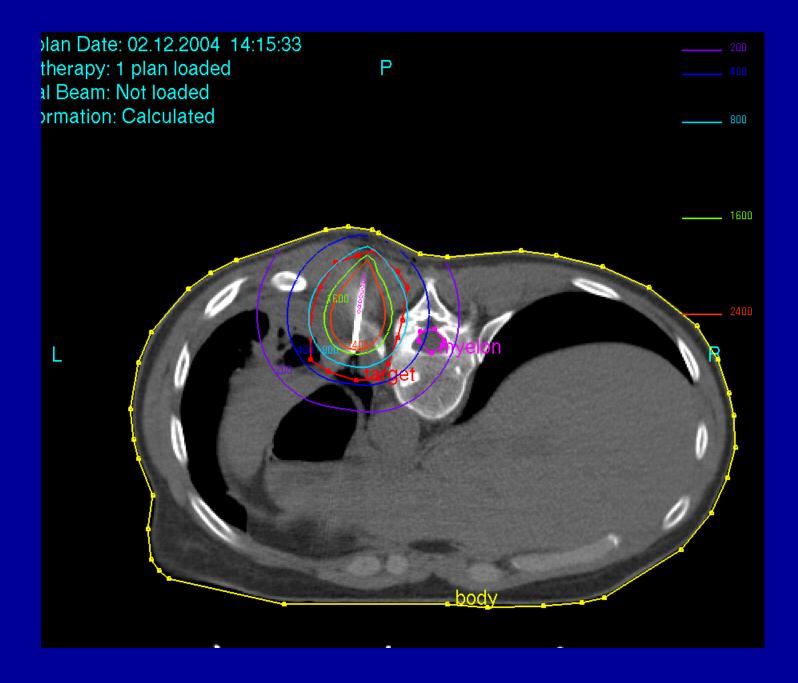
paravertebral metastases



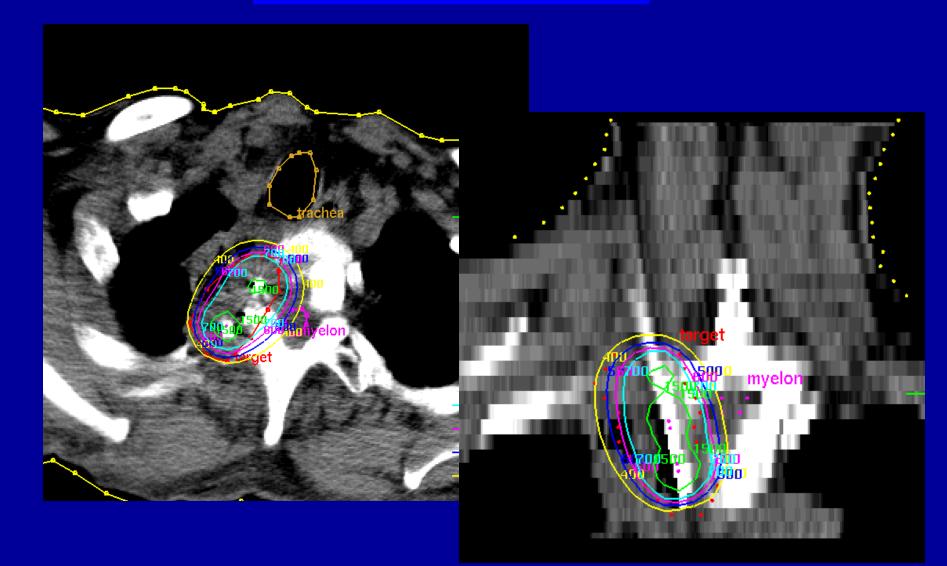




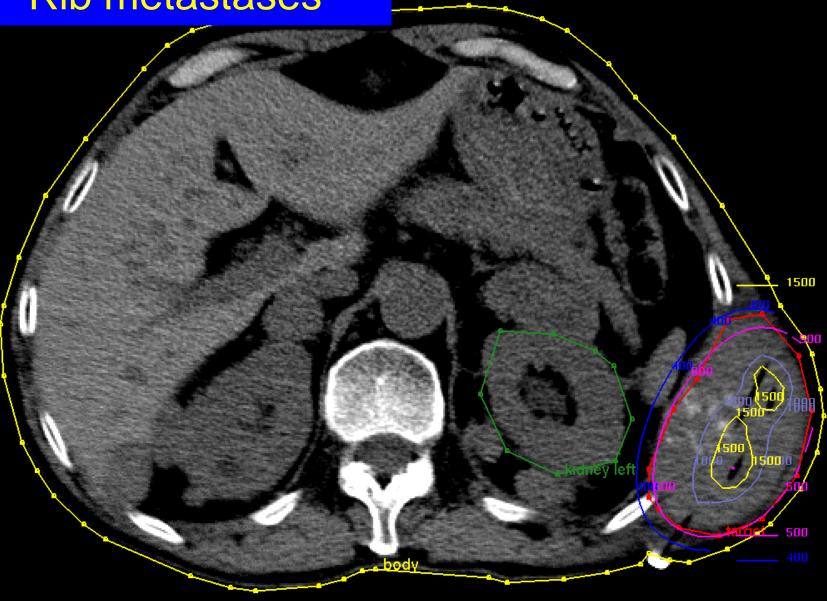




Preirradiated metastasis

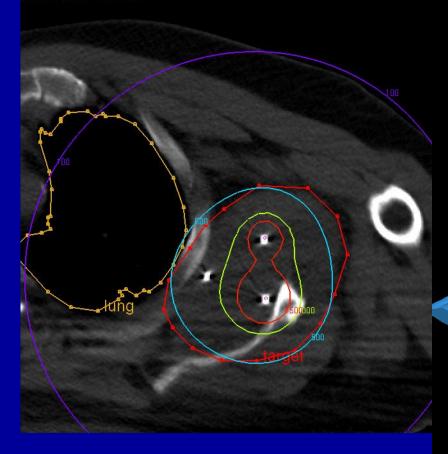


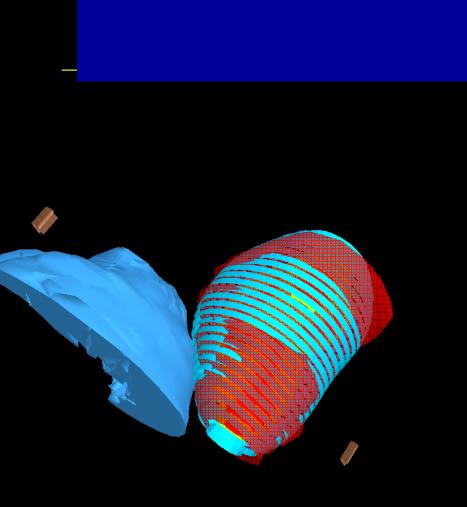
Rib metastases



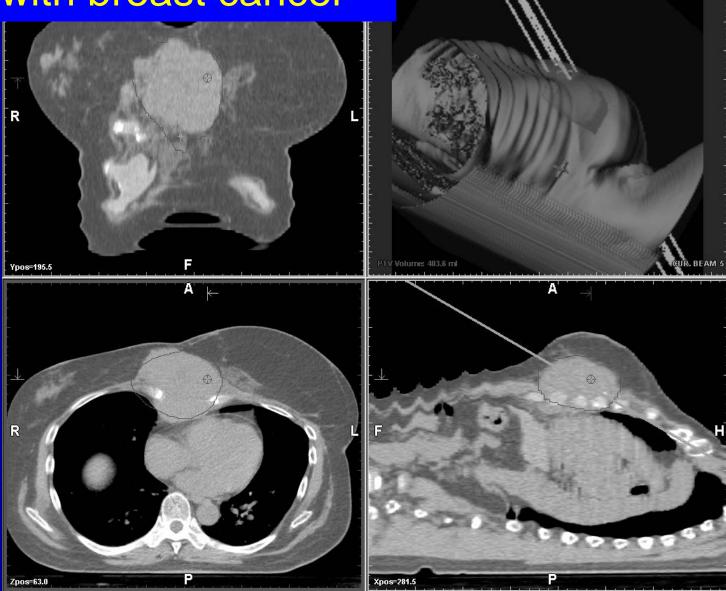
Axilla Metastasis

ation: Calculated

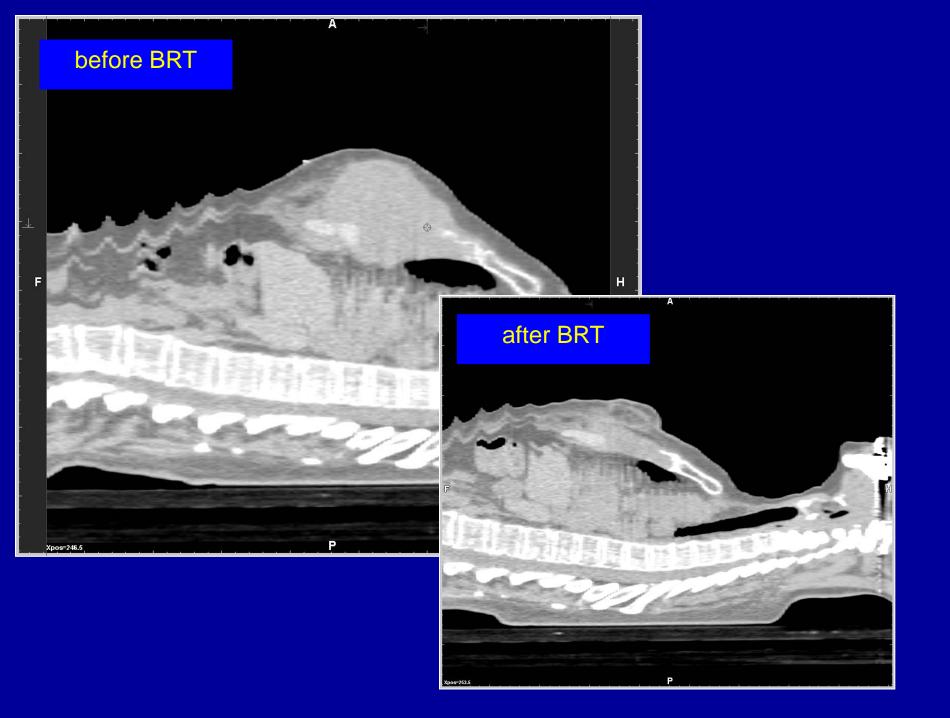


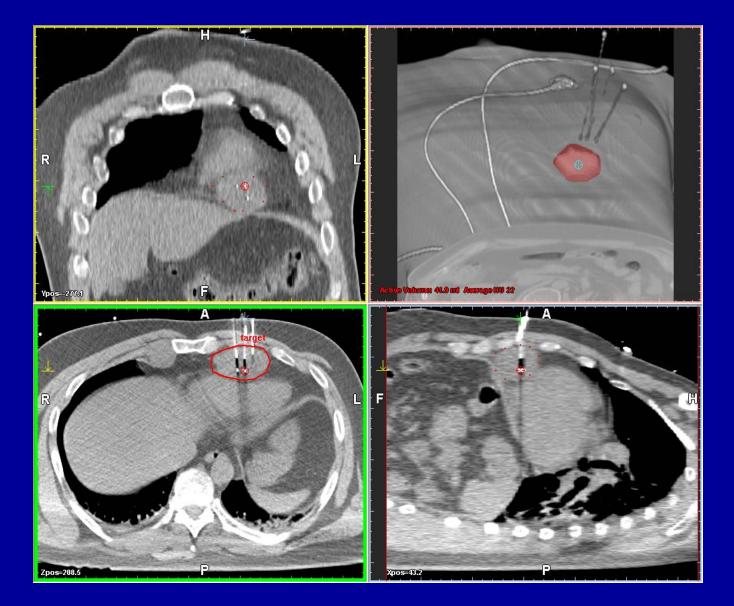


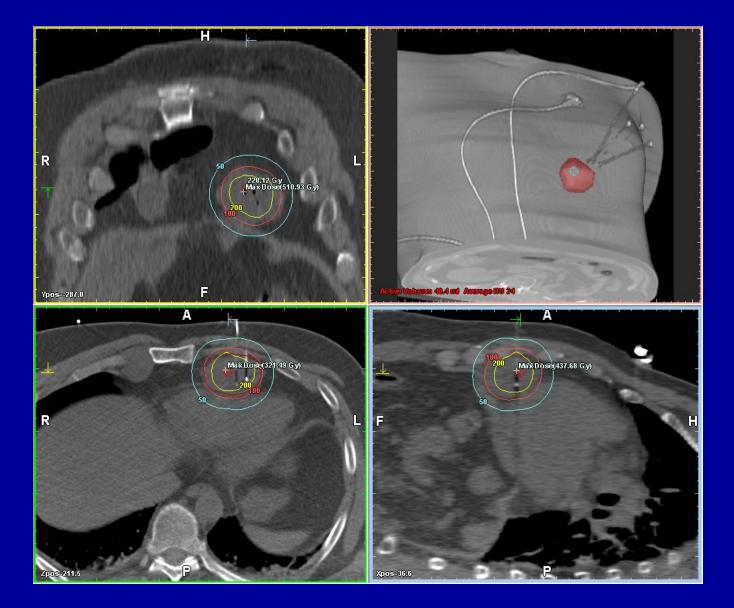
Sternal metastases in a patient with breast cancer

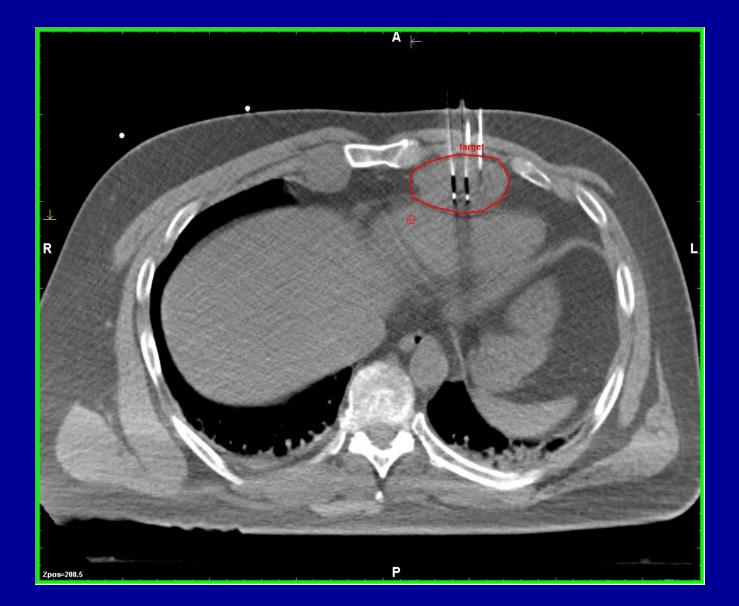


SSD: 95.8 ci











Brachytherapy in Thoracic Wall Recurrences

CR 18/38 pat. PR 19/38 pat.

Local Control after 6 months : 34/38 patients

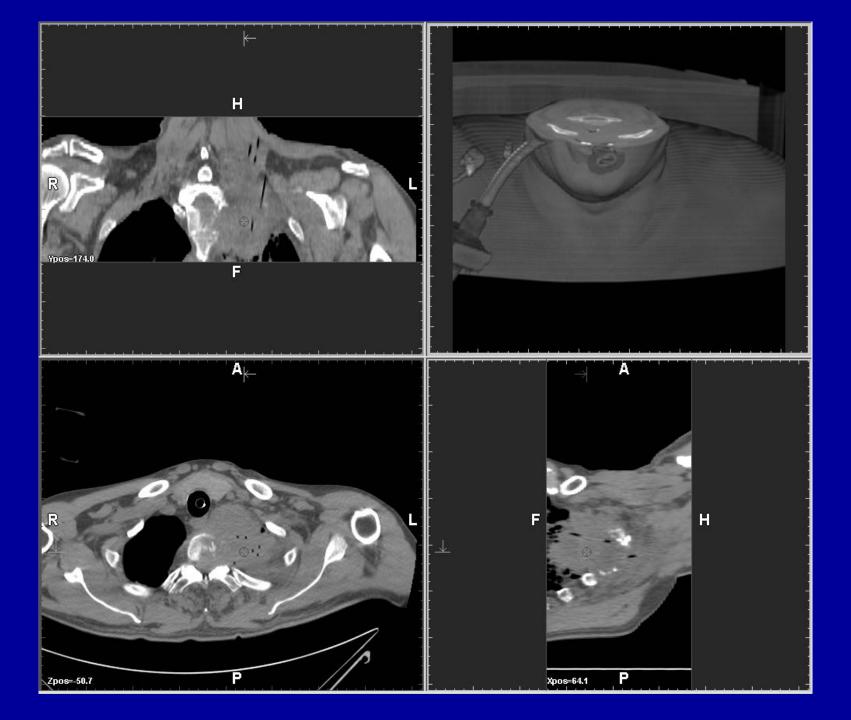
Pain releaf 37/38pat.

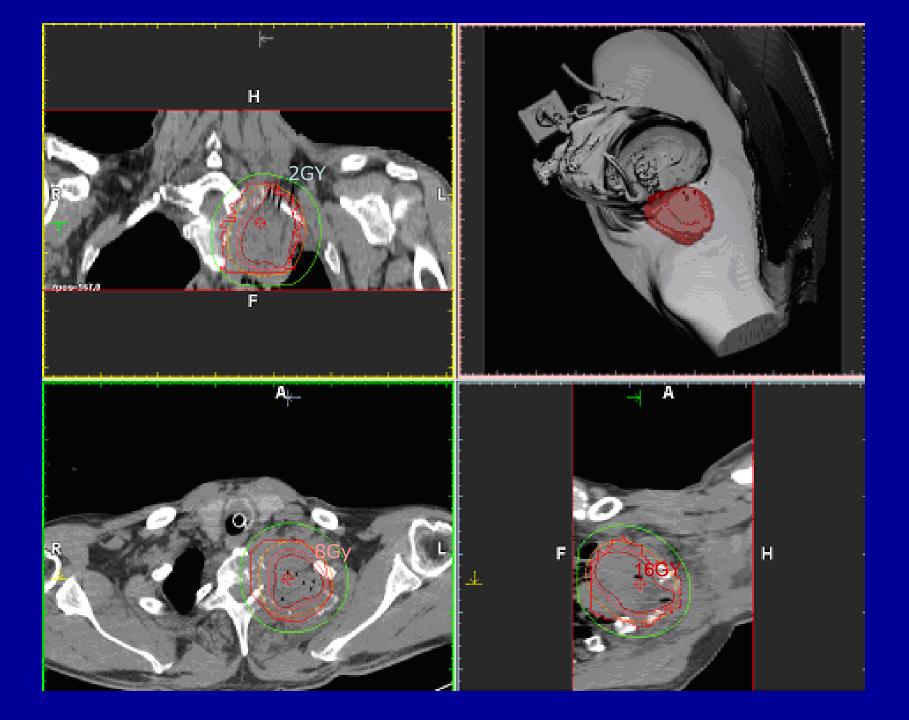


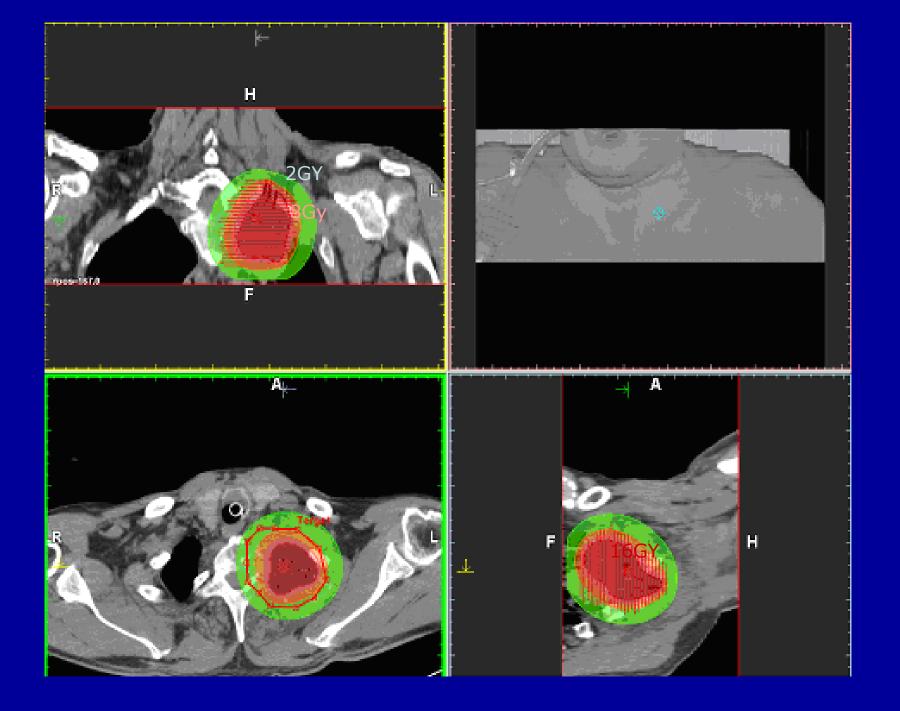
Method

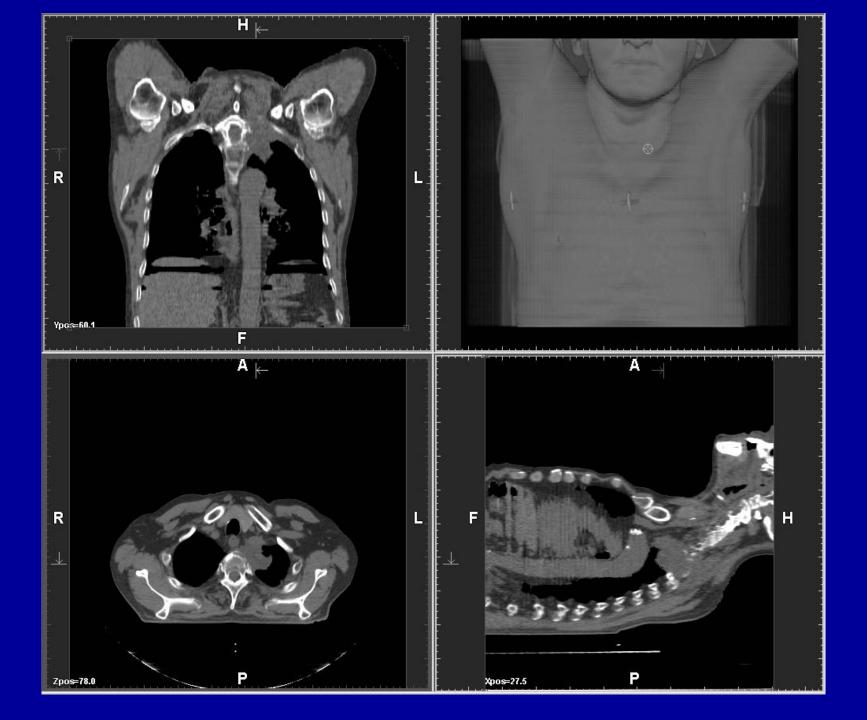
Preplanning

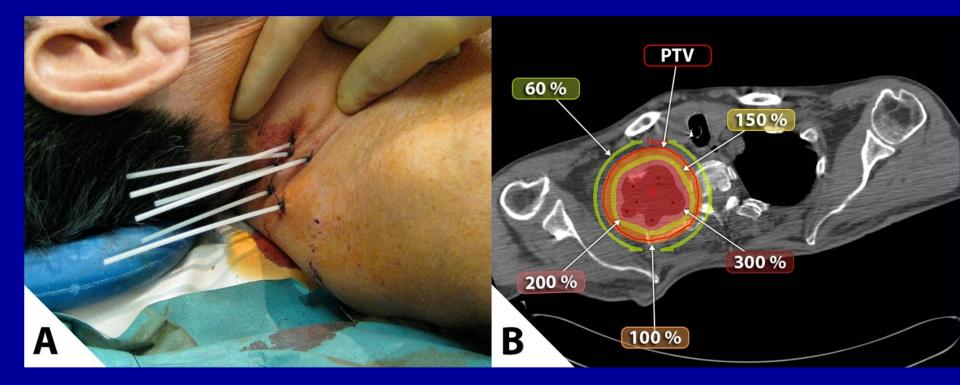


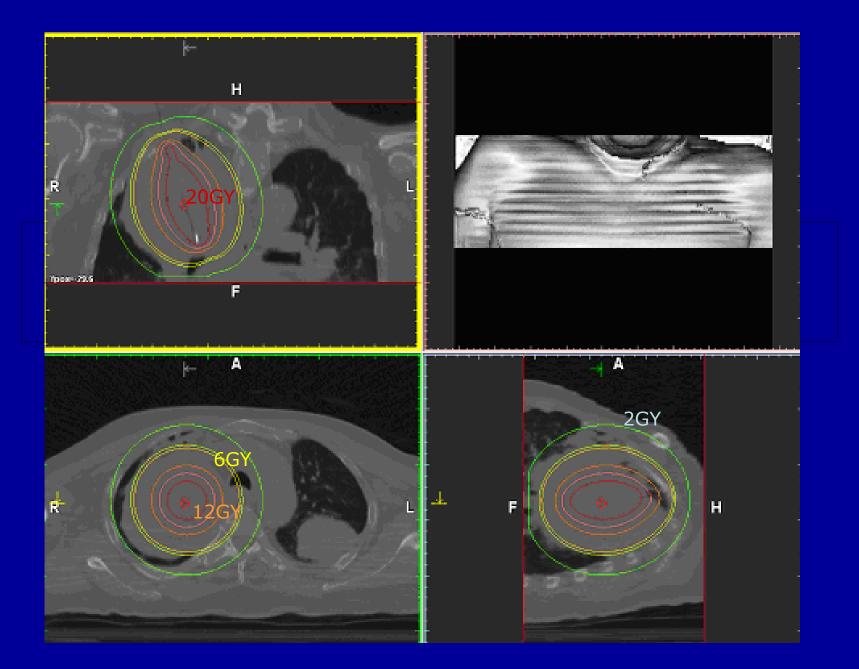




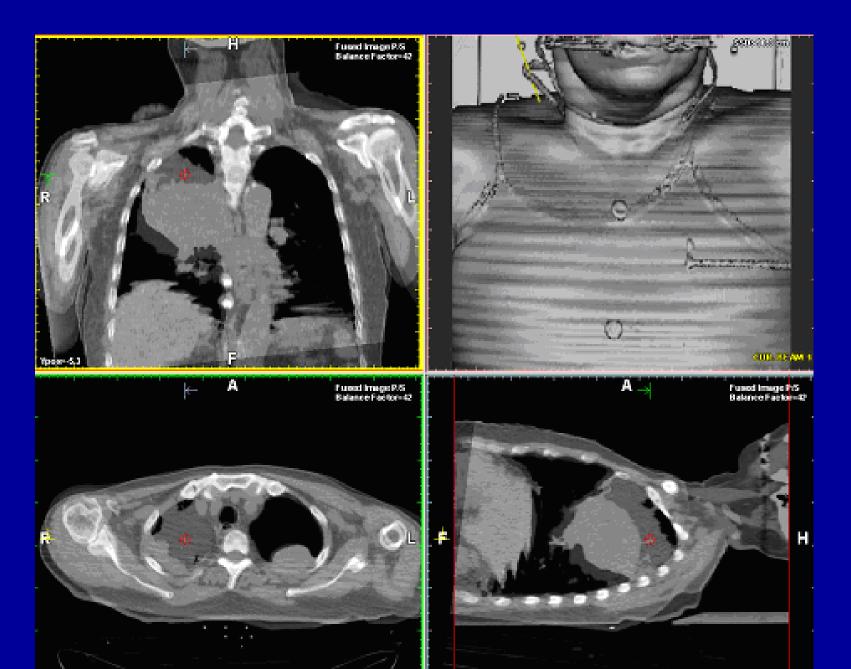


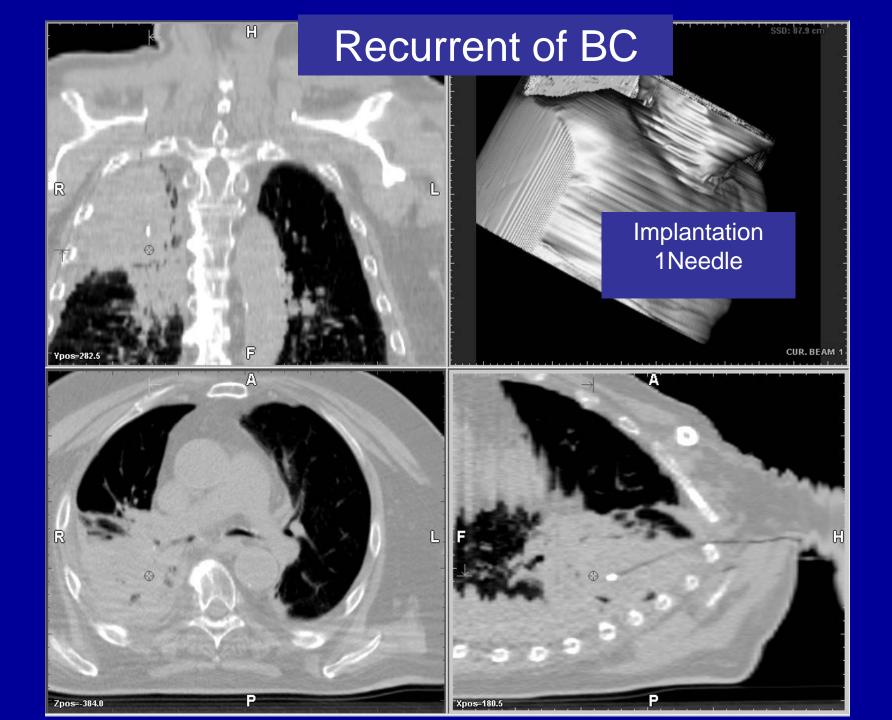


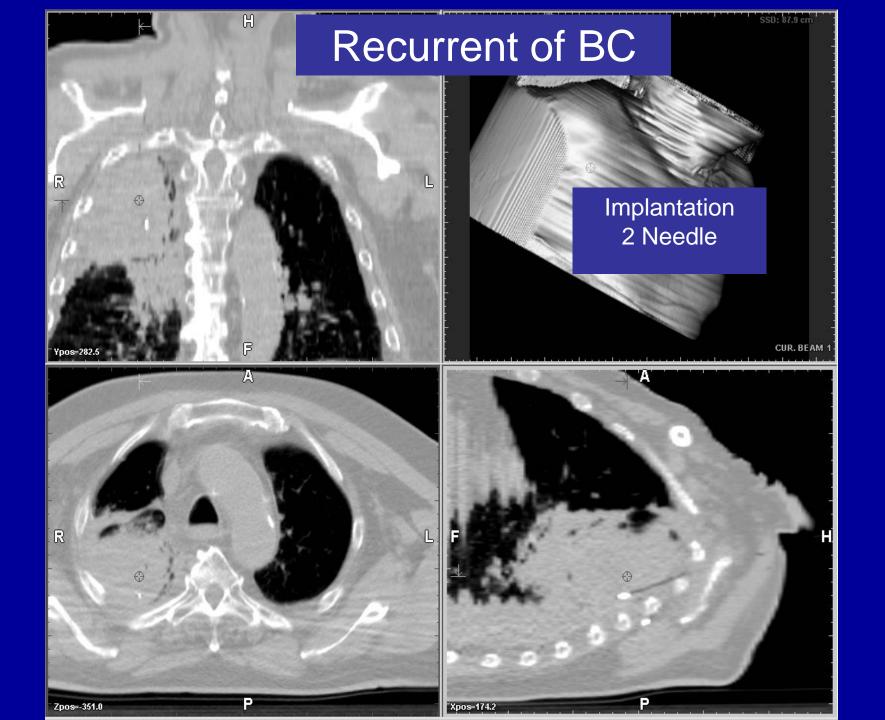


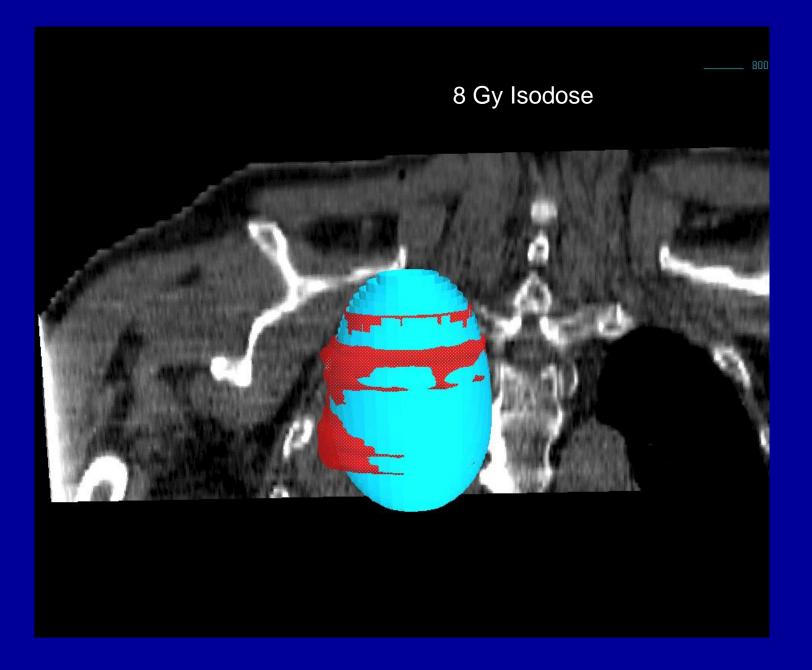


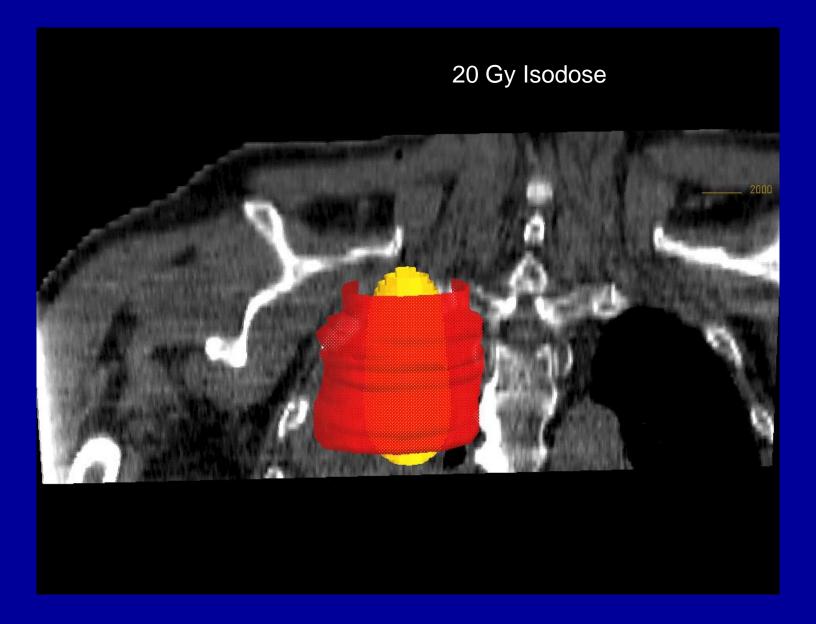
CT-Fusion: before Vs 12days after 32 Gy IRT

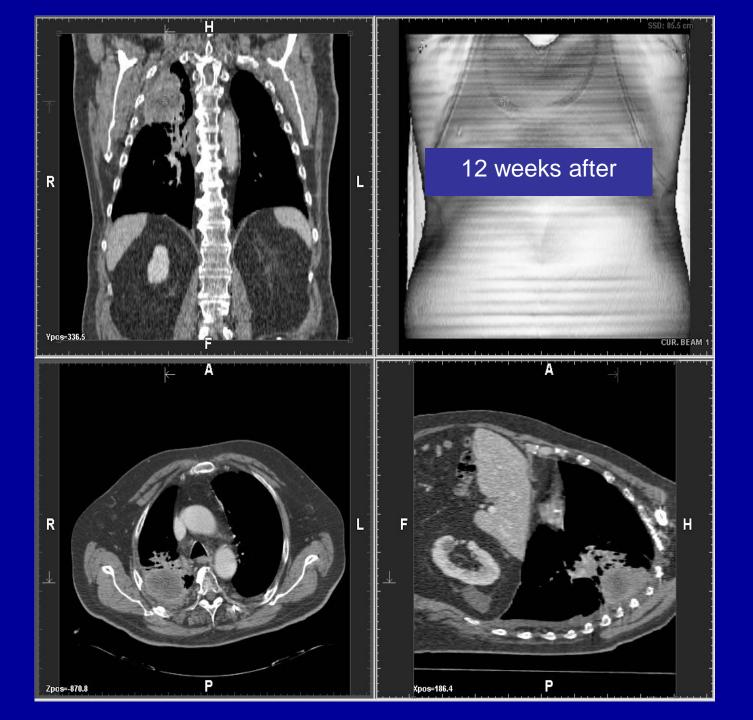


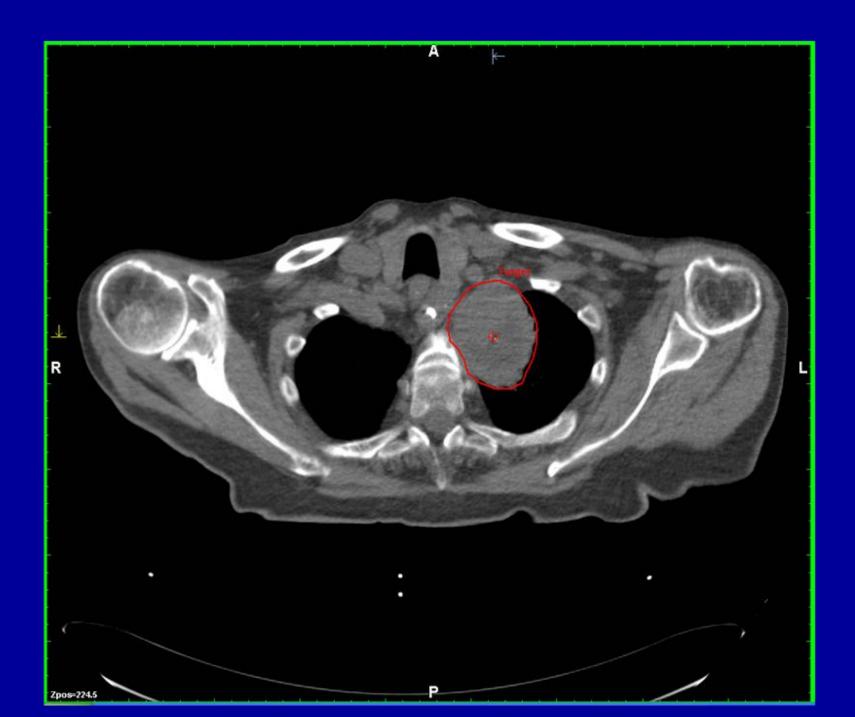


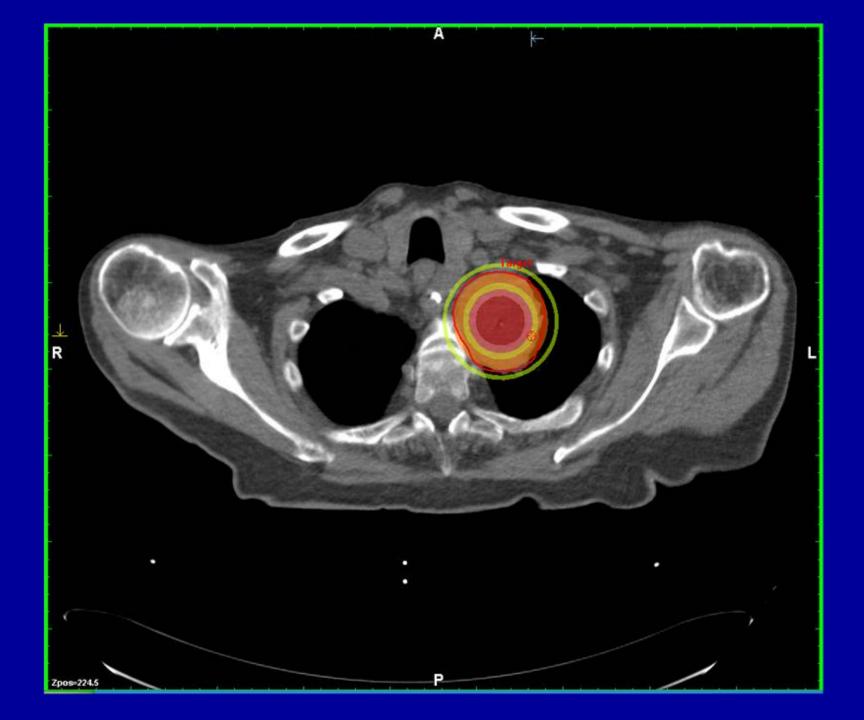


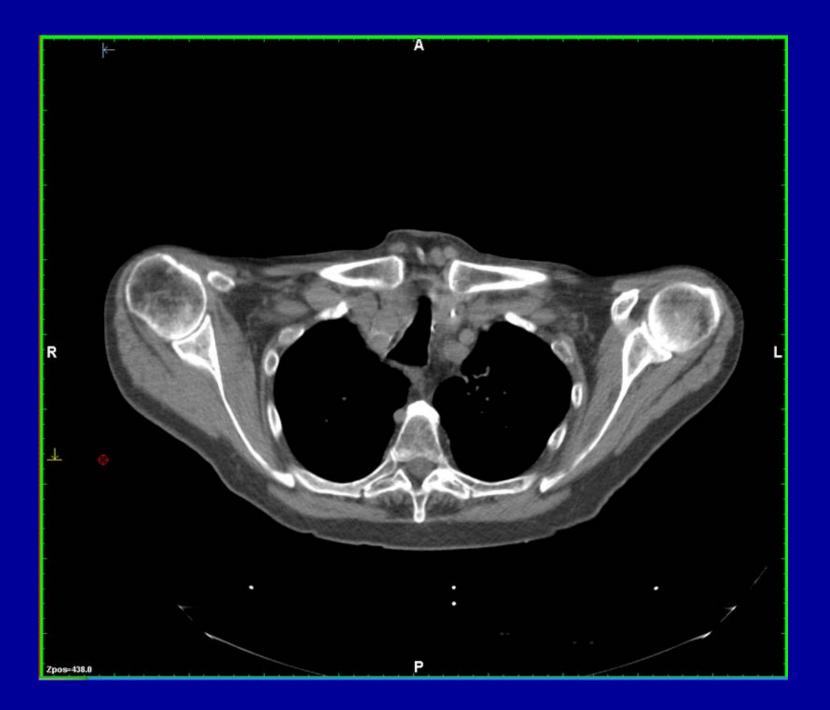


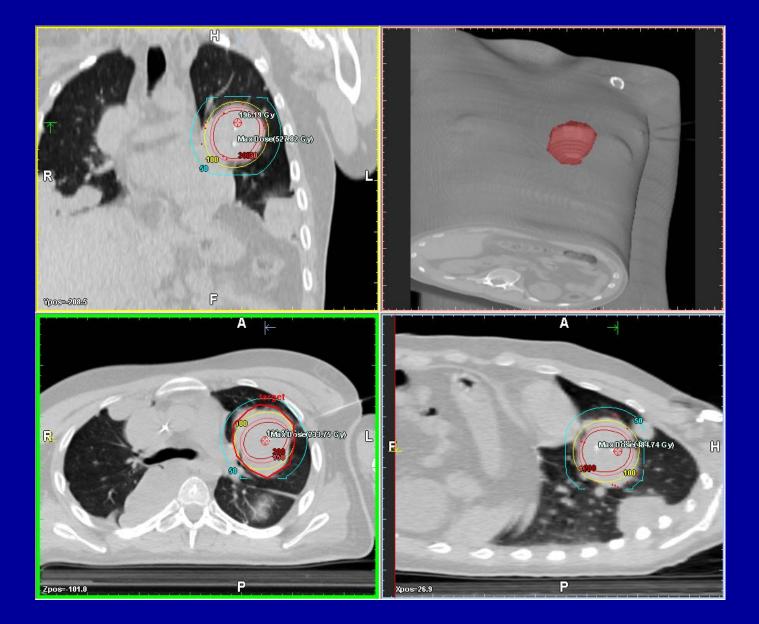












- Pancoast tumour N= 18
- BC recurrents N= 15
- Pleura mesothel. N= 5
- Metastasis N= 24

Tselis N.,Zamboglou N. J Thorac Oncol. 2011 Mar;6(3):545-52.

Side Effects N=62

- No bleedings
- No Infections
- Pains with analgetics tolerable
- 1 Patient Pneumothorax asymptomatic

Duration

Mean time of hospitalisation

5 days

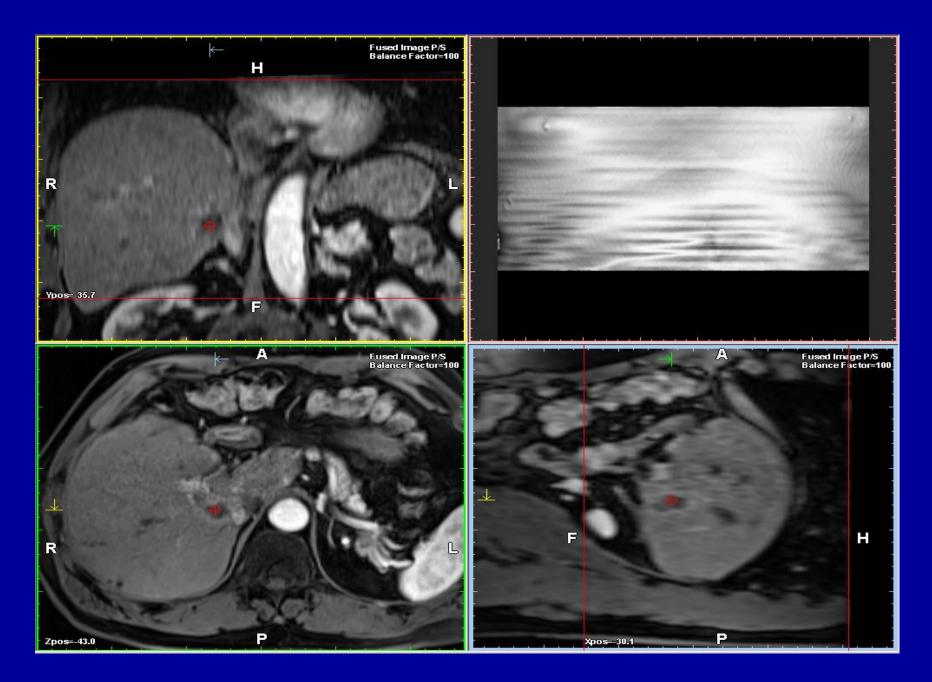
Symptoms

Pain releaf : 58/62 patients

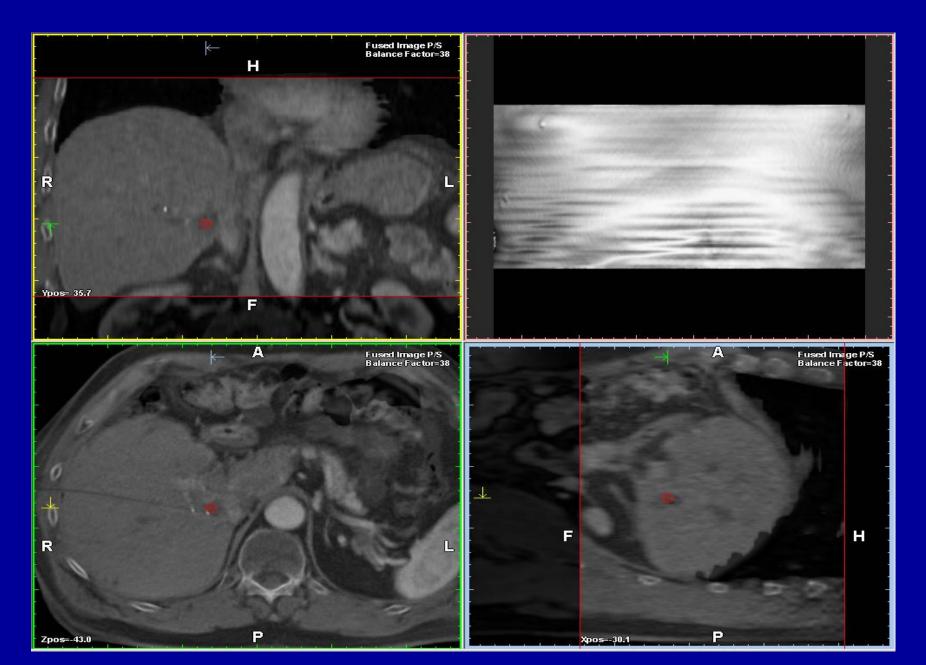
Improvement of respiratory function: 30/62 patients



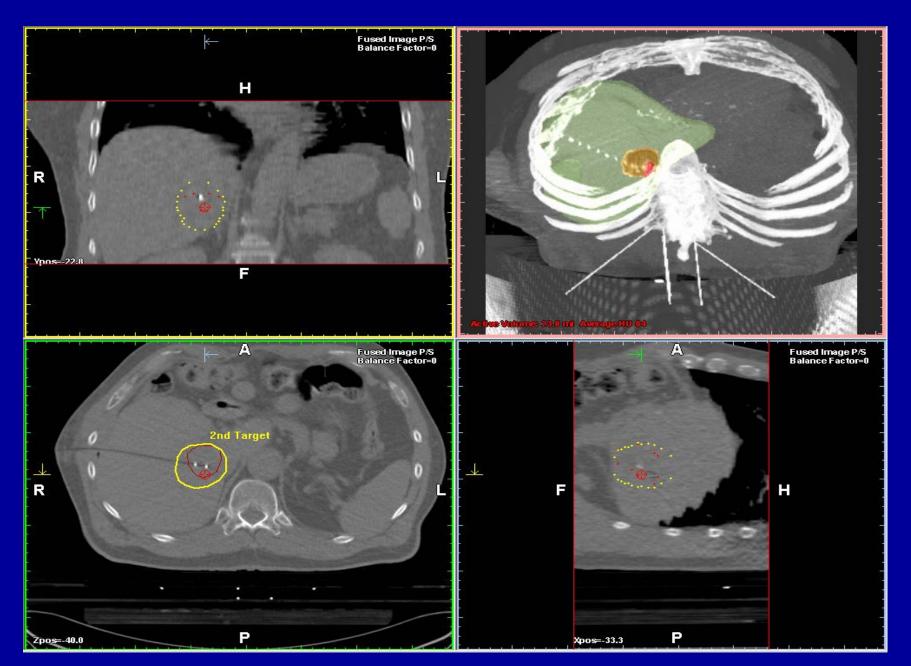
Liver Metastasis CT-MRI Fusion



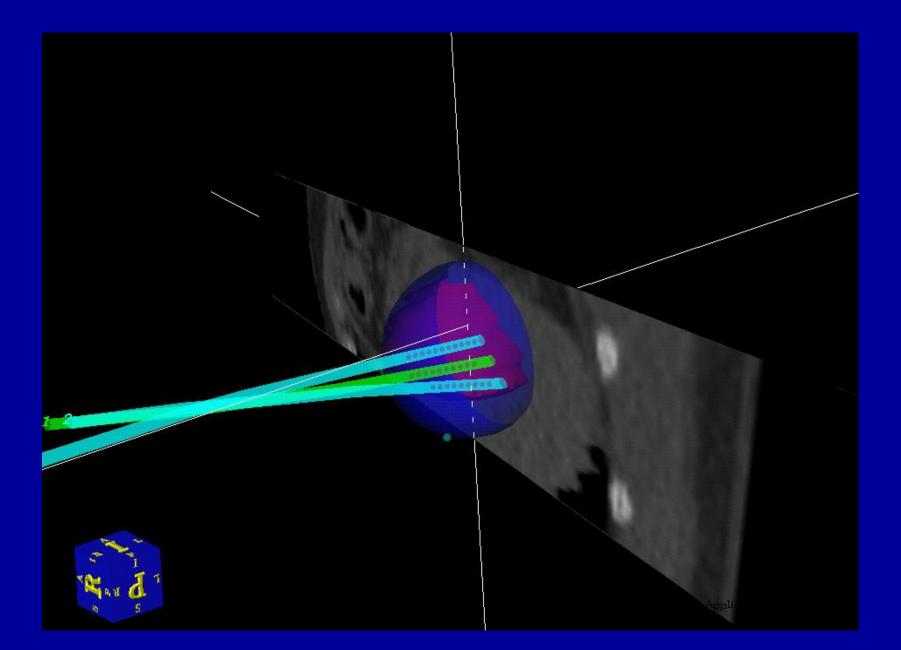
Needles Implantation



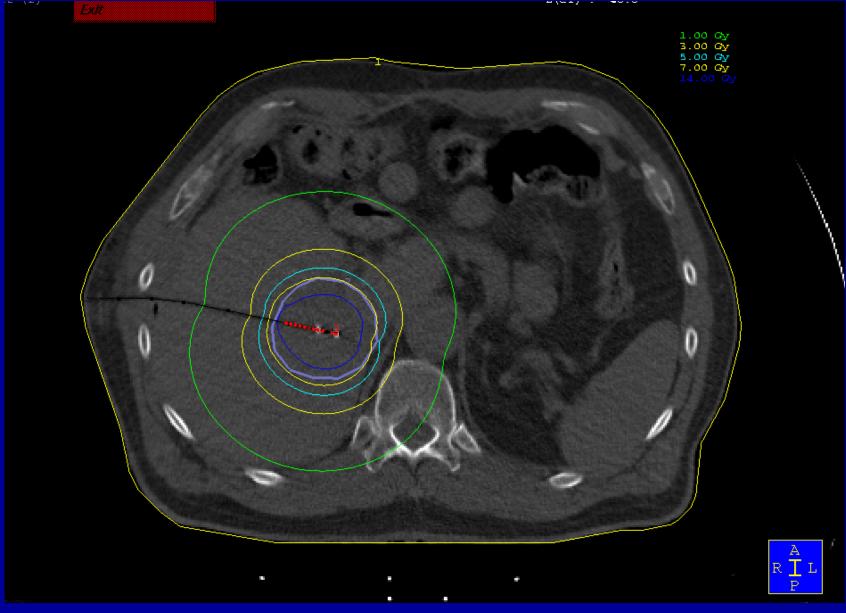
Needles Documentation



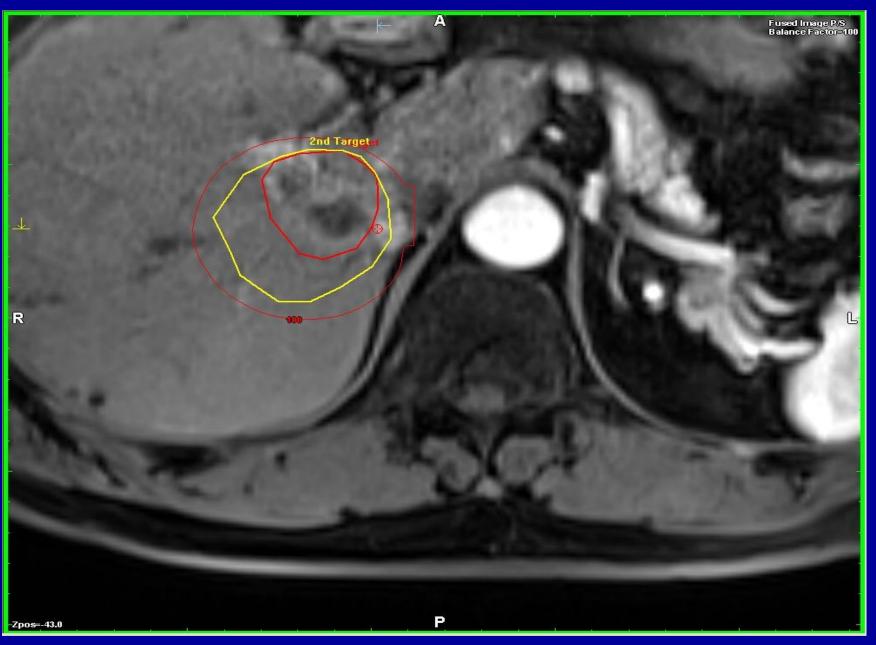
Needles Reconstruction 3D



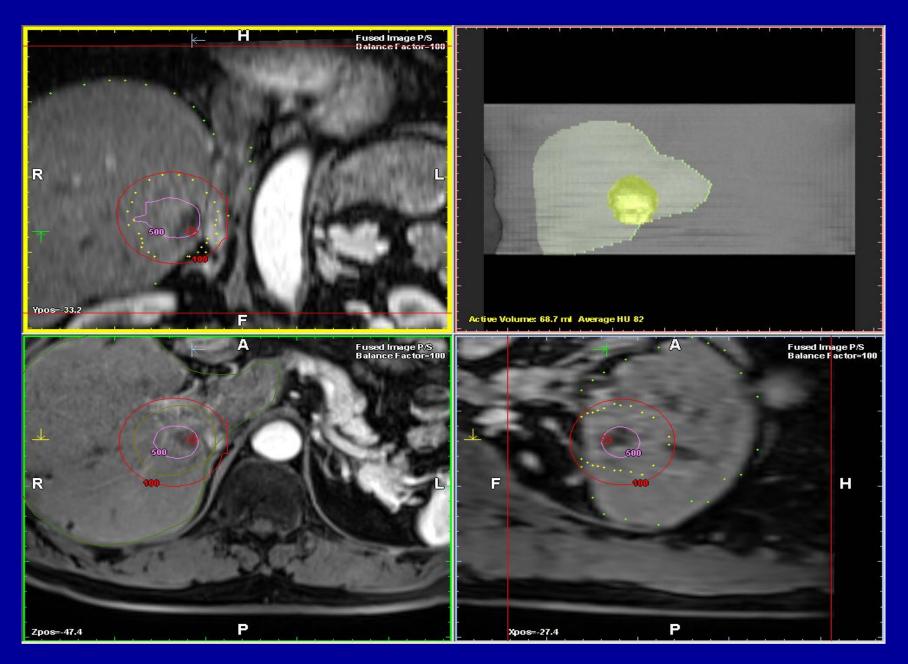
Dose Distribution Gy/per Fraction (Applied 3 Fractions)



Dose Distribution on MRI (100% = 7 Gy per Fraction)

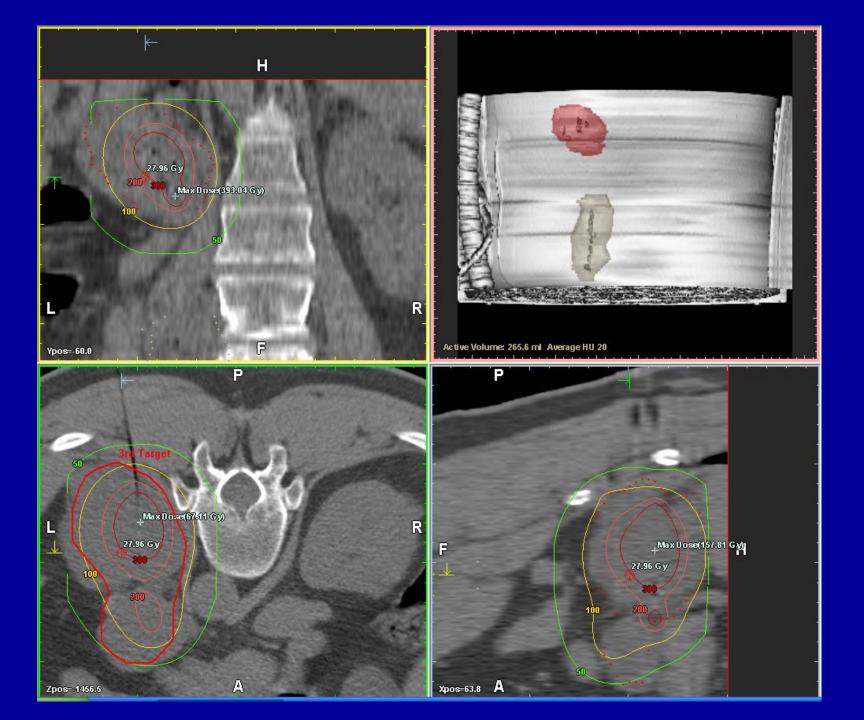


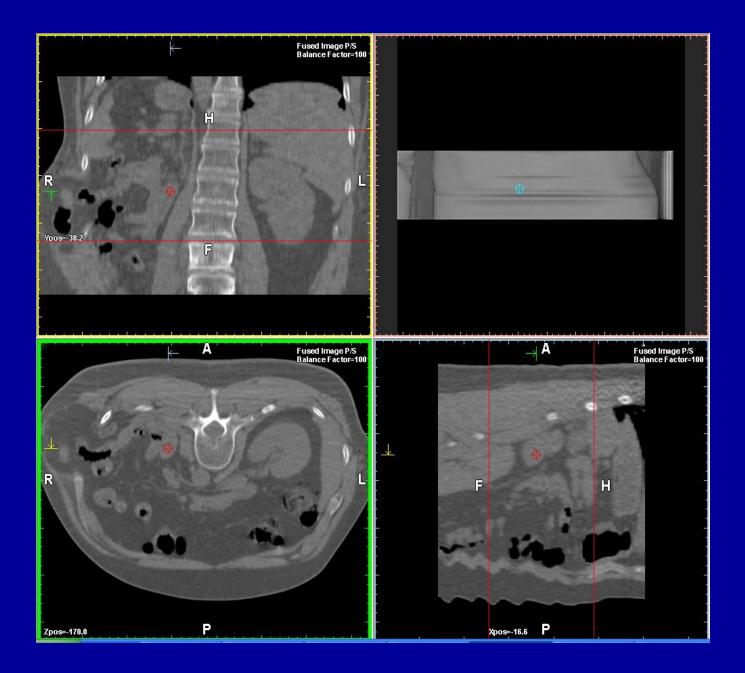
Dose Distribution (500% = 35 Gy per Fraktion)



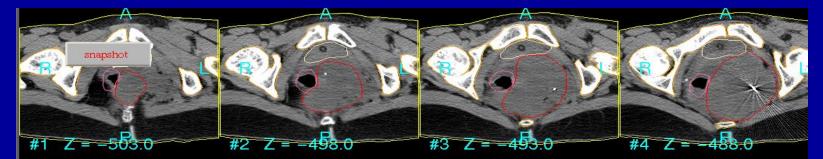
- Hypofractionated accelerated computed tomography-guided interstitial high-dose-rate brachytherapy for liver malignancies.
- Tselis N. Zamboglou N. Brachytherapy, 2012 May 8

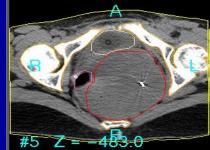
Retroperitoneum

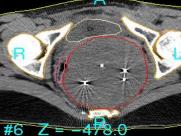


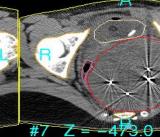


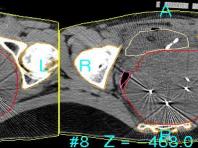








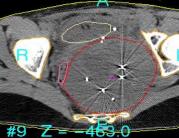




山田 建香油和菜

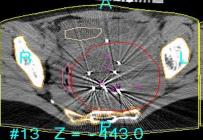
NUM 20235555558 MM

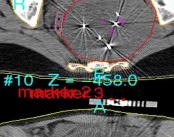
.



ALL R. A. 1819 8 1918

8 2

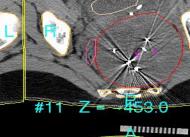




438.0

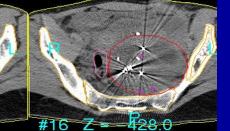
#14

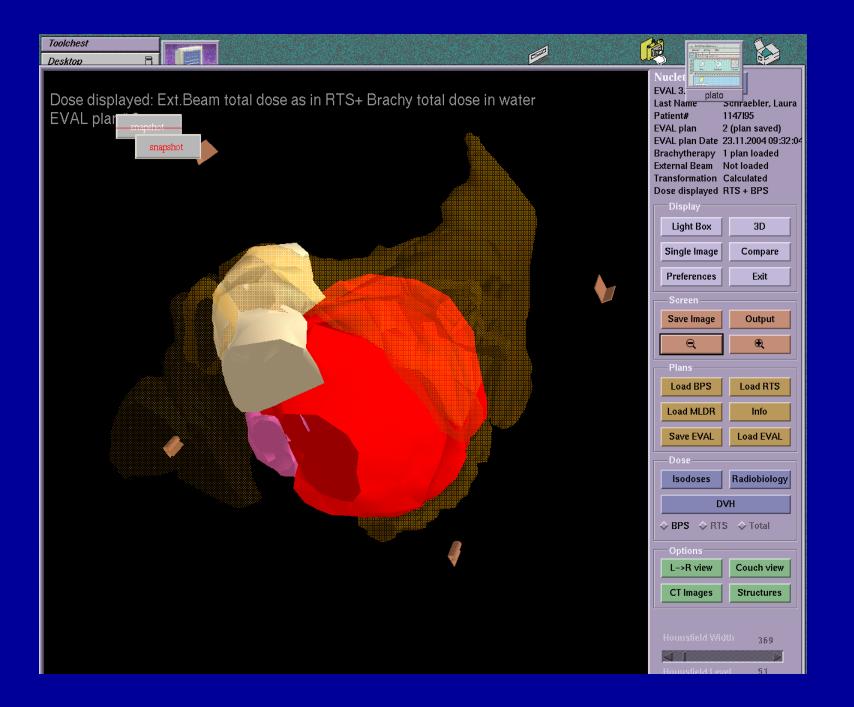
Z=-

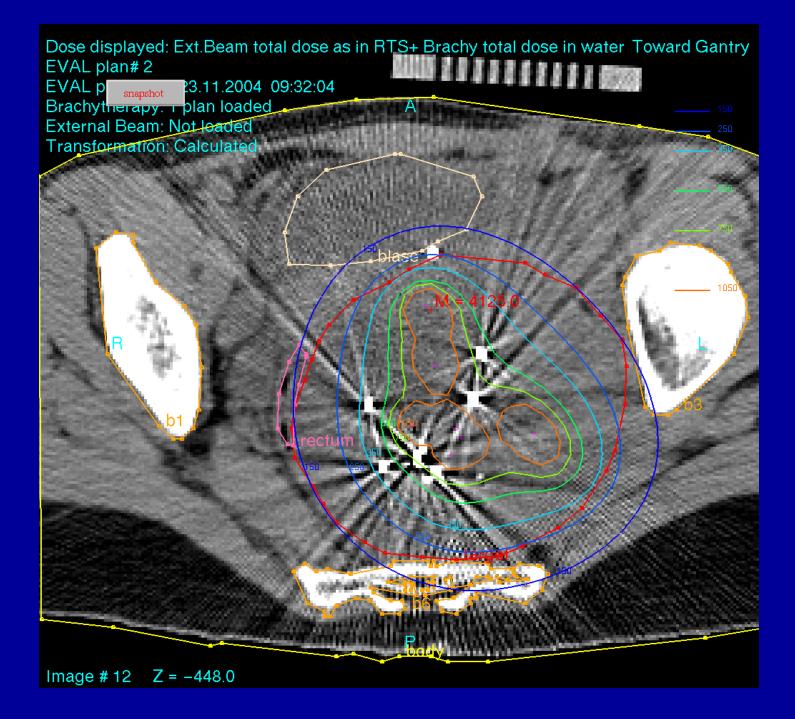


#15 Z = 433.0











10 Years after

